



## Meeting Report – Shetland Isles Network Meeting

Date: 19<sup>th</sup> September 2013, Venue: Lerwick

---

**Present:** Alison Clyde, Marghi West, June Porter, Maureen Stewart, Denise Nicolson, Jim Leask, Naomi Gear, Wendy Lowe

**Apologies:** Corinna Hoseason; Susan Hinton; Ann Williamson; Amy Barclay; Kate Coutts; Wendy Hand; Alan Murdoch; Laura Whittall; Ian Seymour; Elaine Georgeson; & Pat Christie.

### **GWT national update:**

**Networks** - There are 29 networks up and running across Scotland

**Health Paper** - GWT are working on a Health Paper, which will hopefully be launched in November. It contains information about intergenerational approaches to health and wellbeing, including the benefits in relation to isolation, depression and mental health. The paper includes 12 case studies such as falls prevention and dementia.

**Training the Trainer, Shetland** - 8 people took part in GWT's Training the Trainer course in September 2013.

**Education Training Pack** - The Education Pack will be launched at the Learning Festival at the end of September. A working group of experts across Scotland has aided GWT in producing the resource pack. Head Teachers and teachers also consulted on the resource. There is a good section included on Curriculum for Excellence and CLD. Training sessions will be piloted at the October In-Service course in Shetland. The resource can be viewed at:

<http://generationsworkingtogether.org/resources/education-resource-pack/>

Generations Working Together is promoting awards for all ages as part of the education resource pack. The Amazing Things booklet is a guide to awards for young people, GWT are producing a supplement, which will be a guide to awards for older people including the Discovery award, and Dark Horse awards.

**Follow-up to the Guidelines event** - Although discussion took place around intergenerational practice, it has not as this point in time been included in the updated SOA. The guidelines document can be downloaded from:

<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>

**Photo competition** - The deadline for the photo and video competition has been extended by two weeks till 18<sup>th</sup> October. Details are available on the website:

<http://generationsworkingtogether.org/news/photo-video-competition/>

**Annual conference** – This will be held in Stirling on Wednesday 19<sup>th</sup> March however there will be another event being held on 29<sup>th</sup> April in Inverness to celebrate the European day of Solidarity between generations.

**Website** – case studies are being sought for the Shetland network page on the GWT website. Template available via Denise or Alison. Alison to see Corinna re case study.

### **Round the table...**

Marghi passed round information about a project the Shetland Library is doing in connection with Luminare about active ageing. There will be a themed poetry evening in the Library mid October. She also confirmed that the Library had an intergenerational book bug session in the Walls Care Centre which had been very well received. The Library hopes to develop this project further.

June had two potential projects. Firstly, an intergenerational IT project in the Sandveien Neighbourhood Centre, and, secondly, the Freefield Lunch Club. The RVS has taken on the running of the lunch club and hope to develop it further. They are keen to build up the hour afterwards with social activities, including intergenerational aspects.

Maureen is hoping to develop an intergenerational knitting group, perhaps as an out of school club. At a trial session everyone knitted on the Great Muckle Gravit.

Denise reported back on the Come hae a grain o maet wi me project. Classroom sessions which focussed on health, safety and hygiene, the Eatwell plate, working together and selecting recipes were then followed by practical sessions in the Bruce Hostel Kitchens. Led by an ex-chef, the group cooked their selected recipes in their teams and voted for dishes to make up a final menu. An event was held at which the group cooked a three course dinner for 20 people (project partners, family and friends). A film was made, which included participant interviews. An afternoon presentation and film viewing is yet to take place.

Jim described a project idea from the previous day's Dragon's Den activity. His idea is to develop a project which focuses on the fishing history of Hoswick and which would involve all ages in the community. Ideas include building a boat, doing up the noost, reminiscence work and passing on traditional skills. He intends to explore this further. Maureen and Alison passed on details of a Costal Rowing project in Eyemouth and a similar project in Troon.

Naomi and Denise passed on information about a project they are exploring which will link into the Parish Cup centenary. It is in very early stages, but the partners involved are Alzheimer Scotland, Adult Learning, NHS and Children's Residential Services. The project may involve Digital Stories and a patchwork quilt!

Wendy told us that the Allotment Group are ready to dig up their tatties. The older people with allotments are helping the younger people. The Youth Club and the RSPB have jointly taken on an allotment and are growing basic low maintenance vegetables.

Wendy, Denise and Pat Christie are involved in a project in Virkie, to help bring the community together following the closure of the Bruce Memorial Hall. The theme is *Virkie then and now*. It will bring younger and older people together to share, record and compare their experiences of living in the area as a teenager.

#### **AOB**

The network membership page was updated. Some details are incorrect – Denise to follow up.

Funding options worth investigation are:

- Young Start Fund – 8-week turnaround
- Heritage Lottery – keen on intergenerational work
- Climate Change Fund – also keen on intergenerational work

#### **Actions:**

- Alison will send hard copies of the Health Paper to Denise when available
- Denise will send the case study template to Wendy and June.
- Maureen will send Eyemouth Costal Rowing Project contact details to Jim.
- Denise will follow up incorrect contact information so the list can be updated.
- Alison will pass a copy/copies of the supplement for older people to Denise when available

**Next meeting:** Wednesday 5<sup>th</sup> March 2014, 1.30-4pm, Isleburgh Community Centre, Lerwick