

ANGUS LOCAL NETWORK MEETING



**Generations
Working
Together**

29 AUGUST 2013

**Scottish Fire & Rescue
Forfar, DD8 2HR**

www.generationsworkingtogether.org

Attending: Heidi Cathro, Dementia Liaison Team; Shona Ramsay, NHS Dementia Practitioner; Gillian Donald, Dementia Liaison Nurse; Stephen Wilson, Monifieth Police Scotland; Cllr Paul Valentine, Angus Council; Bernie Dawks, Alzheimers Scotland; Linda Caston, Angus Council; Ruth Stephen, A/C People; Pam Mackie, CLDS Angus; Laura Gallon, Falls Service Coordinator Angus CHP; Lynne Orrock, Voluntary Action Angus; Tracy Brown, Montrose Police Station.

1. Yvonne Coull, Local Development Network Officer, Generations Working Together (GWT) opened this first full meeting of the Angus Local Network and welcomed everyone. She then introduced the Generations Working Together organisation and history (presentation slides 1-5).
2. The members then undertook a task in groups of fours and fives entitled 'Is it or Isn't It?'. They were given a small number of cards with outlines of projects and activities on them and were asked by Yvonne as a group to discuss them and decide whether or not they were, or were not, an intergenerational activity. When this was completed there was a discussion around each table about those that were easy and those that were more difficult and why they were difficult. From this a common understanding of what intergenerational practice actually is was discussed.
3. Members were then asked to make a short list of what they understood the main principles of intergenerational practice to be. Each groups provided feedback then Yvonne presented slides 6-9 which show the definitions which GWT use (there are others).
4. Yvonne then outlined how other local network groups organised themselves and asked if anyone would like to volunteer as coordinator for the Angus Local Network on behalf of GWT. Yvonne will attend on behalf of GWT and update members with information from the main office of GWT and information gathered nationally. Information from Yvonne is noted in the following points.
 - **GWT's new website** was launched end of Jan 2013 – please check out the network section your area at www.generationsworkingtogether.org Members have the opportunity to place details of their IG work on the local news section. Email Yvonne with news, requests etc. (email below).
 - **GWT continues to develop** the new local networks with another nine being created over the next couple of months giving a total of 29 local networks across Scotland

- **GWT annual conference** went extremely well and evaluated very positively – all powerpoints and handouts now available to download from the website. Photos now up on our Facebook page at www.facebook.com/GenerationsWorkingTogether
- **Objective - Education** An information booklet regarding intergenerational learning has been updated and focuses on IG projects within educational establishments and the Curriculum for Excellence. A teacher's seminar has also been developed and it is hoped to pilot that in three areas before Christmas. GWT will be attending the Scottish Learning Festival in September at the SECC. However if there is lots of work happening in Angus we'd be keen to write up some case studies. For more details contact Alison – alison@generationsworkingtogether.org
- **Objective – Health** paper drafted on health benefits of IG practice – NHS will help disseminate once paper is finished
- **Training the Trainers** courses organised for Orkney, Dundee, Inverclyde and Glasgow. This course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Book online on the website, free to members.
- **Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage the Angus Council to become interested in IG work and adopt the Guidelines document? A closer examination of this interesting document and its usefulness in completing grant applications will be held at the next meeting. Download from the GWT web site.
- **Photo & video competition** – deadline September 2013 –leaflets distributed – online application form now available on website.
- **In partnership with Age Scotland, Walk in our Shoes** – act on our issues. The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops – leaflets distributed and details on the Age Scotland website for anyone who is interested.
- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund
Basically they have made clear that the Connected strand has to have two elements:
* only connecting young and older people (and not age groups in between).
If it connects everyone it is seen as 'Community'
* the two groups should share expertise/knowledge rather than learn together side by side. Although the latter approach can be taken, it carries far less weight with them.
- **Celebrate?** - Celebrate will support new and existing events and activities that mark the 2014 Commonwealth Games through arts, heritage, sports and local community

celebrations. It will fund local celebration events and activities which stimulate greater involvement in community activity and develop our understanding as citizens of the Commonwealth.

