

Meeting Report - West Dunbartonshire Network

Date: 21st May 2014 Venue: Carrochan, Balloch



In attendance: Helen Goode (Loch Lomond & The Trossachs National Park (Tullochan)), Anne Clegg (West Dunbartonshire Council), Alex Wrens (WDC CHCP Sheltered Housing), Sharon Wallace-Cooper (Vale of Leven Academy), Sara Brown (Bellsmyre Development Trust), Jo Meiklejohn (West Dunbartonshire Early Intervention Council) & Alison Clyde (GWT)

Apologies: Cllr Kathy Ryall, Cllr Gail Casey, (West Dunbartonshire Council) Suzanne Greer (Community Planning), Liz Tuach (Community Planning) & Elizabeth Brown (Age Scotland)

GWT update:

- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training – Training the Trainers Course** held 20th Feb 2014 in Balloch. 10 in attendance 5 from WD, 3 from Argyll & Bute, 1 from Western isles & 1 from Perth & Kinross. Anne reported on how beneficial and enjoyable she had found the course.
Action: Alison to organise another training course for Sept/October time.
- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document?

An invitation to the network meeting had been sent to local councillors with two replies and requests for copies of the meeting report. Alison hopes to attract a few councillors to the next meeting. Copies of the guidelines were distributed with Anne hoping to pass copies to Cllrs Kathy Ryall and Gail Casey.

- The GWT Education resource pack is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>
A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.
- **European Map of Intergenerational Learning (EMIL)** - Annual Intergenerational Learning Awards report is now available to download online at: <http://www.emil-network.eu/about/emil-awards>
- **SCRAN** – www.scran.ac.uk - SCRAN is a resource that can be used for reminiscence work. The website contains over 360,000 images, videos and sounds from museums, galleries, archives and the media. These include sounds, still pictures, people (faces), places, maps, ariel photographs, events & artefacts. SCRAN covers many themes including the recent past, oral history, holidays, childhoods, community archives, schooldays, work (factories), leisure time, fashion, home, transport (places), family history and timeframes (WW1, 60's, 70's etc.). For more details contact helen.foster@rcahms.gov.uk

- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- **Care... about physical activity**
The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.
<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>
http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214
- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users.
www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx
- **Hot topics for IG work during 2014:**
Commonwealth Games – Go for Gold, Ryder Cup, World War 1 Centenary (Heritage Lottery Funding available) & 700th Celebration of Battle of Bannockburn

Intergenerational Approaches to improving Health and Wellbeing launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

Round the table

- Alison mentioned she had meet with the Adult Learning Partnership Group arranged by Suzanne Greer on 4th March 2014 (Attendance included Jane Logue (CLD), David Russell (Libraries), Sharon Bowers (West College Scotland), Suzanne Greer (WDC) & Ingram Wilson (CHCP)). Alison hopes information re network will be circulated further through the group.
- Alex Wrens – With 9 Sheltered Housing Complexes, we are looking to build relationships and become partners with a variety of organisations. Ideas we would like to pursue include, working with the schools to look at the old Singers factory, the shipyard and the post war years in Clydebank. The idea being the children could obtain the information from the sheltered housing tenants, produce a documentary, play or write an article. By doing some independent research and obtaining photos (SCRAN) the pupils would learn about local history and the tenants would be able to reminisce, enjoy the interaction with the pupils.

We are also interested in creating an individual music play list for tenants, again pupils could ask the tenants about their musical preference's, then try and obtain copies and create a play list or use spotify etc. May be possible for the old music to be given a face lift.

Intergenerational working in the gardens is also something we would like to explore. These are just a few of the ideas we have had. Always willing to listen to any ideas. I believe it would benefit everyone if we could encourage more community spirit. We are keen to try and put the complexes at the heart of the community. If anyone has any ideas, or just wants to explore the possibilities please send me an email at alex.wrens@west-dunbarton.gov.uk

Action: Alex agreed to write a case study on an existing IG project

- Since the emergence of Men's Sheds in 1996, the number of Sheds has grown year on year. The main aims of a Men's Sheds have also become much more varied since their foundation. There are now over almost 100 in Ireland, 50 in England and between 20-25 in Scotland.

Brian MacKay is setting up a men's shed in Helensburgh and Alison thinks there is someone working on developing on in Dumbarton however has no further information at this time. For more information contact Age Scotland Development Officer:

Charlie.murphy@agescotland.org.uk

- Dementia Friendly Communities project being developed in Faifley, Clydebank

Action: Alison to contact Fiona Kane (Alzheimer Scotland) and Serena Ross (CVS) for further information and to invite to our next meeting.

- Helen a new member of the network mentioned that there might be a couple of areas, which their project could look to develop some intergenerational work possibly with Alex.

Action: Anne to email Alison list of potential contacts to invite to join network including Y sort it – youth project & senior forum groups for Dumbarton/Vale of Leven and Clydebank

- Anne would like to encourage younger people to join local community councils, as the existing members are getting older. Alison mentioned that there was a network member on the East Dunbartonshire network who was looking to do the same thing. Anne will investigate and contact through her own list of contacts.
- Sharon Wallace-Cooper, Vale of Leven Academy is keen to hear from anyone who would like to work with the school on an intergenerational project at gw07wallacesharon@glow.sch.uk
- Sara reported that the new Bellsmyre Centre had opened in February. Sara is keen to look at creating an intergenerational project bringing older and younger people together as they use the same building however at separate times. They have community gardens, which she thought might have the potential of becoming an intergenerational project. Sara is going to speak with Martin Love. Sara was keen to hear from anyone on the issue regarding mobility as this was an area of concern within Bellsmyre.

Next meeting: Thursday 28th August 2014, 10:00am - 12:00pm at Bellsmyre Development Trust SCIO, The Cutty Sark Centre, 58 Howatshaws Road, Bellsmyre, Dumbarton, G82 3DR

Wednesday 19th November, 10-12noon, Young St Sheltered Housing Complex, 1 Young St, Clydebank, G81 3HP