

**PERTH & KINROSS  
LOCAL  
NETWORK MEETING**



**Generations  
Working  
Together**

**29 Jan 2014**

**Balhousesie Care, Perth**

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**Attending:** Cheryl Banks, Denise Fagg, Helen Norrie, Nisha Soman, Fiona Lucraft, Diane Halley, Joyce Chalmers, Wikbria Derwent-Indewsce, Balhousesie Care; Judith Barrow, P&K Council; Lynn Crow, NHS Tayside; Shona Fowler, Robin Falconer, PKAVS; Shaun Bartlett, PKC Youth Services; Vivienne Richard, The Community School of Auchterarder; Jackie Doe, Perth & Kinross CHP; Lesley Robinson, Perth Sorooptimists, Carole Anderson, Age Scotland, Jenny Sorrie, Kinnoull Primary School.

**Apologies:** Caroline Mackay, Balhousesie Care; Lisa Gray P7K Libraries.

1. Yvonne welcomed everyone to the meeting and thanked Balhousesie Care for hosting the meeting. It was great to see such a large turnout! Yvonne introduced the organisation Generations Working Together and explained the format for the meeting. She then briefly outlined the definition of IG practice used by GWT. (<http://generationsworkingtogether.org/about/intergenerational-practice/>)
2. Judy Barrow. Judy explained that she wore a number of hats, one of which was a long association with Tourettes Scotland where she had been a volunteer, then worked for them and was now a volunteer again. Judy began by talking about Tourettes in general, what the syndrome was, what a tic was, how it might manifest itself, at what age and how it might be controlled. (Please see separate PowerPoint presentation under meeting note). Judy used the PowerPoint as a guide and there was much discussion around the table including people's personal experience. Judy then explained the project for which GWT had provided funding (in the early days). Please go to the following link below to read the case study on the GWT web site:

<http://generationsworkingtogether.org/networks/case-studies/tourette-scotland-bridge-project>

Judy then explained that this project was still ongoing (see separate note under meeting note). She was always looking for places to place either a younger or older person with Tourettes where each could learn from each other and perhaps a care home might be one place, but others were discussed. It was also noted by Judy the benefit of each generation, of those with Tourettes Syndrome, in coming together to share in experiences and that much had changed in treatment and the lives of those with Tourettes over the years. She also noted that there was much misinformation on Tourettes and that the charity worked mainly in schools to try and create awareness and knowledge.

Judy's paid job is Community Capacity Building with Perth & Kinross Council and Judy went on to explain her role and the type of activity that she undertakes with groups. (See attached sheet on network page.) She is keen to thread intergenerational practice throughout all her work. She provided information on a local funding newsletter and Yvonne Coull said she would put this onto the network page.

3. Yvonne Coull then outlined the new education resources which were developed by GWT . These can be found at the following link:

<http://generationsworkingtogether.org/resources/education-resource-pack/>

The resources were developed as a result of input from a large team of educationalists covering all areas of education, from schools to colleges, universities, NHS Education and Education Scotland. There is a written resource for teachers and educational case studies to go along with this. There is a Guide called Amazing Things from Youth Scotland on awards which young people can receive. GWT has begun the collection of awards for adults and the first brochure is also available from the above link. Yvonne asked that if anyone knew of any other awards to please let her know so that this list could be expanded.

Yvonne noted that this area of work was of great importance to Perth & Kinross and the Head of Education had asked each school (primary and secondary) to include intergenerational practice in the Curriculum for Excellence. Two things were happening, the first of which was that Perth & Kinross had been chosen to trial a seminar for teachers based on the Train the Trainers materials and this is happening at the beginning of March. The second being that Alison Clyde was presenting the work of GWT at the Head and Depute Heads conferences in P&K therefore, members of the network may get schools contacting them requesting that they undertake IG work. See below for link to new resources.

