



Meeting Report: Inverness, Black Isle, Loch Ness and Nairn
Wednesday 13th November 2013
Venue: Bugt Centre, 100 Torvean Avenue, Inverness

Apologies: Roxana Meechan, Julie Simmons, Jaci Douglas, Wanda MacKay, Ro Pengelly, Shona MacDonald

In Attendance: Kate MacLean, Mary Rhind, Anna Paul, Elsie Normington, Sheena Patterson, Janet Henderson and Marion Smith.

Marion welcomed all to the meeting and asked everyone to introduce themselves, she then gave the GWT update:

GWT Update:

- **Education resource pack** – case studies and booklet now published and launched at the Scottish Learning Festival (25th & 26th September). Alison is meeting Education Scotland and Youth Scotland to discuss the possibility of jointly producing an awards supplement for older people which will complement Amazing Things (awards for young people – copies available from www.generationsworkingtogether.org)
- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** also making good progress.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information on future courses are available on the website.
- **Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy**

Context – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT would like to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

- **Photo & video competition** – deadline was extended, waiting to hear results.
- **GWT annual conference** – The GWT team are starting to plan next years annual conference scheduled to take place in March 2014. A survey monkey questionnaire has been sent to members asking for their comments on city, venue, workshops and speakers etc. If you haven't already completed the questionnaire please do. Ideas and suggestions will be very welcome. We hope to confirm city, venue and date next month.
- **A showcase event** is being planned for the Highland & Island networks in Inverness on Tuesday 29th April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact alison@generationsworkingtogether.org
<http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>
- **Case studies** – 12 new case studies from across Scotland can now be viewed on our website at
<http://generationsworkingtogether.org/networks/case-studies/>

Funding info

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund
- **Heritage Lottery Fund**

Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start-up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

Other IG opportunities

- **Go for Gold**

The Go for Gold Challenge was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games and the World Congress on Active Ageing in Glasgow, both staged in the summer of 2012 and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events.

The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Go for Gold in Scotland is supported by a stakeholder network group made up of interested and motivated people from different backgrounds and a strategic reference group which includes national organisations across Scotland.

Following discussions with the 2014 Commonwealth Games Legacy Planning Team, the Go For Gold Challenge will be included within the 2014 legacy planning.

In partnership with **Age Scotland to publish another round of walk in our shoes – act on our issues.**

The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.

Local Project Updates:

Kate is the Community Development Officer for Services for Older People formerly employed by Highland Council but transferred to the NHS. Working from home, she works on engagement in communities., and is also the GWT Network Co-ordinator for Inverness, Black Isle, Loch Ness and Nairn. Projects include, Golden Gadgets, budgets for Adult Learners, Nairn Allotments Society, Justice Highland Facilitation Team and Highland Wildlife Park. Kate also informed the group about 'Citizens on Line' and Men's Sheds in Ardersier and Beaully.

Elsie is the Development Officer for Merkinch, based in the Merkinch Community Centre, she is currently working on several intergenerational projects in conjunction with Inverness High School, including Golden Gadgets, Golden Times and Golden Stories.

Sheena and **Janet** both work for High Life Highland in Fortrose Library which is attached to the Community School. They have been involved in a number of projects including 'Get to know your

Techno', Scottish Book Week, Blether about Books and disability awareness for young people, this is youth worker led and involves young people doing tasks with disabilities and writing up the findings.

Anna is a Physiotherapist at New Craigs, she is working on Dementia Awareness project involving young people, the project runs from 2013 to 2016 and is part of the national roll-out of the National Dementia Strategy. The project works with early to moderate dementia sufferers and young carers and friends using plays and role-play.

Mary works for Adult Learning and Literacy, she updated on the work being done to integrate adult learning and literacy with activity including games for libraries, technologies e.g. Wii games and a project call 'Read to Lead'.

Next Meeting: No date was set at the meeting, however the next meeting will be held at the Spectrum Centre, Inverness on **Wednesday 5th March from 2.30 to 4.30pm.**