

Minutes of Wester Ross Network Meeting

Thursday 13<sup>rd</sup> June from 2 till 4pm

Ullapool Macphail Centre

**Apologies: Fiona Downie, Joanne MacPherson, Chris Brotherston, Joanna Wright, Viki Halcrow, Liz Butler, Effie MacLean**



**Generations  
Working  
Together**

**In Attendance: Yvonne Boa, Hazel Allen, Marney Dunningham, Marion Smith**

Marion welcomed all to the meeting and gave the GWT update:

**GWT Update:**

**GWT's new website** was launched end of Jan 2013 – please check out the network section your area at [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org)

Please offer members the opportunity to place details of their IG work on the local news section

**GWT continues to develop** the new local networks with another nine being created over the next couple of months giving a total of 29 local networks across Scotland – **Next local network meeting in Glasgow takes place on Monday 10th June 2013** at Scottish Youth Theatre, The Old Sheriff Court, 105 Brunswick Street, Glasgow, G1 1TF from 9.30am – 12noon

**GWT annual conference** went extremely well and evaluated very positively – all powerpoints and handouts now available to download from the website. Photos now up on our Facebook page at [www.facebook.com/GenerationsWorkingTogether](http://www.facebook.com/GenerationsWorkingTogether)

**Objective - Education** working group – progress going well - 4 sub groups – strategy, education, mapping case studies or marketing. 12- 15 case studies

A short life expert working group was brought together (50 members) consisting of a variety of partners (including Education Scotland) to help guide and support GWT to develop a strategic approach with the aim of raising awareness of the benefits of intergenerational work and how it fits with Curriculum for Excellence.

The group has meet twice and has tasked four sub groups (strategy, education resources, mapping & marketing) with the following tasks:

- A strategic document detailing GWT's education strategy
- A resources pack for teachers and practitioners and opportunities for professional development through training.
- Map 12 – 15 case studies

**To work with NHS Health Scotland** to encourage the use of IP in improving active aging, encouraging healthier lifestyles, supporting greater personal independence and, reducing social isolation of vulnerable groups and, in particular, the elderly.

A briefing paper (intergenerational approaches to health & well-being) is being written in partnership with Health Scotland which will highlight why people with a health remit should consider creating intergenerational opportunities within health. The paper has been drafted and we hope to have a final draft including 12-15 case studies by end of August 2013. Health Scotland will assist GWT in the dissemination of the paper.

IRSS (Institute for research and innovation in social services) has agreed to programme an Insights

booklet (4000 words) for Intergenerational Practice later in the year with GWT guiding IRSS on the direction of evidence.

The Scottish Co-Production network is keen to promote intergenerational work to their network members and we hope to include coproduction case studies.

(Co-production recognises that people have 'assets' such as knowledge, skills, characteristics, experience, friends, family, colleagues, and communities. These assets can be brought to bear to support their health and well-being. Co-production begins and ends with the person, placing them at the heart of any given service and involving them in it, from the creation and commissioning of that service through to its design and delivery, its assessment and sometimes, where appropriate, its end.)

**Intergenerational Training – Training the Trainers** courses organised for Fort William, Inverness & Shetland however more central venues will be confirmed later in the year – keep an eye on website for further details. This course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Book online on the website.

**Guidelines - Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document

To work with all Scottish Local Authorities to develop a framework for the effective use of intergenerational practice within Local Authority policies and procedures to the benefit of local communities and all age groups.

- Renfrewshire Council piloted Guidelines document – presented workshop at national conference
- Shetland Guidelines event held 23rd April – feedback on separate sheet
- Meeting held in Ayrshire with all three Councils represented. Each Council will hold their own Guidelines event. Cllr McCall signed up to Guidelines for East Ayrshire, Cllr Alec Oattes for South Ayrshire and possibly Cllr Dixon & McGuire for North Ayrshire.
- Aberdeen talks being held with Cllr Jenny Laing

**Photo & video competition** – deadline September 2013 – distribute leaflets – online application form now available on website

**In partnership with Age Scotland to publish another round of walk in our shoes** – act on our issues. The pack is part of Age Scotland's campaign to end isolation for older people. Act on our issues is an activity that community groups can do to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops – leaflets attached for anyone who is interested.

**Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years. [www.biglotteryfund.org.uk/youngstartfund](http://www.biglotteryfund.org.uk/youngstartfund)

### **Heritage Lottery Fund**

Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...

<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtqy>

## **Go for Gold**

The Go for Gold Challenge was established in 2012 to involve professionals and residents in the care sector in the legacy celebrations offered by the London Olympic Games and the World Congress on Active Ageing in Glasgow, both staged in the summer of 2012 and the 2014 Commonwealth Games also in Glasgow. The Go for Gold Challenge is part of the British Heart Foundation National Centre for Physical Activity and Health at Loughborough University (BHFNC) programme of Active Ageing Events. The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Go for Gold in Scotland is supported by a stakeholder network group made up of interested and motivated people from different backgrounds and a strategic reference group which includes national organisations across Scotland.

Following discussions with the 2014 Commonwealth Games Legacy Planning Team, the Go For Gold Challenge will be included within the 2014 legacy planning.

## **Older people's day – [www.olderpeoplesday.co.uk](http://www.olderpeoplesday.co.uk)**

People are living longer and 23% of the UK will be aged 65 and over by 2035. The aim of the above website is to celebrate the achievements and contributions that older people make to society and tackle negative attitudes and outdated stereotypes.

## **Treasures**

Scottish Book Trust is collecting your stories about your most treasured objects. Is there a special something that has touched or shaped your life?

It could be from your past or your present, but you'll never forget it. Whether it is cheap or expensive, it is priceless to you. Whatever or wherever it is, whether it is yours or lives in a museum, has passed down through your family, was found on a beach, a gift, a souvenir or an everyday object, your Treasure holds a story, the story of what it means to you.

<http://www.scottishbooktrust.com/treasures>

Stories submitted by the deadline of July 31st 2013 will be considered for inclusion in the Treasures book, thousands of copies of which will be distributed during Book Week Scotland.

There are resource packs for schools and adult learning tutors (which can be found in the resources section of the "website).(external)":<http://www.scottishbooktrust.com/reading/treasures/resources>

There is also an additional pack for secondary schools providing a structured way in which the Treasures project can be developed to support transition between primary and secondary schools.

Generations@schools – discussed at the meeting and information given to attendees.

## **Local Project Updates**

Yvonne Boa (High Life Highland) explained that she is the Youth Development Officer for Kinlochbervie, Eribol and Scourie as well as Ullapool. She updated attendees on the 'Get to know your Techno' project that was started in Wester Ross and is being rolled out to other areas including Wick, Strathpeffer and Inverness. The project involves 5<sup>th</sup> & 6<sup>th</sup> year pupils who are currently training their peers in other areas.

Marney Dunningham (Ullapool Museum) volunteers at the museum and explained that the museum which is housed in the Ullapool Telford Church and run by volunteers, was closed for renovation. She was very interested in Intergenerational work and discussion was held about how this could link to the museum. We considered how the young people could assist with the follow-on work at the museum e.g. painting or volunteering in the museum but also looking at the benefits to both young and old through the work of the museum.

Hazel Allen (Highland Senior Citizens Network) gave information on the work of the organisation which offers collective advocacy for the well-being of older people in the Highlands. They are currently carrying out a research project on the quality of care issue and poverty as it impacts on well-being. Hazel also updated on a community garden project that is being considered at Dingwall School, this has potential for Intergenerational benefit.

Those present were keen to hold another meeting later in the Autumn and it was hoped that those who gave apologies would be available, in order to increase the network for the future. Marion to contact all and set a date for the next meeting.