



Minutes

Fort William and Lochaber Intergenerational Network Meeting,

Tuesday 15th October 2013

An Drochaid, Fort William

Apologies: Catriona Nicholson, Ian Fraser, Debbie Gibb, Jo Cowan

In Attendance: Ann Marie Donnague, Margaret Boyd, Allison Wright and Marion Smith.

Marion welcomed all to the meeting and asked everyone to introduce themselves, she then gave the GWT update:

GWT Update:

- **Education resource pack** – case studies and booklet now written up and in final stages. Should be ready to go to edit very shortly. Pack will be launched at the Scottish Learning Festival (25th & 26th September). Alison is meeting Education Scotland and Youth Scotland to discuss the possibility of jointly producing an awards supplement for older people which will complement Amazing Things (awards for young people – copies available from www.generationsworkingtogether.org)
- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** also making good progress should be launched October time
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information on future courses are available on the website.
- **Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy**

Context – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

- **Photo & video competition** – deadline Friday 27th September 2013 – online application form now available on website
- **GWT annual conference** – The GWT team are starting to plan next years annual conference scheduled to take place in March 2014. A survey monkey questionnaire has been sent to members asking for their comments on city, venue, workshops and speakers etc. If you haven't already completed the questionnaire please do. Ideas and suggestions will be very welcome. We hope to confirm city, venue and date next month.
- **A showcase event** is being planned for the Highland & Island networks in Inverness on Tuesday 29th April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact alison@generationsworkingtogether.org

<http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>

- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at

<http://generationsworkingtogether.org/networks/case-studies/>

- **Luminate** takes place across Scotland and features creative activities with, by and for older people, as well as events for audiences and participants across the generations, and intergenerational projects.

The festival takes place from 1-31 October <http://www.luminatescotland.org/luminate-application>

Alison would like to hear from anyone who is planning to be involved in the festival showcasing their intergenerational work.

- **Older people's day** – www.olderpeoplesday.co.uk

The aim of the above website is to celebrate the achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes. If you are celebrating older people's day please consider sending an article to the website and also to Betty for the GWT website and Facebook page.

Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund
- **Heritage Lottery Fund Scotland** will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded <http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

Other IG opportunities

- **Go for Gold**

The Go for Gold Challenge was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games and the World Congress on Active Ageing in Glasgow, both staged in the summer of 2012 and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events.

The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.

- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Go for Gold in Scotland is supported by a stakeholder network group made up of interested and motivated people from different backgrounds and a strategic reference group which includes national organisations across Scotland.

Following discussions with the 2014 Commonwealth Games Legacy Planning Team, the Go For Gold Challenge will be included within the 2014 legacy planning.

In partnership with **Age Scotland to publish another round of walk in our shoes – act on our issues.**

The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.

Local Project Updates:

Ann Marie Works with Adult Basic Education (ABE), she is currently training ABE tutors, the course, which is SQA accredited it is a PDA in Supporting Adult Literacies and the current course will shortly be coming to an end. It has been decided that tutors will not need PVG. Ann Marie also goes to the Victoria Court Care Home and reads to the residents, this prompts discussion around memories. She is also planning an Intergenerational Pen-pal Project, young people from the High School write to the older people who then reply, letters are checked and hand delivered so that no addresses are needed, letters will be themed. ESOL (English as a second or other language) classes are starting for younger people in the New Year, 16 year olds will attend with a parent or guardian, they will also offer English through cooking at the High School. She is also currently working with the Work clubs in Kinlochleven and Fort William.

Allie is currently working with, Lochaber Hope, ([W@W](#)) [Women@Work](#) and WEA (Workers Education Association), she is the Volunteers Administrator for Lochaber Hope, overseeing the Counsellors and Mentors. The [W@W](#) work involves 80 hours per year, WEA offer a variety of courses including, Options and Choices, Creative Writing, Illuminating Letters and Mapping Memorials. Working Links gives assistance towards work and confidence building.

Margaret explained that she is taking on Marion's work at VAL for 3 and a half days a week, she started on 14th October, Marion will be seconded to the Highland Third Sector Partnership as a Community Networker, working on the Reshaping Care for Older People agenda. As part of her work, Margaret will take on the role of GWT Network Co-ordinator for Lochaber. Margaret also updated on Room 13 International who now have an office in the HUB. Margaret also talked about an idea which involves using one of the empty shops on the High Street for enterprise training

Next Meeting: will be in the New Year, Marion will contact the group later in the year to confirm.