

Meeting Report Fort William Intergenerational Network Meeting



Generations Working Together

Date: Wednesday 5th February 2014

Venue: An Drochaid, Fort William PH33 6PH

Apologies: Anne Marie Donnoghue

In Attendance: Ilona Munroe, Alison Wright, Margaret Boyd, Catriona Nicholson, Hugh Wright, Julie Wiseman and Marion Smith.

Marion welcomed all to the meeting and asked everyone to introduce themselves, Marion gave a short presentation and took questions about her new role as Community Networker for RCOP Highland explaining that there was funding available for groups doing intergenerational practice providing that at least 50% of beneficiaries are over 65. She then gave the GWT update:

GWT Update:

[The GWT National Conference 2014 will be held on the 19th March 2014](#), 10:00am–4:00pm, in the MacRobert Arts Centre, University of Stirling, FK9 4LA. T

GWT Showcase Event – Inverness - is planned for the **29th of April 2014**, to celebrate the European Day of Solidarity between Generations, members are asked to let Marion know of any projects they would like to showcase at the event, venue to be confirmed.

Intergenerational Training – Training the Trainers courses have been organised for a number of areas– keep an eye on website for further details. This course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Book online on the website, www.generationsworkingtogether.org .

Education resource pack – case studies and booklet now published, was launched at the Scottish Learning Festival in September 2013. Alison is meeting Education Scotland and Youth Scotland to discuss the possibility of jointly producing an awards supplement for older people which will complement Amazing Things (awards for young people – copies available from www.generationsworkingtogether.org)

Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy Context – How can GWT encourage your Council to become interested in IG work and adopt the Guidelines document? GWT want to work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

Working in partnership with Age Scotland to publish another round of walk in our shoes – act on our issues. The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops. For further information, check out the Age Scotland website <http://www.ageuk.org.uk/scotland/>

Funding updates:

Young Start Funding from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. www.biglotteryfund.org.uk/youngstartfund

Heritage Lottery Fund

Heritage Lottery Fund Scotland will fund intergenerational work and will consider applications from areas

other than the priority areas mentioned on their website. Groups planning to apply for funding, including start-up funding, should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...

<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

Go for Gold

The Go for Gold Challenge was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games and the World Congress on Active Ageing in Glasgow, both staged in the summer of 2012 and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events. The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Go for Gold in Scotland is supported by a stakeholder network group made up of interested and motivated people from different backgrounds and a strategic reference group which includes national organisations across Scotland.

Local Project Updates:

Ilona updated the group on her Dramafish Project, this is a not for profit organisation, based in Kinlochleven but offering drama to the Lochaber community. Dramafish also hires out costumes and props. She is also running the Ardnamurchan Lighthouse project, working intergenerationally with 12 people ages 4 to late 50s. Through Event Scotland, Ilona is also working on a 'glow in the dark' Burns project and running a drama class on Monday nights.

Alison works for Lochaber Hope, overseeing volunteers and working with clients, and she is also a Mentor and Counsellor. Her other role is Co-ordinator for [Women@Work](#), in this role she is organising events for women, including a crafts afternoon in the HUB on 7th March and a series of talks throughout March aimed at women.

Hugh is a newly appointed Community Health Co-ordinator, this is one of four permanent NHS funded posts across Highland and is aimed at tackling health inequalities. He is based in An Drochaid and works full-time. He has plans for an Elite Gym programme working with young people, young offenders and retired schoolteachers, offering homework support and exam support, combining fitness and maths.

Margaret has taken on Marion's former role as Community Development Officer at Voluntary Action Lochaber. Margaret works with Third Sector organisations throughout Lochaber. She is currently working on a plan to take on a High Street shop to showcase the work of the Sector working in partnership with other organisations. She updated the group on an event called Spring into Action to be held in Kinlochleven on 22nd March. Margaret is also working with Village Halls on the Keystone quality standard and organising training courses with support from High Life Highland.

Catriona works at Invernevis House and is involved in a project developing a Sensory Garden, the plans have now been approved and she is looking at support available from Alzheimer Scotland, the Beechgrove Garden, Nevisbank Nursery, Criminal Justice and young people doing the Duke of Edinburgh Award.

Julie is the Service manager for RVS (Royal Voluntary Service) in Lochaber, the project called the Good Neighbour Scheme, involves supporting older people in their own homes.

Next Meeting: A date was not set for the next meeting; Marion will contact the group to arrange a date in May.