Celebrations can be a single one-off event or activities which end with a celebration event. To achieve our aim we want to fund projects that meet one or more of the following outcomes:

- **Communities come together through arts, heritage, sports and local celebrations of the Commonwealth Games.**
- **Communities celebrate the people, places and culture of the commonwealth.**

Follow the link to application form and guidance <http://www.celebrateit.org.uk/> The programme will be administered by Big Lottery Fund

- **Go for Gold 2013 Challenge week** - In 2013 the Go for Gold team are planning to continue implementing the 5 physical activity challenges with partners across the care sector in Scotland, (the Games Challenge, the Dance With Me Challenge, the Walk With Me Challenge, the Try-athlon Challenge and Creating Your Own Challenge and we will also look to enhance the Go for Gold 2013 programme through developing the themes of intergenerational activity and community engagement.

To provide some consistency with 2012, and help your planning, they have agreed that July should continue to be the focussed week for Go for Gold 2013 and the week beginning Monday 1st July as this year's Go for Gold 2013 Challenge Week. Activities can be undertaken throughout the year.

For more information (handout attached) contact either:

Bob Laventure – bob.laventure@ntlworld.com

Edith Macintosh - edith.macintosh@careinspectorate.com

- **Older people's day 1 October** – www.olderpeoplesday.co.uk/
People are living longer and 23% of the UK will be aged 65 and over by 2035. The aim of the above website is to celebrate the achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes.

The website includes a news section: the opportunities to post news, stories and add your own comments, and promotes your event by featuring your brochures, posters or links to your own website.

- **Luminate 2013** – Age Scotland have launched Luminate 2013. Luminate takes place across Scotland and features creative activities with, by and for older people, as well as events for

audiences and participants across the generations, and intergenerational projects. The festival takes places from 1-31 October, see <http://www.luminatescotland.org/>

- **Changing Lives Through Literacy** – Education Scotland is running this event to mark International Literacy Day on 6 September. They are inviting those who have access to Glow to join them. They are providing resources on creative literacy on Glow after the summer. They are asking all those working in literacy in Scotland with children, young people and adults to come together through Glow to celebrate with storytelling, film and creativity. It is a for all ages. For further information contact: Enquiries@educationscotland.gov.uk
- **Scottish Book Trust Annual Campaign – Treasures** - Scottish Book Trust is collecting your stories about your most treasured objects. Is there a special something that has touched or shaped your life?

It could be from your past or your present, but you'll never forget it. Whether it is cheap or expensive, it is priceless to you. Whatever or wherever it is, whether it is yours or lives in a museum, has passed down through your family, was found on a beach, a gift, a souvenir or an everyday object, your Treasure holds a story, the story of what it means to you.

They have put together resource packs for schools and adult learning tutors (which can be found in the resources section of the website <http://www.scottishbooktrust.com/reading/treasures/resources>) and we would very much appreciate it if you could publicise the campaign and the resources to your networks. We have also made an additional pack for secondary schools providing a structured way in which the Treasures project can be developed to support transition between primary and secondary schools. Treasures could be used as an intergenerational project, with school pupils collecting and sharing stories with older people in their community. This is not an element included in the resource pack but would be most welcome.

- **Climate Challenge Fund** – Yvonne provided detail of this funding stream and details can be found at www.keepsotlandbeautiful.org They will consider intergenerational projects and if in doubt please contact them.

If members are speaking to funders about programmes could they ask if they fund intergenerational projects and pass on that information to Yvonne Coull. Often funders have not thought about IG projects and this is a good way to encourage them to have an IG strand.

- **Living it Up** - Can you imagine a place where you could find and create opportunities within your own community that could improve your health, wellbeing and quality of life?

Living it Up is the place to help you do exactly that! Living it Up will provide you with better connections to information, products, services and the community to help you manage your health and wellbeing. These services can be delivered to you through familiar technology like a TV, mobile phone, games console, computer or tablet.

During this first phase of the project, the LiU team will recruit 1500 people to act as 'test

users' in the development of the project's key services – Hidden Talents, Exchange, My Care and Keeping Connected. We want to work with you to find and review the best products that will help you, to point to and share information to support you and to find ways to use familiar technology, like your computer or mobile phone, to help you keep connected.

We can't create these new services and exciting ideas without your help. For more information on the engagement work that's already happening, please click the relevant pages. www.livingitup.org.uk

NEXT MEETING

The group suggested a meeting in late November or early in the new year. Yvonne will coordinate with Scottish Fire and Rescue who kindly offered their meeting room. Details will be posted onto the web site and circulated to members.

Yvonne can be contacted on Yvonne@generationsworkingtogether.org

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