



Date: 24th April 2013 Venue: Islesburgh Community Centre, Lerwick

In attendance: Kate Coutts, Neil Pearson, Alyson Halcrow, Denise Nicolson, Alison Clyde, Marghie West, Ann Williamson, June Porter, Anne Gallagher, Corinna Hoseason, Wendy Lowe, Susan Hinton, Mandy Henderson, Wendy Hand

Apologies: Pat Christie, Martin Summers, Maureen Stewart, Sherienne Rennie

Introduction: New network co-ordinator - Denise Nicolson, Adult Learning Development Officer. Denise would like to share the co-ordinator's role. Anyone interested to contact Alison.

GWT Update:

GWT's new website was launched at the end of Jan 2013 – please check out the Shetland network section at www.generationsworkingtogether.org which is ready to be developed. Anyone willing to contribute please do! Anything in the local news section will go into the next GWT bulletin.

GWT continues to develop the new local networks with another nine being created over the next couple of months giving a total of 29 local networks across Scotland. Alison looks after 15 of them.

GWT annual conference went extremely well and evaluated very positively – all power points and handouts are now available to download from the website. Next year GWT plan to hold an event further north.

Education working group - There has been an expert group set up to produce an Intergenerational Education strategy, a resource pack, and a guidelines document. The Train the Trainers course will be adapted for teachers and practitioners.

Health – There has been a Health paper drafted which the NHS will help disseminate. Case studies have been collated to help capture hard evidence to demonstrate the benefits of Intergenerational Practice.

Training the Trainers – There is funding to repeat Training the Trainers in Shetland in September. Initially, it will be offered to Network members, then possibly to teachers and 3rd sector. Date: 18th September - members can now book a place at www.generationsworkingtogether.org

Guidelines – Bringing together local authorities and intergenerational practice in a Scottish Policy Context – Feedback from the event held in the Lerwick Town Hall was very positive. It is hoped to get the term intergenerational Practice incorporated into Shetland's Single Outcome Agreement

Photo & Video competition – The deadline for entry is Sept 2013. Leaflets were distributed.

Young Start Funding from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund There was only a small number of applications last year for Intergenerational projects.

Opportunities to join other IG projects

1. **Walk in Our Shoes** – act on our issues. Leaflets were distributed. This is an activity that community groups can do to tackle barriers such as uneven pavements, public toilet closures.
2. **Intergenerational Quiz** – this is piloting in East Renfrewshire. Details are on the website.

3. **Go for Gold 2013 Challenge Week** - In 2013 the Go for Gold team are planning to continue implementing the 5 physical challenges (The Games Challenge, the Dance With Me Challenge, the Walk With Me Challenge, the Try-Athlon Challenge and the Creating Your Own Challenge) with partners across the care sector in Scotland and are looking to enhance the programme through developing the themes of intergenerational activity and community engagement.

The week beginning the 4th July will be this year's Go for Gold 2013 Challenge Week.

For more information contact either:

Bob Laventure bob.laventure@ntlworld.com

Edith Macintosh edith.macintosh@careinspectorate.com

4. **Older People's Day** www.olderpeoplesday.co.uk/ – People are living longer and 23% of the UK will be aged 65 and over by 2035. The aim of the website is to celebrate achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes.

Round the table...

