



# Generations Working Together

## Dundee Local Network Meeting

Tuesday 3 Dec 2013

## Scottish Fire & Rescue

**Attending:** Lara Allan, Caledonian Housing Association; Anne McKinney, Longhaugh Primary School and four pupils; Cameron McRae, Scottish Fire & Rescue; Kevin Philip, Scottish Fire & Rescue; Laura McDermott, Dundee City Council; Anne Leslie, Volunteer Centre Dundee; Philippa Lyttle, Volunteer Centre Dundee; Cheryl Banks, Balhousie Care Group; Graeme Duncan, Leisure & Culture Dundee; Nadia Sutherland, Alzheimer Scotland; Shaista Ali, Change Makers; Anne Barrowman, SFTA.

**Apologies:** Susan Gunn, Celebrate Age Network; Tracie MacMillan, Finmill Centre & Whitfield Community Centre; Dee Mcintosh, Helm; Emma Jacques, Local Network Coordinator.

1. Yvonne Coull welcomed everyone and there were round table introductions. Yvonne indicated that the school were coming later in the morning so it was not possible to follow the agenda. Yvonne started with an introduction to the GWT Education Resource pack. There are three elements to this pack, the education booklet, 12 exemplar case studies on the web the the Awards booklet as produced by Youth Link Scotland. Yvonne explained the history and development of the pack and in the main it is designed for those working in the field of education, but it is also a useful tool for those who want to commence IG practice with schools. Yvonne detailed out some sections of the booklet and then the group looked at the two case studies in the booklet and those online. Then there was a review of the Awards booklet. As this booklet is prepared by Youth Link Scotland GWT had decided to undertake a collection of Awards that may be suitable for adults and older adults. The Discovery Award was mentioned and the Volunteer Centre know of another one and will email details to Yvonne.
2. Ann McKinney and her four lovely pupils arrived from the school. Anne explained that contact had been made by Caledonian Housing as residents and tenants were experiencing problems with local youths and it was felt that some interaction would be beneficial to both groups. It was decided to start a community garden in one of the residences where older people could grow things and the younger people could help. Helm Training also assisted with older youths who helped with some of the heavier aspects of work and Helm assisted with the design of the garden. The children talked of some of the activities in the garden and the teacher talked of the place within Curriculum for Excellence. Other work with the school and the care homes/tenants was also discussed and Anne Barrowman explained the difference this has made to the lives of the tenants as they now know the children and are not afraid to approach them. Many community benefits were seen and are too numerous to mention here. The children talked beautifully and explained the difference this project had made to their lives and the lives of those they worked with and visited. Funding had been gained from a number of sources including the Lottery. This is the fourth year of the project and it is ongoing.
3. Yvonne Coull then provided the following update from GWT below.
4. At the end of the meeting Yvonne asked those attending for ideas and themes for next year. Dates will be provided in the new year. There was considerable networking and discussion between all at the end of this successful meeting.

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- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** also making good progress, should be launched at the GWT conference in the new year.
  - **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further

information on future courses are available on the website: Borders: Hamilton; Balloch and Elgin dates available.

<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups. <http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>
- **GWT annual conference** – Next years annual conference scheduled to take place on Wednesday 19th March 2014, 10:00am - 4:00pm at MacRobert Arts Centre, University of Stirling, Stirling, FK9 4LA. <http://generationsworkingtogether.org/events-training/gwt-national-conference-2014-19-03-2014>
- **A showcase event is** being planned for the Highland & Island networks in Inverness on Tuesday 29<sup>th</sup> April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact [alison@generationsworkingtogether.org](mailto:alison@generationsworkingtogether.org) <http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>
- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at <http://generationsworkingtogether.org/networks/case-studies/>

## Other info

### Education resource pack

- The GWT Education resource pack is published and was launched at the Scottish Learning Festival in September. The teachers' seminar is being trialed in three areas Shetland, Edinburgh and Perth & Kinross.

- **ARE YOU ONE OF THE MANY OLDER PEOPLE PAYING TOO MUCH TAX?**

Are you possibly one of the many older people paying too much tax but are unsure what to do? - Don't worry, as the charity **Tax Help for Older People (Tax Help)** who specialise in providing **free tax advice** to individuals aged 60 and over whose household income including that of a partner is 17,000 or less after tax can provide whatever help or guidance you require. To decide whether or not you need their help please consider the following questions to test how much you know about tax:

1. What does a K Code mean?
2. What is a dividend credit?
3. What are your personal allowances at aged 67?
4. Can you get interest paid gross on a joint interest account?
5. What is an allowance restriction?
6. How is your state pension taxed?
7. How do you claim a refund?

8. Can you transfer allowances to a spouse?
9. What are the different rates of tax?
10. Should you be completing a self-assessment form?

If you achieved 10 out of 10 then you have no problems. However 9 or under then why not **phone Tax Help for Older People on their low call number 0845 601 3321 or 01308 488066 and ask for a call back** for a tax health check to ensure peace of mind or to sort out a tax problem, have your PAYE coding checked, or get help with form filling, reclaiming an overpayment of tax or replying to a letter from the tax office. You can also visit their **website on [www.taxvol.org.uk](http://www.taxvol.org.uk)**

### Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years.  
<http://www.biglotteryfund.org.uk/youngstartfund>
  - **Heritage Lottery Fund**  
Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...  
<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>
  - **Climate Challenge Fund**  
There is funding for garden projects through this funding and they are interested in hearing from those involved in IG practice.  
<http://www.keepsotlandbeautiful.org/sustainability-climate-change/climate-challenge-fund>
- Other IG opportunities**
- **Go for Gold Challenge**  
<http://www.scottishcare.org/news/go-for-gold-challenge-newsletter/>
  - **Walk in our shoes** – act on our issues is an activity that community groups and different generations can do together to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.  
<http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>