

Inverness, Black Isle, Loch Ness and Nairn Intergenerational Network Meeting, Wednesday 21st August 2013



**Generations
Working
Together**

Farr Community Hall, Inverarnie, IV2 6XA

Apologies: Roxana Meechan, Julie Simmons, Jaci Douglas, Wanda MacKay, Fraser?, Bob Huston, Ro Pengelly, Sheena Patterson

In Attendance: Kate MacLean, Evelyn Sinclair, Colin Henderson, Hazel Allen, Shona MacDonald, Mike Wallace and Marion Smith.

Marion welcomed all to the meeting and asked everyone to introduce themselves, she then gave the GWT update:

GWT Update:

- **Education resource pack** – case studies and booklet now written up and in final stages. Should be ready to go to edit very shortly. Pack will be launched at the Scottish Learning Festival (25th & 26th September). Alison is meeting Education Scotland and Youth Scotland to discuss the possibility of jointly producing an awards supplement for older people which will complement Amazing Things (awards for young people – copies available from www.generationsworkingtogether.org)
- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** also making good progress should be launched October time
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information on future courses are available on the website.
- **Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy**

Context – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

- **Photo & video competition** – deadline Friday 27th September 2013 – online application form now available on website
- **GWT annual conference** – The GWT team are starting to plan next years annual conference

scheduled to take place in March 2014. A survey monkey questionnaire has been sent to members asking for their comments on city, venue, workshops and speakers etc. If you haven't already completed the questionnaire please do. Ideas and suggestions will be very welcome. We hope to confirm city, venue and date next month.

- **A showcase event** is being planned for the Highland & Island networks in Inverness on Tuesday 29th April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact alison@generationsworkingtogether.org

<http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>

- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at

<http://generationsworkingtogether.org/networks/case-studies/>

Other info

- **Luminate** takes place across Scotland and features creative activities with, by and for older people, as well as events for audiences and participants across the generations, and intergenerational projects.

The festival takes place from 1-31 October

<http://www.luminatescotland.org/luminate-application>

Alison would like to hear from anyone who is planning to be involved in the festival showcasing their intergenerational work.

- **Older people's day** – www.olderpeoplesday.co.uk

The aim of the above website is to celebrate the achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes. If you are celebrating older people's day please consider sending an article to the website and also to Betty for the GWT website and Facebook page.

Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund

- **Heritage Lottery Fund**

Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently

funded...<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

Other IG opportunities

- **Go for Gold**

The Go for Gold Challenge was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games and the World Congress on Active Ageing in Glasgow, both staged in the summer of 2012 and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart

Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events.

The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Go for Gold in Scotland is supported by a stakeholder network group made up of interested and motivated people from different backgrounds and a strategic reference group which includes national organisations across Scotland.

Following discussions with the 2014 Commonwealth Games Legacy Planning Team, the Go For Gold Challenge will be included within the 2014 legacy planning.

In partnership with **Age Scotland to publish another round of walk in our shoes – act on our issues.**

The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.

Local Project Updates:

Evelyn is the Volunteer Co-ordinator for Stay Safe Highland, a SCIO (Scottish Charitable Incorporated Organisation) working with older people and funded by Comic Relief. Their work covers Inverness, Black Isle, Nairn, Badenoch and Strathspey and includes informing groups of older people about falls prevention, safety and Police information regarding scams etc. They have been short listed for an award from Safer Communities Scotland.

Colin works for the Scottish Fire and Rescue Service in the Highland area, he works with organisations to refer vulnerable people. They are currently developing new referral cards and are giving away smoke alarms. He is also involved in a 'High Fires' course for young people, the course is run one evening a week for 10 weeks and is certificated.

Hazel is working for the Highland Senior Citizens Network and gave information on the work of the organisation which offers collective advocacy for the well-being of older people in the Highlands. They are currently carrying out a research project on the quality of care issue and poverty as it impacts on well-being. Hazel also updated on a community garden project that is involved at Dingwall School, this has potential for Intergenerational benefit.

Shona is a Youth Development Officer for High Life Highland, based in Inverness High School she also works with young people from Dalneigh, Merkinsh and Bught. They hold a Youth Network Event with agencies once a term and also have a weekly programme for young people on employability skills , they have been involved in a Golden Times project 'Get to know your Techno'.

Kate is the Community Development Officer for Services for Older People formerly employed by Highland Council but transferred to the NHS. Working from home, she works on engagement in communities. Projects include, Golden Gadgets, budgets for Adult Learners, Nairn Allotments Society, Justice Highland Facilitation Team and Highland Wildlife Park. She also explained about a project with an office in Foyers which runs greenhouses near Invermoriston that works with groups of all ages and abilities, Kate will look into the possibility of a member of the group coming to speak at the next meeting.

Mike is a member of the Highland Senior Citizens Network (HSCN) committee, he is based in Inverness. HSCN have intergenerational work in their constitution. His background is in Community Development and he has also been involved in the work of the Youth Parliament.

Next Meeting: A provisional date was set for the next meeting on Wednesday 13th November from 2 till 4pm. Kate will confirm the venue in Bught nearer the time and Marion will circulate information to the network.