

## Meeting Report - Inverclyde Intergenerational Network

Date: 14<sup>th</sup> May 2013, Venue: CVS Meeting Room, Greenock

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**In Attendance:** Cathy Kelly & Alison Clyde (GWT) Jen Paton & David Harper (IYC), Neill Gallacher (Scottish Fire & Rescue Service), Alice McCaughey & Agnes Bain (Belville Community Association), Lorna Turner (Alzheimer Scotland Inverclyde), Jamie Brown (Volunteer Centre Inverclyde), Julie McLeary (Action for Children), Ian Hanley (Community Safety & CLD), Dee Simpson (Police Scotland), Kimberley Hutchison (Your Voice).

**Apologies:** Emma Maxwell (James Watt College),

### Update on local intergenerational activity

**Inverclyde YFC** – Not currently involved in intergen working but plans to set up a gardening project.  
**Belville Community Association** – hope to include intergenerational activity as part of their community garden project.

**Trust Volunteering** – several Trust projects working with schools and older people have opportunities for intergenerational activity eg Techy Tea Parties, Zero Waste, Chit Chat Groups and Anti-sectarian project.

**Action for Children** – ‘Link Up’ Project - working with nursery and younger and older generations in Larkfield area.

**Activity: Dragon’s Den** – worked in groups to think through Intergen project ideas and the outcomes for older people, young people and communities of effective intergen practice. This is a tool from the Train the Trainer resources provided by GWT.

### Generations Working Together – National Coordinator Update

GWT’s new website – find Inverclyde’s local network section at [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org). Add details of your Intergenerational work on the local news section.

GWT continues to develop the **new local networks** with another nine being created over the next couple of months giving a total of 29 local networks across Scotland.

**GWT annual conference** went extremely well – all powerpoints and handouts now available to download from the website.

Objective - **Education working group** – a short life expert working group was brought together (50 members) consisting of a variety of partners (including Education Scotland) to help guide and support GWT to develop a strategic approach with the aim of raising awareness of the benefits of intergenerational work and how it fits with Curriculum for Excellence.

The group has meet twice and has tasked four sub groups (strategy, education resources, mapping & marketing) with the following tasks:

- A strategic document detailing GWT’s education strategy
- A resources pack for teachers and practitioners and opportunities for professional development through training.
- Map 12 – 15 case studies

GWT is working with **NHS Health Scotland** to encourage the use of Intergenerational Practice in improving active aging, encouraging healthier lifestyles, supporting greater personal independence and, reducing social isolation of vulnerable groups and, in particular, the elderly.

**A briefing paper (intergenerational approaches to health & well-being)** is being written in partnership with Health Scotland which will highlight why people with a health remit should consider creating intergenerational opportunities within health. The paper has been drafted and a final draft including 12-15 case studies should be available by end of August 2013. Health Scotland will assist GWT in the dissemination of the paper.

IRSS (Institute for research and innovation in social services) has agreed to programme an **Insights booklet** (4000 words) for Intergenerational Practice later in the year with GWT guiding IRSS on the direction of evidence.

**Intergenerational Training – Training the Trainers courses** - central venues will be confirmed later in the year – keep an eye on website for further details. This course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Book a place on the website.

Working in partnership with **Age Scotland** to publish another round of **walk in our shoes – act on our issues**. The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.

**Photo & video competition** – deadline September 2013 – online application form now available on website. There are two categories to choose from, photo or video, each with a first prize of up to the value of £150 and a second prize of £75.

**Young Start Funding from the Big Lottery** has an **intergenerational strand** available for up to £50,000 for two years. [www.biglotteryfund.org.uk/youngstartfund](http://www.biglotteryfund.org.uk/youngstartfund)

The **Go for Gold Challenge** was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games, the World Congress on Active Ageing in Glasgow (both 2012) and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events. The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

**Older people's day** – [www.olderpeoplesday.co.uk](http://www.olderpeoplesday.co.uk)

People are living longer and 23% of the UK will be aged 65 and over by 2035. The aim of the above website is to celebrate the achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes.

**Date of next meeting: 13<sup>th</sup> August at 10:00am in the new (larger) meeting room in CVS Inverclyde, Unit 9, Ladyburn Business Centre, 20 Pottery St, Greenock [Click here](#) for a map of the location.**