

## Meeting Report – Forth Valley Network Meeting

Date: Wednesday 14<sup>th</sup> May 2014 Venue: Raploch Campus, Stirling

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**In attendance:** Jean Porter (St Mark's Parish Church), Carole Anderson (Age Scotland), Jessie-Anne Malcolm (NHS Forth Valley), Vanessa Paynton (macrobert Arts Centre), Lisa Sturrock (Graeme High School), Amy Copsey & Marie Urquhart (Raploch Community Partnership), Ann Roberts (Conscious Grandparenting), Natalie Brown (Stirling Council), Ruth Martin (Stirling Council), Florence Miller (Living it Up), Christine Webster (Ettrick Dochart Community Hall) & Alison Clyde (GWT)

**Apologies** – Fergus Wood, Anna Mayo, Calum Price, David Cairns, Christine Webster & Victoria Mcrae

### GWT update:

- Both conferences (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training** – Training materials being updated over the summer months. Further courses are being planned  
**Action:** Alison to organise a course for Forth Valley – Date Tuesday 16<sup>th</sup> September, 10am – 4pm, CVS Falkirk & District, Callendar Business Park, Falkirk. Further details on website.
- The GWT Education resource pack now available for download at the following link:  
<http://generationsworkingtogether.org/resources/education-resource-pack/>  
A new four hour training course is being developed and will be available after the summer. The pilots have finished and we hope to be able to offer local authorities an opportunity to plan a training course for staff within in-service training or as a twilight session.
- **SCRAN – [www.scran.ac.uk](http://www.scran.ac.uk)**  
SCRAN is a resource which can be used for reminiscence work. The website contains over 360,000 images, videos and sounds from museums, galleries, archives and the media. These include sounds, still pictures, people (faces), places, maps, ariel photographs, events & artefacts. SCRAN covers many themes including the recent past, oral history, holidays, childhoods, community archives, schooldays, work (factories), leisure time, fashion, home, transport (places), family history and timeframes (WW1, 60's, 70's etc.). For more details contact [helen.foster@rcahms.gov.uk](mailto:helen.foster@rcahms.gov.uk)
- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- **Care... about physical activity**  
The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.  
<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>  
[http://www.careinspectorate.com/index.php?option=com\\_content&view=article&id=8429&Itemid=100214](http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214)

## Round the Table

- Living it Up – Florence Millar (presentation attached) [florencemiller@nhs.net](mailto:florencemiller@nhs.net)
- 'Young Start project is going well at Raploch Community Partnership. We are currently delivering two intergenerational pieces of work. We have a Digital Youth Coach Project which involves working with a group of young people from Raploch, helping them developing their existing skills and knowledge around Social Media. This group of young people are coaching adults from the local and wider community who want to get to grips with social networking and other IT challenges. We are also running our 'Heids the gither' project. This project is bringing children, teenagers and adults together to explore and debate issues around the Independence Referendum. We will be holding a public event in Raploch School Campus on June 5th'
- Xskills project trade skills –  
**Action:** Alison to invite Xskills staff to our next meeting in Alloa
- Ann Roberts told us about a new initiative called Conscious Grandparenting (<http://www.consciousgrandparenting.com>) Ann would love to hear from people who are interested in enabling the flow of the wisdom of older people into being of service to other generations. She is also looking for help to take Conscious Grandparenting out into the world and seeking guidance on how to devise and implement a Social Media Strategy. Feel free to contact Ann on 07920 772701.
- Macrobert Arts Centre – Vanessa is fairly new in post, having joined the organisation in January 2014. Vanessa's role is to develop creative learning and engagement and she has a particular interest in broadening the range of individuals and communities that macrobert is able to work with. The macrobert is a fantastic facility and Vanessa is keen to support local groups to see it as a resource. She is also enthusiastic about supporting new creative voices and exploring how to engage with individuals and communities that currently face barriers to creative opportunities.
- National Care Home Day –takes place on 21<sup>st</sup> June 2014

### **Health resource** – Intergenerational Approaches to improving Health and Wellbeing

The aim of the paper is to raise awareness of how intergenerational approaches can contribute to improving health and wellbeing.

<http://generationsworkingtogether.org/resources/health-wellbeing/>

### **Next meeting:**

**Friday 27<sup>th</sup> August 2014**, 9.30am – 12noon, Clackmannanshire Third Sector Interface Limited, The HUB, Whins Road, Alloa, FK10 3TA

**Tuesday 3<sup>rd</sup> December 2014**, 9.30am – 12noon, Falkirk - Venue TBC