Yvonne then outlined the information from GWT which would be of general interest:

- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** also making good progress, it will be launched at the conference 2014.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information on future courses are available on the website: Edinburgh (limited places), Borders: Hamilton; Balloch and Elgin dates available.  
<http://generationsworkingtogether.org/events-training/training>
- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – Please remember to promote these within your local authority and let us know of their use if you hear of anything interesting.  
<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>
- **GWT annual conference** – Next years annual conference scheduled to take place on Wednesday 19th March 2014, 10:00am - 4:00pm at Macrobert Arts Centre, University of Stirling, Stirling, FK9 4LA. Synopsis of workshops and seminars is now available.  
<http://generationsworkingtogether.org/events-training/gwt-national-conference-2014-19-03-2014>
- **A showcase event** is being planned for the Highland & Island networks in Inverness on Tuesday 29<sup>th</sup> April marking European day of Solidarity between Generations. The GWT team are looking to collate ideas/suggestions and projects to showcase on the day. For further information contact [alison@generationsworkingtogether.org](mailto:alison@generationsworkingtogether.org)  
<http://www.age-platform.eu/age-policy-work/solidarity-between-generations/campaign>

## Other Info

### Education resource pack

- The GWT Education resource pack is published and was launched at the Scottish Learning Festival in September. The teachers seminar is being trialed in three areas Shetland (completed), Edinburgh and Perth & Kinross (in March). A new resource which is a supplement to Amazing things – the youth awards – has been produced by GWT and is available online at:

<http://generationsworkingtogether.org/resources/amazing-things-supplement-a-guide-to-awards-for-adults-in-scotland>

### **European map of Intergenerational Learning**

- In 2013 EMIL launched an Annual Awards programme for its membership with the aim of highlighting and showcasing existing examples throughout Europe where intergenerational work adds value. Through a nomination process, award winners in each of the following themes have demonstrated they have developed innovative and sustainable projects that have made a real impact:

Housing/Environment  
Culture and the Arts  
Workplace/Working environment  
Communities  
'Other'

For further information go to: <http://www.emil-network.eu/about/emil-awards>

- **Are you one of the many older people paying too much tax?**  
Are you possibly one of the many older people paying too much tax but are unsure what to do? - Don't worry, as the charity **Tax Help for Older People (Tax Help)** who specialise in providing **free tax advice** to individuals aged 60 and over whose household income including that of a partner is 17,000 or less after tax can provide whatever help or guidance you require. Why not **phone Tax Help for Older People on their low call number 0845 601 3321 or 01308 488066 and ask for a call back** for a tax health check to ensure peace of mind or to sort out a tax problem, have your PAYE coding checked, or get help with form filling, reclaiming an overpayment of tax or replying to a letter from the tax office. You can also visit their **website on [www.taxvol.org.uk](http://www.taxvol.org.uk)**

### **The Scottish Education Awards**

- The Scottish Education Awards celebrate the hard work and success which takes place in Scottish education. They recognise the achievements of people who dedicate their lives to children and young people and showcase the valuable work and innovation in Scottish classrooms.

Nominations for this year's awards are now open.

<http://www.scottisheducationawards.org.uk/nominate/categories/index.asp>

### **Funding info**

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years.  
<http://www.biglotteryfund.org.uk/youngstartfund>
- **Heritage Lottery Fund**  
Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...  
<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

- **Climate Challenge Fund**

There is funding for garden projects through this funding and they are interested in hearing from those involved in IG practice. Substantial funding available for 2015. 2013 and 2014 funding close to full allocation.

<http://www.keepsotlandbeautiful.org/sustainability-climate-change/climate-challenge-fund>

#### **Other IG opportunities**

- **Go for Gold Challenge**

New newsletter available on the SCSWIS web site.

[http://www.scswis.com/index.php?option=com\\_content&view=category&layout=blog&id=283&Itemid=695&limitstart=10](http://www.scswis.com/index.php?option=com_content&view=category&layout=blog&id=283&Itemid=695&limitstart=10)

- **Walk in our shoes** – act on our issues is an activity that community groups and different generations can do together to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.

<http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>

#### **And Finally .....**

The following round table points were presented by members of the network:

Joseph Rowntree Foundation research - A Better Life: <http://www.jrf.org.uk/topic/betterlife>

Dementia Engagement and Empowerment Project have launched a variety of guides which members may find useful; <http://dementiavoices.org.uk/resources/deep-guides/>