

Meeting Report – Glasgow Network Meeting

Date: Friday 9th May 2014 Venue: Brunswick House, Glasgow

In attendance: Marie Johnson, Lauren Lochrie & Maureen Cusick (Community Central Hall), Elspeth Kerr (COPE), Victoria McAlpine (NHS Greater Glasgow & Clyde), Jeanne Martin (The Prince's Trust), Harry Campbell (Cartvale School) & Alison Clyde (GWT)

Apologies – Liz Skelton (Community Central Hall), Robert Smith (Active Seniors), Gail Mills (Glasgow Life).

GWT update:

- Both conferences (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training** – Training materials being updated over the summer months. Further courses are being planned – check the website for further details.
- The GWT Education resource pack now available for download at the following link: <http://generationsworkingtogether.org/resources/education-resource-pack/>
A new four hour training course is being developed and will be available after the summer. The pilots have finished and we hope to be able to offer local authorities an opportunity to plan a training course for staff within in-service training or as a twilight session.
- **SCRAN – www.scran.ac.uk**
SCRAN is a resource which can be used for reminiscence work. The website contains over 360,000 images, videos and sounds from museums, galleries, archives and the media. These include sounds, still pictures, people (faces), places, maps, aerial photographs, events & artefacts. SCRAN covers many themes including the recent past, oral history, holidays, childhoods, community archives, schooldays, work (factories), leisure time, fashion, home, transport (places), family history and timeframes (WW1, 60's, 70's etc.). For more details contact helen.foster@rcahms.gov.uk
- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- **Celebrate – the Commonwealth Games – funding – ends end of May 2014**
<http://www.biglotteryfund.org.uk/global-content/programmes/scotland/celebrate>
- **Care... about physical activity**
The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.
<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>
http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214

- **Hot topics for IG work during 2014:**
 - Commonwealth Games – Go for Gold
 - Ryder Cup
 - World War 1 Centenary (Heritage Lottery Funding available)
 - 700th Celebration of Battle of Bannockburn
 - Men’s sheds

Health resource – Intergenerational Approaches to improving Health and Wellbeing

The aim of the paper is to raise awareness of how intergenerational approaches can contribute to improving health and wellbeing.

<http://generationsworkingtogether.org/resources/health-wellbeing/>

Round the table:

- **Community Central Hall (CCH)/Maryhill Climate Challenge (MCC)**

Maureen, Lauren and Marie gave a joint update which included aspects of their presentation. Community Central Hall – continues to make best use of IG groups within CCH and are working towards their annual IG Sports’ Day. Maureen advised that CCH are looking at funding opportunities to develop IG activities to include the community as well as services within CCH. Lauren and Marie gave an update on the activities within MCC. IG sessions continue in and around the garden as well as food-cycle work. The main IG activity MCC are looking to develop is carbon conversation sessions which will be adapted to work within a multi-generational group setting to look at ways of reducing personal carbon footprint and providing good habits for the young ones to take home to their parents and pass on their knowledge.

- **COPE**

Elspeth is a volunteer and an associate of COPE. Elspeth explained that it was about “Getting it right for every community” and they are currently looking for an IG project to develop. Previous projects include traditional table-top games and new technology games, sharing their experiences and in the run up to Christmas look at what Christmas was like for the older generations and how this is different from what happens at Christmas now.

- **NHS Greater Glasgow & Clyde**

Vicky explained that her remit is about health improvement and that her team have developed projects involving photography and working in the garden which have been a great success. The Health Improvement Team are also looking into developing a green gym and running a perception event.

- **The Prince’s Trust**

Sharon explained that she is the Glasgow Co-ordinator and works with young people in schools who need support, which is activity based. The operate the XI programme promotes a flexible approach using relevant experiential learning to support young people to achieve a range of personal and employability skills and gain qualifications.

- **Cartvale School**

Harry is a teacher at Cartvale School which is based in Govan. His remit is partnership work which is committed to reducing violence and has already had great success with previous and ongoing projects, such as holding an IG tea, performing a play – singing and dancing through the decades. Harry commented there had been some issues with IG work and that this should be recognised. Harry wanted it recognised that Plantations Productions was a great help.

Next meeting:

Friday 15th August 2014, 9.30am – 11.30am, Venue TBC (Schools go back 13th August)

Tuesday 2nd December 2014, 9.30am – 11.30am, Maryhill Central Halls, 292 -316 Maryhill Road, Glasgow, G20 7YE