

Meeting Report - Inverclyde Intergenerational Network

Date: 13th August 2013, Venue: CVS Meeting Room, Greenock

In Attendance: Cathy Kelly (GWT) Alice McCaughey (Belville Community Association), Jamie Allan Brown & Laura Mathieson (Trust Volunteering), Willie Stewart (Inverclyde Radio), Liz Montague (CLD), Geri Sinclair (CVS Inverclyde), Shari Fraser (Inverclyde Carers Centre), Lynn Blacklock

Apologies: Jen Paton (Youth for Christ),

Update on local projects/intergenerational activity

Inverclyde Radio (internet radio service) – will publicise events, produce programmes and record interviews to promote intergenerational activity. 25 volunteers involved with the project from a wide range of backgrounds and age groups. Volunteers can learn how to produce programmes, interview etc in their own premises. Equipment can be cost-free or cost a s little as £20. Contact Willie at

Inverclyde Carers Centre – Information and Advice: Assist unpaid Carers with any issues relating to their caring role or for themselves as an individual, **Emotional Support:** Listening Ear, Stress Management, Counselling, **Supporting Older Carers and Carers of Older People Long Term Planning:** supporting Carers to plan for the future, should a short or long term emergency arise, **Hospital Discharge:** advice, support and information to older Carers and Carers of older people around the hospital discharge experience, **Befriending:** Volunteers, who have been unpaid carers themselves are carefully selected and trained to provide informal support to older Carers who have similar interests and experiences. **Short Breaks:** helping Carers get a break from their unpaid role. Includes Sitter Service, Group Breaks & Family Breaks, **Training:** learning opportunities to help improve the health, wellbeing and quality of life of carers. Shari is interested in the potential of intergenerational work to being young carers and older carers together to share skills eg texting, using mobile phones, share experiences/stories.

(CLD) Community Learning & Development – Currently providing courses in all community hubs eg computing, texting. Also, 1 off events to engage with communities working with all age groups. Events have been really popular eg in Branchton, 87 people (includes 31 families) took part. Playing together for all ages. Not much money to sustain these projects – looking for partners to get involved.

Older Person's Services (CVS) – Geri is a new staff member at CVSI. Her role is to help develop and support third sector groups and to ensure that the sector contributes as much as possible to the quality of life for older people in Inverclyde. Geri is keen to encourage intergenerational activity as part of this role.

CVS Inverclyde - currently mapping the sector for inclusion in the MILO database. This will include third sector and public sector services and is accessible to all via the CVS website at www.cvsinverclyde.org.uk through the 'Find a local group' tab on the menu. This is a test site at present. A new website will be in place within the next few months. If you know of a new group or service and would want it included in the database contact CVS at 711733 or email admin@cvsinverclyde.org.uk

Belville Community Association – Alice is the currently Chair of the group but will be standing down at the end of this year. There is a strong young committee in place, Alice will be providing mentoring for the group. Belville Gardens – groundwork will start in September 2013. Plans for next year, 2 x pods to be set up. One for social activity, 1 for office/equipment store. Willing to share equipment with other groups. Next year is centenary of WW1. Planning to hold an event to celebrate the history of the area in WW1. Young and old invited to take part, costumes/stories/music from the period. Previous success with intergen projects ie intergenerational dance, cooking skills etc.

Youth Development (Trust Volunteering) – working to promote the Saltire awards for young volunteers. The Trust is an SQA Centre – developing a qualification in volunteering to be approved by

the standards council. Working with the 'Chit Chat' project to provide intergen activities. Jamie will be entering two Trust Volunteering projects for Intergenerational Photo Competition.

Gie's Peace – Anti Sectarian Project (The Trust) – Tackling sectarianism from a local perspective. The project offers a range of activities bringing all generations together including creative writing, music, drama, research and lots more. Laura is offering Introduction to Intergenerational Practice training – see event section for more details.

Circles Network – Change Fund Project: Advocacy for people over 65 to meet a recognised need for older people in care homes and sheltered housing. Young Start funding: Intergenerational project recruiting and training young volunteers aged 16 – 25 to provide advocacy with support from adult workers, for older people aged 55+.

