

Workshop 1. Applying for funding – hints and tips to improve your chances of success

Facilitators: Evelyn Boyd, Communications Manager, Big Lottery Fund Scotland; Lesley MacDonald, Head of Assessment, The Robertson Trust & Jean Robertson, External Funding Officer, Scottish Borders Council

This workshop will provide advice from a range of funders. It will cover hints and tips and common errors at all stages from planning projects through to completing funding applications.

Workshop 2. Truth about Youth

Facilitators: Alan Lindsay, Communications Project Development Officer, Young Scot

Young Scot, Supported by The Co-operative Foundation have been delivering the Truth About Youth project in Scotland since 2010. This project aims to challenge negative stereotypes that exist about young people in the media through promoting the positive contributions that they make to their communities. This interactive workshop will look at the impact Truth About Youth has made since its launch and will feature case studies from some of the groups and young people who have been involved.

Workshop 3. Local Authorities Guidelines

Facilitators: Susan McDonald, Development Manager, Active Communities Scotland & Stuart Graham, Partnerships Manager, Renfrewshire Council

The recent publication of Guidelines: Bringing Together Local Authorities and Intergenerational Practice in a Scottish Policy Context was piloted with Renfrewshire Council early in 2012. This workshop looks at how Renfrewshire Council has adopted the document and will feature case studies of intergenerational work developed as a result.

Workshop 4. Developing your ideas for an intergenerational project – a practical workshop

Facilitators: Yvonne Coull, Edinburgh & Lothian's Network Coordinator

This workshop is designed for people starting out in intergenerational practice, seeking further information and looking to answer such questions as:

What is intergenerational working?

What is a generation?

Where do I start and how do I contact schools and groups?

What are the do's and don'ts?

Where do I get funding?
How do I know that it benefits the community, older people and younger people?
How do we publicise our work?
Practical considerations of younger and older people working together
Overcoming barriers

The workshop will provide an overview to the answers to these questions, information on where to find out more. Experience from past and present intergenerational projects will be used to highlight planning, lessons learned and good practice.

Workshop 5. Lifelong learning - intergenerational case studies

Facilitator: TBC

How can young people get involved & develop Intergenerational projects?

Case study 1 - Get to know your techno, Yvonne Boa, Youth Development Officer, High Life Highland

The Get to know your techno project has been running in Ullapool for 5 years. This project offers regular drop-ins for older people to come with their technology to learn how to use it better. The project started off with people bringing mobile phones, but now covers all types of new technology.

Case study 2 – Castlehead High School’s Paired Reading Club, Peter Mialono, Jane Brandon, Michael Kane, Ryan MacLeod & Jordan Findlay

Now in its 17th year and recognised as one of the biggest Paired Reading groups in the UK, the club has achieved many successes over the years. Following training, senior students and older people volunteer to give up their Wednesday and Friday lunchtimes to partner S1/2 pupils whose reading skills could be further developed, who want to read more widely or who would benefit from the friendship and social support that the club offers.

Case study 3 - Scottish Coastal Rowing Project - Vincent McWhirter, Duke of Edinburgh’s Award Development Officer

The Scottish Fisheries Museum started an initiative to reintroduce the inter-community rowing competitions that for many years were a strong feature of life in the coastal communities of Scotland. The project also had an additional purpose of resurrecting the building of traditional coastal rowing skiffs. Since May 2011, pupils and enthusiastic members of the public, in local communities, have completed three boats, building a St Ayles Skiff in school at Carrick Academy in Maybole and two boats in a donated boat shed in the Troon Marina.

Workshop 6. Intergenerational practice and your health

Facilitators: Fiona Borrowman, Health Improvement Manager, Health Scotland & Wendy MacDonald, Health Scotland

Generations Working Together and NHS Health Scotland are working in partnership to develop a paper on intergenerational approaches to health. This workshop will discuss the paper and evidence collated as well as showcasing existing intergenerational health projects already happening in Scotland.

Case study 1 - Walk in our shoes – Christine McArthur, NHS Coordinator Prevention and Management of Falls & Gwen Harrison, Community Resilience Coordinator, Argyll Voluntary Action

This session describes how an action research project translated and spread the messages of prevention of falls in older people into practice, resulting in intergenerational work between young and older folk on the island of Islay to prevent falls. Intergenerational work on falls was replicated across the area of Argyll and Bute in coproduction facilitated by third sector partners Argyll Voluntary Action using a resource from Age Scotland "Walk in our Shoes, Act on our Issues". The session will describe the work in Argyll and Bute and participants can reflect on how beneficial this approach could be in spreading health improvement initiatives intergenerationally in other areas.

Case study 2 - Tablets are good for your health - just what the doctor ordered in Renfrewshire, Cathy Gormal, Information and E-learning Development Officer

Renfrewshire Libraries, with help from the Scottish Government Public Libraries Improvement Fund are using technology like tablets, which are portable, light and easy to bridge the digital divide and show how tablet technology can connect older people and provide potential long-term health benefits. Being digitally connected is vital for older people and helps address isolation and loneliness. They are also a great way for youngsters to connect with the older generation.

Case Study 3 - Go for Gold Challenge – Bob Laventure, BHF National Centre for Physical Activity and Health, Loughborough University

The Go For Gold Challenge is a programme designed to increase physical activity amongst older people in care settings. The BHF National Centre for Physical Activity and Health and the Care Inspectorate (Scotland) has come together to plan and develop future Go For Gold type programmes for the care sector in Scotland. This session will highlight how organisations can participate in Go for Gold choosing from the five different activity challenges including games, walking and dance. Organisations can look to enhance their programmes through community engagement and intergenerational activities.

Workshop 7. Luminare goes intergenerational

Facilitator: Anne Gallacher, Arts Festival Director & Alice McGrath, Director of Creative Development, Participation and Research, MacRobert Arts Centre, Stirling

Luminare: Scotland's creative ageing festival was launched nationwide last October and celebrates our creative lives as we age. This workshop will feature case studies of intergenerational arts projects, and will outline how your project could be part of Luminare 2013. <http://www.luminareScotland.org>