Meeting Wester Ross Network

Date: Wednesday 18th December 2013
Venue: Strathpeffer Community Centre, Strathpeffer, Ross-shire, IV14 9AG

**Apologies:**
Yvonne Boa, Dr Karen Thompson, Fiona Downie, Diana Wortham

**In Attendance:**
Hazel Allen, Kate MacLean, Tracey Shaw, Marion Smith

Marion welcomed all to the meeting and gave the GWT update:

**GWT Update:**

The GWT National Conference 2014 will be held on the **19th March 2014**, 10:00am–4:00pm at the Macrobert Arts Centre, University of Stirling, Stirling, FK9 4LA. The programme will be announced in January 2014. Book in at: [http://generationsworkingtogether.org/events-training/national-conference-2014-19-03-2014](http://generationsworkingtogether.org/events-training/national-conference-2014-19-03-2014)

**GWT Showcase Event – Inverness** - is planned for the **29th of April 2014**, to celebrate the European Day of Solidarity between Generations, members are asked to let Marion know of any projects that they would like to showcase at the event, venue to be confirmed.

**Intergenerational Training – Training the Trainers** courses have been organised for a number of areas– keep an eye on website for further details. This course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Book online on the website, [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org)

**Education resource pack** – case studies and booklet now published and launched at the Scottish Learning Festival (25th & 26th September). Alison is meeting Education Scotland and Youth Scotland to discuss the possibility of jointly producing an awards supplement for older people which will complement Amazing Things (awards for young people – copies available from [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org))

**Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document? GWT want to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

**Working in partnership with Age Scotland to publish another round of walk in our shoes – act on our issues.** The pack is part of Age Scotland’s campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops. For further information, check out the Age Scotland website [http://www.ageuk.org.uk/scotland/](http://www.ageuk.org.uk/scotland/)

**Funding updates:**

**Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. [www.biglotteryfund.org.uk/youngstartfund](http://www.biglotteryfund.org.uk/youngstartfund)
Heritage Lottery Fund

Heritage Lottery Fund Scotland will fund intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start-up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...

http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy

Go for Gold

The Go for Gold Challenge was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games and the World Congress on Active Ageing in Glasgow, both staged in the summer of 2012 and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events. The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Go for Gold in Scotland is supported by a stakeholder network group made up of interested and motivated people from different backgrounds and a strategic reference group which includes national organisations across Scotland. Following discussions with the 2014 Commonwealth Games Legacy Planning Team, the Go For Gold Challenge will be included within the 2014 legacy planning.

Local Project Updates:

Hazel updated on the progress being made regarding the community garden project that is being considered at Dingwall School, this has potential for Intergenerational benefit.

Kate updated on the projects that she is currently working with i.e. Golden Gadgets, budgets for Adult Learners, Nairn Allotments Society, Justice Highland Facilitation Team and Highland Wildlife Park. Kate also informed the group about 'Citizens on Line' and Men's Sheds in Ardersier and Beauly.

Tracy is the newly appointed RCOP Highland Community Networker for the Mid Ross area, she works part-time and the work involves the Reshaping Care for Older People agenda. Tracy is one of 11 Networkers working across the Highland area.

Date of next meeting

Discussion was held over the venue for the next meeting, it was agreed that Ullapool or Gairloch might be more accessible for those in the Wester Ross area. Marion to look into this.