Local Events

Dementia Workshop: Tuesday 20th August (all day event). Dementia Services from Stirling University will be sharing helpful hints for people coping with dementia. Community pharmacists, consultants and other professionals will be attending. For a copy of the programme or to book a stall for all or part of the day, contact Shari at Inverclyde Carers Centre on 735180 or email:

sfraser@inverclydecarerscentre.org.uk

'A Wee Word with You': Trust Volunteering with input from a reporter from the Greenock Telegraph are offering an opportunity for all ages to come together to tell their stories and learn reporting skills eg writing articles, newsfeeds etc. Starts 22nd August. Contact Jamie Brown, on 787414 or email

Jamie.brown@the-trust.org.uk

Introduction to Intergenerational Practice: One day training event, 19th September 10am – 4pm. Learn what intergenerational practice actually is, how to bring generations together, why it's important and how the benefits and outcomes can be demonstrated. For more information contact Laura on 787414 or email laura.mathieson@the-trust.org.uk

WOOPi Events: Two events coming up. WOOPi in partnership with Luminate and Age Scotland will be holding events in Port Glasgow on 30th September and in Greenock on 29th October from 12 – 3pm on both days. The theme is 'Ageing Creatively'. For more information contact Reid on 715450, ext 1657 or email Reid.McLaughlin@inverclyde.gov.uk

Generations Working Together – National Coordinator Update

Education resource pack – case studies and booklet now written up and in final stages. Pack will be launched at the Scottish Learning Festival (25th & 26th September). Alison is meeting Education Scotland and Youth Scotland to discuss the possibility of jointly producing an awards supplement for older people which will complement Amazing Things (awards for young people – copies available from www.generationsworkingtogether.org)

Health paper – Intergenerational Approaches to improving Health and Wellbeing also making good progress should be launched october time

Intergenerational Training – Training the Trainers Course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information on future courses are available on the website.

Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy Context – GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

Photo & video competition – deadline Friday 27th September 2013 – online application form now available on website

GWT annual conference – The GWT team are starting to plan next years annual conference scheduled to take place in March 2014. A survey monkey questionnaire has been sent to members asking for their comments on city, venue, workshops and speakers etc. If you haven't already completed the questionnaire please do. Ideas and suggestions will be very welcome. We hope to confirm city, venue and date next month.

Case studies – 12 new case studies from across Scotland can now be viewed on our website at <http://generationsworkingtogether.org/networks/case-studies/>

Other info

Luminate takes place across Scotland and features creative activities with, by and for older people, as well as events for audiences and participants across the generations, and intergenerational projects. The festival takes place from 1-31 October <http://www.luminatescotland.org/luminate-application> Alison would like to hear from anyone who is planning to be involved in the festival showcasing their intergenerational work.

Older people's day 1 October 2013 – www.olderpeoplesday.co.uk

The aim of the above website is to celebrate the achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes. If you are celebrating older people's day please consider sending an article to the website and also to Betty for the GWT website and facebook page.

Funding info

Young Start Funding from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund

Heritage Lottery Fund

Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start-up funding should contact their Development Team first. Link to a successful project recently funded... <http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLVtqy>

Other IG opportunities

Go for Gold

The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events. The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Following discussions with the 2014 Commonwealth Games Legacy Planning Team, the Go For Gold Challenge will be included within the 2014 legacy planning.

In partnership with **Age Scotland to publish another round of walk in our shoes** – act on our issues. The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops. You can order a pack here <http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>

Activity

Groupwork activity based on the following questions:

- What might prevent people of different ages getting involved in IG projects or initiatives?
- What do you think are the challenges of bringing different generations together for the first time?

Some of the main points from the discussions:

Barriers: Lack of understanding/information; lack of respect and understanding between age groups; PVG requirements and risk aversion; Jargon/technology; peer pressure (esp young people)

Challenges: Time and timings eg daytime can be difficult for young people, evenings for older people; Transport – availability & cost; Perceptions/stereotyping; costs; local history/territorialism

Date of next meeting: Tuesday 26th November at 10:00am in the new meeting room in CVS Inverclyde, Unit 9, Ladyburn Business Centre, 20 Pottery St, Greenock [Click here](#) for a map of the location.

Contact details for attendees:

NAME	ORGANISATION	POST	EMAIL ADDRESS	PHONE
Jamie Allan Brown	Trust Volunteering	Youth Development Worker	Jamie.bown@the-trust.org.uk	787414
Laura Jane Mathieson	The Trust	Anti-sectarianism Development Worker	Laura.mathieson@the-trust.org.uk	787414
Liz Montague	CLD	Development Worker	Liz.montague@inverclyde.gov.uk	715450
Alice McCaughey	Belville Community Association	Chair	Bel.comm@gmail.com	-
Geri Sinclair	CVS Inverclyde	Development Officer	Geri.sinclair@cvsinverclyde.org.uk	711733
Shari Fraser	Inverclyde Carers Centre	Carers Support Worker (Training)	sfraser@inverclydecarerscentre.org.uk	735180
Lynn Blacklock	Circles Network Advocacy	Volunteer Coordinator	Lynn.blacklock@circlesnetwork.org.uk	
Cathie Kelly	CVS Inverclyde	Development Officer	Cathie.kelly@cvsinverclyde.org.uk	711733