



**Generations
Working
Together**

**PERTH & KINROSS LOCAL
NETWORK MEETING
9 OCT 2013
Balhousie Care
Perth**

Attending: Caroline Mackay, Tamara McKay, Kirstie Anderson, Cheryl Banks, Denise Fagg, H Norrie, J McCombie, Balhousie Care; Judith Barrow, Fairfield Neighbourhood Centre; Shona Fowler, PKAVS, Melissa Gray, A.K. Bell Library; Ishbel Russell, Lewis Place Resource Centre; Shaun Bartlett, PKC Youth Services.

Apologies: Fiona Lucraft, Nisha Soman, Balhousie Care; Julie Rogalska, PK Council, Carole Anderson, Perth & Kinross Council

1. Yvonne Coull, Local Development Network Officer, Generations Working Together (GWT) opened this second meeting of the Perth & Kinross Local Network, welcomed everyone, thanked Balhousie Care for the use of the premises and coffees/teas etc. She then introduced the Generations Working Together organisation and held a discussion around what is intergenerational practice.
2. The members then undertook a task in small groups around the Guidelines which was looking to identify outcomes which match the Scottish Government's strategic objectives as outlined in the booklet to an intergenerational project. The Guidelines can be downloaded [HERE](#). Members were enthusiastic about the use of the Guidelines in helping with grant applications and with justifying the reasoning behind undertaking IG practice.
3. Cheryl Banks, Activity Planner at Balhousie Care outlined the importance of IG work to care homes, particularly getting the community to come into the homes. Balhousie have 27 care homes and she is looking to have as many of them have IG projects as possible. They cover from Fife up through Dundee and into Perthshire so all are quite spread out. The first activity she has planned is to take place at the end of this month and is an international IG activity in Dundee. Younger girls (19-23) from The Yusuf Youth Centre in Dundee will be coming into the care home to undertake a demonstration of Indian cooking. The clients in the care home will have Scottish recipes to swap. There is going to be a quiz and different activities around the whole subject. She hopes to break down cultural barriers and make a regular meeting with these women, some of whom have no experience of Scottish food and life. Cheryl asked about evaluation and it was noted that she would need to capture the experiences of both sides involved. Yvonne promised to send information. A general discussion ensued around intergenerational practice.

The following information is the **update** for October.

- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** making good progress, should be launched in October/November.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Dates in Glasgow and Dundee. Further information on future courses is available on the website.
<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.
<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>
- **Photo & video competition** – deadline extended to **18th October 2013** – online application form now available on website
<http://generationsworkingtogether.org/news/photo-video-competition/>
- **GWT annual conference** – The GWT team are starting to plan next years annual conference scheduled to take place in March 2014. A survey monkey questionnaire was sent to members asking for their comments on city, venue, workshops and speakers etc. We hope to confirm city, venue and date very soon.
- **A showcase event** is being planned for the Highland & Island networks in Inverness on Tuesday 29th April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact alison@generationsworkingtogether.org
<http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>
- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at <http://generationsworkingtogether.org/networks/case-studies/>

Other info

- **Luminate** takes place across Scotland and features creative activities with, by and for older people, as well as events for audiences and participants across the generations, and intergenerational projects. The festival takes place from 1-31 October
<http://www.luminatescotland.org/luminate-application> Alison would like to hear from anyone who is planning to be involved in the festival showcasing their intergenerational work.
- **ARE YOU ONE OF THE MANY OLDER PEOPLE PAYING TOO MUCH TAX?**
Are you possibly one of the many older people paying too much tax but are unsure what to do? - Don't worry, as the charity **Tax Help for Older People (Tax Help)** who specialise in providing **free tax advice** to individuals aged 60 and over whose household income including that of a partner is 17,000 or less after tax can provide whatever help or guidance you require. To decide whether or not you need their help please consider the following questions to test how much you know about tax:
 1. What does a K Code mean?
 2. What is a dividend credit?
 3. What are your personal allowances at aged 67?
 4. Can you get interest paid gross on a joint interest account?
 5. What is an allowance restriction?
 6. How is your state pension taxed?
 7. How do you claim a refund?

8. Can you transfer allowances to a spouse?
9. What are the different rates of tax?
10. Should you be completing a self-assessment form?

If you achieved 10 out of 10 then you have no problems. However 9 or under then why not **phone Tax Help for Older People on their low call number 0845 601 3321 or 01308 488066 and ask for a call back** for a tax health check to ensure peace of mind or to sort out a tax problem, have your PAYE coding checked, or get help with form filling, reclaiming an overpayment of tax or replying to a letter from the tax office. You can also visit their **website on www.taxvol.org.uk**

Education resource pack

- The pack was launched at the Scottish Learning Festival (25th & 26th September) and is available online.

<http://generationsworkingtogether.org/resources/learning-through-intergenerational-practice>

Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years.

<http://www.biglotteryfund.org.uk/youngstartfund>

- **Heritage Lottery Fund**

Heritage Lottery Fund Scotland will fund intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first.

<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

Other IG opportunities

- **Go for Gold Challenge**

<http://www.scottishcare.org/news/go-for-gold-challenge-newsletter/>

- **Walk in our shoes** – act on our issues is an activity that community groups and different generations can do together to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.<http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>

DATE OF NEXT MEETING: Wednesday 29 January 10.15 – 12.30

Balhousie Care, Care Group Head Office: Earn House, Broxden Business Park, Lamberkine Drive, Perth, PH1 1RA