

Men's sheds: The Big Picture and the Scottish context

Professor Barry Golding, Patron, Australian Men's Sheds Association



Friday 21 Feb 2014, 4.00-5.30pm

*University of Strathclyde, Centre for Lifelong Learning,
Conference Room GH742, 7th Floor,
Graham Hills Building, 40 George St, Glasgow, G1 1QE*

Organised by the UK Men's Sheds Association

A warm welcome to a presentation for those interested in men's sheds in Scotland.

This session aims to inform and informally connect people in Scotland from diverse backgrounds who are interested developing and expanding Men's Sheds. Barry Golding will cover the history, development and global spread of men's sheds, and identify innovations, principles, emerging issues and potential of men's sheds in Scotland based on recent research evidence.

The session follows on from the 2.00pm launch (in the same venue) of the book *Men learning through life*, published by NIACE and edited by Barry Golding, Dr Rob Mark (from University of Strathclyde) and Dr Annette Foley, which you are also separately warmly invited to attend: if you are coming also to the launch, please RSVP to janice.macwhirther@strath.ac.uk

Professor Barry Golding

Barry Golding is a Patron of the Australian Men's Sheds Association and widely published international research Professor in the field of men's learning and wellbeing at Federation University in Ballarat, Victoria, Australia. In 2012 Barry received the Australian Men's Sheds Association 'Ted Donnelly Award' for his Outstanding Contribution to the Shed Movement.

Background to men's sheds in Glasgow and Scotland

In recent years men's sheds on the Australian model have spread into Scotland, first in Aberdeen, and there are now around 15 Scottish sheds either open or in the planning stages.

Please forward this information and invitation to others who may be interested.

**If you or others are coming to the 4pm Men's Shed session, please
RSVP to William Whitelaw, event coordinator, UK Men's Sheds
Association
mensshedssteeringgroup@gmail.com**

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Barry notes that men in the city of Glasgow have the lowest life expectancy in the UK, with men living to an average age of 71 and women to 78 (2010 data), and for some Glasgow suburbs even lower (compared to 78 and 82 for the whole of UK). As in Australia, there would appear to be a strong case in Scotland for grassroots action to address the social determinants affecting men's health. The great thing about men's sheds is that they tend to spring up where the community and men recognise they are most needed



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