



# Generations Working Together

## Angus Local Network Meeting

Wednesday 27 Nov 2013

Voluntary Action Angus

Forfar

**Attending:** Laura Gallon, NHS Tayside; Margo Sinclair Angus CHIP; Ian Campbell, Police Scotland; Heidi Cathro, NHS; Kathleen Shepherd, Angus Council; Lynne Orrock, Voluntary Action Angus; Lesley Higgins, Angus Council

**Apologies:** Bernie Dawkes, Alzhiemers Scotland

1. Yvonne Coull welcomed everyone and thanked Voluntary Action Angus for the lovely lunch. There were round table introductions. Then Yvonne introduced the Guidelines: Bringing together local authorities and intergenerational practice in a Scottish policy context. (Available to download <http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context> ). The group then undertook an exercise looking at a fictional IG project and aligning them with their choice of Scottish Government Objectives using the booklet. There was discussion around the answers each group provided and the usefulness of the booklet for writing proposals and justifying IG practice as well as finding out about outcomes for differing groups.
2. Laura Gallon then outlined the Angus Go for Gold initiative (see Go for Gold for more information <http://www.active-ageing-events.org.uk/home/index.html> ). Laura explained how the project had snowballed from the original idea and that all care homes had been involved plus a number of schools. Each had done their own practicing before the 'games' and a team selected to represent the school/care home. Names were picked and banners made and all arrived in a central sports hall to take part on the day of the event. A great time was had by all and this was demonstrated by all the merry faces in the DVD Laura showed the group. Activities were many and included throwing a beanbag in a bucket (the children moved the bucket to catch the older person's bean bag!) wool winding, football kicking and much more. The teams were very competitive! (We hope to have the video on the GWT Facebook page, permissions are being sought.)
3. Lynne Orrock explained the work of Voluntary Action Angus and their role and facilities in Angus, Arbroath and the surrounding areas. They undertake volunteer recruitment, management, awards, help with running organisations and funding, payroll services, PVG checks and lots more. Yvonne welcomed Lynne as the new coordinator for the Angus GWT network.
4. There was a round table discussion about the local network which is quite new. Yvonne and Lynne will make plans for the new year and it is hoped to hold three or four meetings depending upon the needs of the network.
5. Yvonne then went through the Update which is noted below.

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- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** also making good progress, should be launched at the GWT conference in the new year.
  - **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information on future courses are available on the website: Borders: Hamilton; Balloch and Elgin dates available.  
<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups. <http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>
- **GWT annual conference** – Next years annual conference scheduled to take place on Wednesday 19th March 2014, 10:00am - 4:00pm at Macrobert Arts Centre, University of Stirling, Stirling, FK9 4LA. <http://generationsworkingtogether.org/events-training/gwt-national-conference-2014-19-03-2014>
- **A showcase event is** being planned for the Highland & Island networks in Inverness on Tuesday 29<sup>th</sup> April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact [alison@generationsworkingtogether.org](mailto:alison@generationsworkingtogether.org) <http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>
- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at <http://generationsworkingtogether.org/networks/case-studies/>

## Other info

### Education resource pack

- The GWT Education resource pack is published and was launched at the Scottish Learning Festival in September. The teachers' seminar is being trialed in three areas Shetland, Edinburgh and Perth & Kinross.

### • ARE YOU ONE OF THE MANY OLDER PEOPLE PAYING TOO MUCH TAX?

Are you possibly one of the many older people paying too much tax but are unsure what to do? - Don't worry, as the charity **Tax Help for Older People (Tax Help)** who specialise in providing **free tax advice** to individuals aged 60 and over whose household income including that of a partner is 17,000 or less after tax can provide whatever help or guidance you require. To decide whether or not you need their help please consider the following questions to test how much you know about tax:

1. What does a K Code mean?
2. What is a dividend credit?
3. What are your personal allowances at aged 67?
4. Can you get interest paid gross on a joint interest account?
5. What is an allowance restriction?
6. How is your state pension taxed?
7. How do you claim a refund?
8. Can you transfer allowances to a spouse?
9. What are the different rates of tax?
10. Should you be completing a self-assessment form?

If you achieved 10 out of 10 then you have no problems. However 9 or under then why not **phone Tax Help for Older People on their low call number 0845 601 3321 or 01308 488066 and ask for a call back** for a tax health check to ensure peace of mind or to sort out a tax problem, have your PAYE coding checked, or get help with form filling, reclaiming an overpayment of tax or replying to a letter from the tax office. You can also visit their **website on [www.taxvol.org.uk](http://www.taxvol.org.uk)**

## Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years.  
<http://www.biglotteryfund.org.uk/youngstartfund>
  - **Heritage Lottery Fund**  
Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...  
<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>
  - **Climate Challenge Fund**  
There is funding for garden projects through this funding and they are interested in hearing from those involved in IG practice.  
<http://www.keepsotlandbeautiful.org/sustainability-climate-change/climate-challenge-fund>
- Other IG opportunities**
- **Go for Gold Challenge**  
<http://www.scottishcare.org/news/go-for-gold-challenge-newsletter/>
  - **Walk in our shoes** – act on our issues is an activity that community groups and different generations can do together to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.  
<http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>