



**Generations  
Working  
Together**

**ABERDEEN LOCAL  
NETWORK MEETING  
1 OCT 2013  
Town House  
Aberdeen**

### **WHAT HAS AGE GOT TO DO WITH IT?**

A very successful full day event was held by Aberdeen Council and the Grampian Region Equalities Council in the Town House with over 90 older people and a variety of organisations attending. There were 14 stalls providing a great variety of information. We hope to have photos soon!

Silver City Surfers (<http://www.silvercitysurfers.co.uk/>) presented their intergenerational project along with the children involved from the local primary schools. The children presented beautifully and talked about what they thought about older people before starting the project and what they thought now – and how that differed! Yvonne Coull explained the work of GWT in the afternoon and undertook an exercise that helped address stereotyping in both the young and old. This was based around drawing a gingerbread man in the form of an older person or a youth. The idea was not about how good the drawing was but to see if different groups came up with the same stereotypical ideas about older and younger people. The end results caused lots of amusement and the message was – not all people conform to their stereotypical image so do not let that hamper your thoughts, ideas or activity.

Throughout the rest of the day there were presentations on promoting respect, adult support and protection, Aberdeen City Youth Council as well as performances from Theatre Serendipity and the Granite City Chorus. A great day was had by all and we are grateful to Aberdeen City Council for their continuing support of this local network.

**Local Network Coordinator Required** – each network has its own local volunteer network coordinator and we are looking for someone to help with this role in Aberdeen. The coordinator must have local knowledge of groups and activities in the area and work with Aberdeen Council and Yvonne Coull in setting up 3/4 meetings a year in the city. These meetings must meet the needs of the local membership and support will be provided by Yvonne Coull. If you are interested email Yvonne at [Yvonne@generationsworkingtogether.org](mailto:Yvonne@generationsworkingtogether.org) to find out more. (Yvonne works one day a week for GWT and may not respond to your email immediately.)

The following information is the **update** for October.

- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** making good progress, should be launched in October/November.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within

their programme of work. Dates in Glasgow and Dundee. Further information on future courses is available on the website.

<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.  
<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>
- **Photo & video competition** – deadline extended to **18<sup>th</sup> October 2013** – online application form now available on website  
<http://generationsworkingtogether.org/news/photo-video-competition/>
- **GWT annual conference** – The GWT team are starting to plan next years annual conference scheduled to take place in March 2014. A survey monkey questionnaire was sent to members asking for their comments on city, venue, workshops and speakers etc. We hope to confirm city, venue and date very soon.
- **A showcase event is** being planned for the Highland & Island networks in Inverness on Tuesday 29<sup>th</sup> April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact [alison@generationsworkingtogether.org](mailto:alison@generationsworkingtogether.org)  
<http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>
- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at  
<http://generationsworkingtogether.org/networks/case-studies/>

#### Other info

- **Luminate** takes place across Scotland and features creative activities with, by and for older people, as well as events for audiences and participants across the generations, and intergenerational projects. The festival takes places from 1-31 October <http://www.luminatescotland.org/luminate-application> Alison would like to hear from anyone who is planning to be involved in the festival showcasing their intergenerational work.
- **ARE YOU ONE OF THE MANY OLDER PEOPLE PAYING TOO MUCH TAX?**  
Are you possibly one of the many older people paying too much tax but are unsure what to do? - Don't worry, as the charity **Tax Help for Older People (Tax Help)** who specialise in providing **free tax advice** to individuals

aged 60 and over whose household income including that of a partner is 17,000 or less after tax can provide whatever help or guidance you require. To decide whether or not you need their help please consider the following questions to test how much you know about tax:

1. What does a K Code mean?
2. What is a dividend credit?
3. What are your personal allowances at aged 67?
4. Can you get interest paid gross on a joint interest account?
5. What is an allowance restriction?
6. How is your state pension taxed?
7. How do you claim a refund?
8. Can you transfer allowances to a spouse?
9. What are the different rates of tax?
10. Should you be completing a self-assessment form?

If you achieved 10 out of 10 then you have no problems. However 9 or under then why not **phone Tax Help for Older People on their low call number 0845 601 3321 or 01308 488066 and ask for a call back** for a tax health check to ensure peace of mind or to sort out a tax problem, have your PAYE coding checked, or get help with form filling, reclaiming an overpayment of tax or replying to a letter from the tax office. You can also visit their **website on [www.taxvol.org.uk](http://www.taxvol.org.uk)**

### Education resource pack

- The pack was launched at the Scottish Learning Festival (25th & 26th September) and will be available online shortly at the GWT web site.

### Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years.  
<http://www.biglotteryfund.org.uk/youngstartfund>
- **Heritage Lottery Fund**  
Heritage Lottery Fund Scotland will fund intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first.  
<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtq>  
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### Other IG opportunities

- **Go for Gold Challenge**  
<http://www.scottishcare.org/news/go-for-gold-challenge-newsletter/>
- **Walk in our shoes** – act on our issues is an activity that community groups and different generations can do together to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.  
<http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>