

## Meeting Report – Renfrewshire Network Meeting

Date: Friday 25<sup>th</sup> April 2014 Venue: Linwood Baptist Church, Linwood

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**In attendance:** Susan McDonald, Helen Moir, L Fernie, K Gilligan, S Slevin, D Lawler, Y Farquhaur, S Logan, I McDonald, K Gilbert, M Toal, L Fearon, C Russell, K McKenzie, I Williams, K McMaster & Alison Clyde (GWT)

**Apologies** – Florence Miller, Fiona Auld & Elaine Fox

### GWT update:

- The national conference (March) held in Stirling was a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training** – Training materials being updated over the summer months. Further courses are being planned – A “Train the Trainers” course will be organised for Renfrewshire on 5th September (date & venue TBC).
- The GWT Education resource pack now available for download at the following link: <http://generationsworkingtogether.org/resources/education-resource-pack/>  
A new four hour training course is being developed and will be available after the summer. The pilots have finished and we hope to be able to offer local authorities an opportunity to plan a training course for staff within in-service training or as a twilight session.
- **SCRAN – [www.scran.ac.uk](http://www.scran.ac.uk)**  
SCRAN is a resource which can be used for reminiscence work. The website contains over 360,000 images, videos and sounds from museums, galleries, archives and the media. These include sounds, still pictures, people (faces), places, maps, ariel photographs, events & artefacts. SCRAN covers many themes including the recent past, oral history, holidays, childhoods, community archives, schooldays, work (factories), leisure time, fashion, home, transport (places), family history and timeframes (WW1, 60’s, 70’s etc.). For more details contact [helen.foster@rcahms.gov.uk](mailto:helen.foster@rcahms.gov.uk)
- **The Big Lunch** is the UK’s annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn’t have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- **Celebrate – the Commonwealth Games – funding – ends end of May 2014**  
<http://www.biglotteryfund.org.uk/global-content/programmes/scotland/celebrate>
- **Hot topics for IG work during 2014:**
  - Commonwealth Games – Go for Gold
  - Ryder Cup
  - World War 1 Centenary (Heritage Lottery Funding available)
  - 700th Celebration of Battle of Bannockburn
  - Men’s sheds

## **Health resource – Intergenerational Approaches to improving Health and Wellbeing**

The aim of the paper is to raise awareness of how intergenerational approaches can contribute to improving health and wellbeing.

<http://generationsworkingtogether.org/resources/health-wellbeing/>

- **Care... about physical activity**

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

[http://www.careinspectorate.com/index.php?option=com\\_content&view=article&id=8429&Itemid=100214](http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214)

- **“Somewhere to go and something to do” Active and Healthy Ageing: An Action Plan for Scotland** (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

## **Renfrewshire update**

- Susan gave an update on the work she is supporting in Renfrewshire. Singing through the Ages is developing an intergenerational strand with links to Newmains Primary School.
- Community Games events & Go for Gold events linked to Glasgow 2014 will be delivered in September and October in Paisley and Linwood.
- Discussions have also taken place with the Health Improvement Team and Education department to promote intergenerational work, particularly in light of the two new resources.
- Plans in place to organise the Intergenerational Quiz with East Renfrewshire Council again this year.
- Susan attended the GWT National Conference in Stirling and Local Coordinators meeting in Glasgow.

## **Group Exercise – Mapping Exercise**

A mapping exercise was completed to see the range of work being delivered in Renfrewshire and determine any help/resources needed (see attached).

The meeting concluded with an Intergenerational Team Quiz, with Karen Gilligans team winning top prize!!

**Date of next meeting:** Friday August 22nd, Linwood Community Childcare, Abernethy Drive, Linwood, Paisley, PA3 3EX

