

Meeting Report – East Renfrewshire Network

Date: 27th May 2014 Venue: Giffnock

In attendance: Elaine Grogan, (East Renfrewshire Council (ERC)), Shirley Ashe (Voluntary Action East Renfrewshire), Maureen Paterson (Arklet Housing Association), Cllr Tommy Reilly & Cllr Charlie Gilbert (East Renfrewshire Council), Liz Rodger (Rouken Glen Park), Heather McVie (ERC - YPS), Vivienne Middleton (CLD), Alan Stevenson (CHCP) & Alison Clyde (GWT)

Apologies: Laura McPherson (PT St John's School), Cllr Jim Swift (ERC), Sine Delahunt (Health Development Officer) & Sandra Kirk (Carlibar Primary School)

GWT update:

- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Alison to organise a training course for East Renfrewshire at the end of September in Eastwood House, Giffnock.
- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context**

Cllr Tommy Reilly & Cllr Charlie Gilbert reported that the SOA/Community Plan will be redrafted in 2015 for 2016 and is heavily influenced by the community (including both Alan and Elaine). Councillors and members of the network will ensure that intergenerational working will be incorporated in the next redraft of the SOA.

- Education resource pack is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>
A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.
Action: Alison to send a letter to Director of Education and to the heads of each school. Shirley to provide a list of contacts for the schools.
- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users.
www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx

Funding info from Foundation Scotland

Intergenerational Approaches to improving Health and Wellbeing launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

- **Care... about physical activity**

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214

- **“Somewhere to go and something to do”** Active and Healthy Ageing: An Action Plan for Scotland (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

Round the table

- Men’s sheds meeting update – 90 people attended the recent meeting at Robertson Street (2/3rds were women)
- The Intergenerational Quiz (I.Q.) final 2014 will take place on the 28th of November, hosted by Renfrewshire Council at the Paisley Lagoon Centre (12.30-3.30pm). The event is a celebration of how communities can come together and challenge the perceived opinions and barriers that some in society have erected. Last year’s rounds consisted of amongst others, the “Hanging Up The Washing” round – the “Speed Texting” Round and the Fantastic“ Bowling on the Wii round.

All going well ten schools who have twinned with sheltered housing complexes and older people groups will be involved from three (Renfrewshire/East Renfrewshire & North Ayrshire) local authorities (Renfrewshire/East Renfrewshire & North Ayrshire), plus supporters, family and representatives. Other authorities interested include East Dunbartonshire and Glasgow maybe for 2015.

Currently, the focus group, including older people are working on the design of this year’s quiz. P7’s and S1’s from last year are involved and will receive an accredited award

Alan hopes this event will blossom into a national event.

Alan/Elaine have written up Experiences and Outcomes (E's & O's), to show good practice and how the intergenerational quiz fits perfectly with the Curriculum for Excellence. They are also working on a tapestry exit quiz for evaluation for the event in November.

Action: Elaine to send Alison a copy for sharing on the GWT website

Action: Alison and Alan/Elaine to discuss partnering up to develop the national IG quiz toolkit

- Heather normally doesn't work with early years, S3 and under however is looking at early intervention and getting them into the community. Involved in producing a film with graduates and older people.
- Maureen mentioned that the Tenants Forum Network would be holding a conference on 16th September providing opportunities for organisations to host an information stall and network.
- Vivienne provided an update on her ESOL students mentioning that she had been able to link up some of her younger people with Alan's older people's group to practice their English. This helped reduce isolation for the older people involved.
- Liz, a new member, came along to find out more about IG work and may develop some intergenerational work in Rouken Glen Park. They are currently looking to recruit more volunteers to work in the park.

AOB:

- Alison to invite faith organisers to the next local meeting – Shirley to provide a list of churches
- Dobbies giving free poppy seeds providing you provide photographic proof of planting them.
- Elaine agreed to send an invite to the MYSP's to the next meeting

Next meeting:

Tuesday 7th October 2014, 10am – 12noon, Voluntary Action East Renfrewshire, underCOVER, 56 Kelburn Street, Barrhead, G78 1LR

Wednesday 14th January 2014, 10am – 12noon, Rouken Glen Pavilion, Rouken Glen Park, Rouken Glen Road, Giffnock, G46 7UG