- Mandy Henderson and Corinna Hoseason updated us on their Dance project, which was run by Active Schools in partnership with Taing House. Participants from Taing House had a four-week dance block, which catered for both mobile participants and those in wheelchairs. Children from the local primary school had traditional dance lessons and learned some line dances. The project culminated in a Tea Dance attended by the children, their grandparents, Taing House residents and day care clients (about 120 people in total). Entertainment was provided by a group of young fiddlers and the Papa Stour Sword Dancers. Afterwards the school pupils wrote an article for the Shetland Times. A great time was had by all.
- Denise Nicolson spoke about the Come Hae a Grain o Maet wi Me project which is now in its second block. This project is a partnership between Environmental Health, Adult Learning and Youth Services. The first block, led by Sherienne Rennie included Merchant Navy Cadets and the Young Mums Group and covered topics such as budgeting and food hygiene as well as the practical cookery sessions. Feedback from the group is very positive. The second group are Supported Living clients aged between 22 and 67. So far the group have learned from each other's experiences from their various work placements and have completed sessions on nutrition and food safety and hygiene. They are about to embark on a five week cookery block which will finish with the production of a recipe pamphlet and a set of Health and Hygiene postcards and a Come Hae a Grain o Maet wi Me extravaganza!
- Wendy Lowe reported that the WW11 project she is leading along with Pat Christie is progressing well. Historic Scotland and Shetland Heritage are now involved. So far the focus has been on collecting memories and a series of site visits is now planned.
- Wendy also gave an update on the Allotments project, which is going into its second year. The Youth Club and RSPB are doing a wildlife garden now and they continue to produce a range of basic vegetables such as tatties, onions and beans.
- Kate Coutts, Head Teacher from Nesting Primary School explained about their intergenerational project Come ageen du's welcome. They are registered with the European Active Ageing Project. The school children visit the older people in their catchment area and take them e.g. flowers from the school garden or baking: something that is a talking point and will promote interaction/reminiscence They also involve the older people in the school e.g. recently someone came in and taught the children knot work. The pupils also run a book stall which is popular with the older people. The most recent event was a Duck Race in the burn. All

ages came together to participate in and support the event. Pupils were paired with an older person and a duck! It was a real community event.

- June Porter reported on a Grow Your Own project. The Sandveien Neighbourhood Centre is getting planters made and this will be followed up with some intergenerational work around growing.
- Alyson Halcrow spoke about a small group that Clair Aldington from Shetland Arts Development Agency and Restorative Justice are working with – linked to Club XL. The group was interested in looking at the attitudes between young and older people. They designed a questionnaire which they took to the street and around the school (AHS) and managed to get well over 50 responses. They spent some time analyzing the results and ultimately want to write, sing and record a song about what they have learnt. They hope to involve a singer songwriter who is older than they are (considerably) and even perhaps record their song together. As part of this work they have been able to work towards the Saltire awards.
- Alyson also spoke about a working group which involves young people and older folk from different agencies – principally the Police, Children's Rights and the Community Mediation Team. The young people (and the Police) wanted to look at how to help these two groups get along better – so what difficulties/issues do young folk have with the Police and visa versa. They met a few times now, have a name - StYPP (Shetland team of Young People and Police), a logo and are working together to try and promote information to inform young people about the dangers of Synthetic Highs. They have quite a few plans that are being fully supported by a wide range of agencies.
- Ann Williamson, Dementia Advisor, has been in post for a year. She is currently setting up groups e.g. a Knitting Group and a Dementia Café and would like to expand into intergenerational work once they are established.
- Neil Pearson spoke about the recent Saltire Awards and identified some organisations that he could involve in intergenerational projects.
- Wendy Hand, Susan Hinton and Marghie West are not currently involved in specific intergenerational projects but want to raise their awareness of intergenerational work, as there may be opportunities in the future.

Luminate

Ann Gallagher, Director of Luminate (Scotland's Creative Ageing Festival) gave a presentation about Luminate. The focus is to encourage older people to remain engaged or become engaged in the arts – either as a participant or as an audience member. Luminate have a website www.luminatescotland.org and produce a booklet to help raise the profile of creative projects to do with ageing. Please put forward any projects you would like included.

AOB

It was agreed that it would be beneficial to repeat the Dragons Den activity at a future network meeting as this has been the catalyst for several intergenerational projects.

It was agreed to invite representatives from the local High Schools and Senior Citizens Clubs to part of the next meeting. Mandy and Denise will look in to this.

Next meeting: Thursday 19th September 2013, Islesburgh Community Centre, Lerwick, 10am – 3pm