

PERTH & KINROSS  
LOCAL  
NETWORK MEETING



Generations  
Working  
Together

4 June 2014

Auchterarder

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**Attending:** Shona Fowler, PKAVS; Fiona Matthews, Alzheimer's Scotland; Carole Anderson, Age Scotland; Viv Richmond, The Community School of Auchterarder; Robin Flaconer, PKAVS; Elizabeth Inglis, Balhousie Care.

**Apologies:** Cheryl Banks, Balhousie Care; Jackie Doe, Perth & Kinross Healthy Communities Collaborative; Judith Barlow, Perth & Kinross Council.

1. Yvonne Coull, GWT Local Network Coordinator, welcomed everyone to the meeting and thanked everyone for attending on such an awful day. She also thanked Auchterarder Community School for hosting this network meeting. There were round table introductions. Then Yvonne provided a bit of background to Generations Working Together and their objectives.
2. Shona Fowler outlined the Reminiscence with Technology Project in Kinross. She described the difficulties which she had faced in taking this project forward and explained how they had been overcome; leading to what is now a very enthusiastic group of older people who are connected to the local high school. They have a constitution, necessary so that they can apply for funding, and are meeting twice a week. Her presentation will be available shortly on the network page with this note.
3. Robin Falconer then outlined the Invergowie Community Mapping Project. Here they are building a 3D map of the village and it involves the local primary school, the men's shed and other community groups. Relationships have been built, and everyone has learned about the community together. It has been about how the village is now and how it could be in the future. This has involved discovering different things in the community along with service.
4. Robin also told us about the first meeting of the Strathmore Intergenerational Network in Blairgowrie. This was an event about bridging generations and sharing experiences. The event consisted of an informal speed networking style activity followed by open table discussions on four topics: Health Services; Education, Learning & Lifelong Skills; Volunteering and the Benefits of Intergenerational Work. Action points were taken and discussions held about future meetings.
5. There was lots of lively discussion around these projects with many ideas on how these projects could be replicated along with new project topics. We were joined by Stuart Clyde, Head of the School who joined in the discussion. Robin's papers accompany this update on the web site.
6. Yvonne Coull presented the Education Resources, explaining the background to them and also the new GWT Health Booklet which was published recently and contains the evidence of the benefits of intergenerational practice and the importance of evaluating projects, capturing/recording outcomes for all involved.
7. GWT Update-there was not enough time to go through the update and it is attached to this note below.

- **Health paper – Intergenerational Approaches to improving Health and Wellbeing** was launched at the GWT conference 2014. This is an evidence based document which is full of information. It is on the web site <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Further information

on future courses are available on the website: Fife; Falkirk, Balloch, Ayrshire; Benbecula (Renfrewshire date to follow shortly.)

<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – Please remember to promote these within your local authority and let us know of their use if you hear of anything interesting.

<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>

## Other Info

### Education resource pack

- The GWT Education resource pack is published and was launched at the Scottish Learning Festival in September. The teachers seminar was being trialed in two areas Shetland (completed) and Perth & Kinross (in March). A new resource which is a supplement to Amazing things – the youth awards – has been produced by GWT and is available online at:

<http://generationsworkingtogether.org/resources/amazing-things-supplement-a-guide-to-awards-for-adults-in-scotland>

### Scottish Older People's Assembly

- The Scottish Older People's Assembly (SOPA) exists to give a strong voice to older people about their concerns and experience of life in Scotland. SOPA identifies issues that worry older people and conveys messages from the grassroots direct to Scottish and Westminster Governments.

SOPA contributes to and supports policy change that has a positive impact on older people and challenges when implementation falls short. SOPA also raises issues about inequalities because of age, and about successful volunteering where the voice and experience of older adults are making a difference across generations.

<http://www.scotopa.org.uk/>

### European map of Intergenerational Learning

- In 2013 EMIL launched an Annual Awards programme for its membership with the aim of highlighting and showcasing existing examples throughout Europe where intergenerational work adds value. Through a nomination process, award winners in each of the following themes have demonstrated they have developed innovative and sustainable projects that have made a real impact:

Housing/Environment; Culture and the Arts; Workplace/Working environment  
Communities; 'Other'

For further information go to: <http://www.emil-network.eu/about/emil-awards>

## Funding info

- **The Women's Fund for Scotland** is making small grants to projects across Scotland that support women's development, self sufficiency, and social and economic equality.

Grants of up to £2,000 are available to constituted, not for profit groups with an annual income under £250K, run by and for women working in four key areas:

- building skills and confidence
- improving health and well-being
- building social networks
- moving on from violence

See <http://generationsworkingtogether.org/resources/grants-of-up-to-2000-available>

- **Young Start Funding** from the Big Lottery has an intergenerational strand available for up to £50,000 for two years.

<http://www.biglotteryfund.org.uk/youngstartfund>

- **Heritage Lottery Fund**

Heritage Lottery Fund Scotland will fund #intergenerational work and will consider applications from areas other than the priority areas mentioned on their website. Groups planning to apply for funding including start up funding should contact their Development Team first. Thanks Marion for the tip and the link to the following successful project recently funded...

<http://www.hlf.org.uk/ourproject/Pages/LifeisforLivingston.aspx#.UZSRNKLvtgq>

- **Climate Challenge Fund**

There is funding for garden projects through this funding and they are interested in hearing from those involved in IG practice. Substantial funding available for 2015. 2013 and 2014 funding close to full allocation.

<http://www.keepsotlandbeautiful.org/sustainability-climate-change/climate-challenge-fund>

- **Online Find A Funder Database**

If you're looking for funding this database will tell you what's available. Just go to [www.community-toolkit.org.uk/Funding/find-funders.htm](http://www.community-toolkit.org.uk/Funding/find-funders.htm) and select Older People and you will get a full list of potential funders.

- **Bank of Scotland Foundation**

Small grants between £1,000 - £10,000 can be applied. For more information go to [www.bankofscotlandfoundation.org/guidelines](http://www.bankofscotlandfoundation.org/guidelines)

Clydesdale Bank Spirit of Community Awards 2014

Orchard Windfalls

Costal Communities Fund

### **Other IG opportunities**

- **Go for Gold Challenge**

New Newsletter available on the Care Inspectorate web site.

[http://www.scswis.com/index.php?option=com\\_content&view=category&layout=blog&id=283&Itemid=695&limitstart=10](http://www.scswis.com/index.php?option=com_content&view=category&layout=blog&id=283&Itemid=695&limitstart=10)

Resource pack also now available

<http://carenews.careinspectorate.com/go-for-gold/>

- **Walk in our shoes** – act on our issues is an activity that community groups and different generations can do together to tackle barriers such as uneven pavements, public toilets closures, poor street lighting, unsafe road crossings and inaccessible shops.

<http://www.ageuk.org.uk/scotland/get-involved/campaign/end-isolation-campaign/walk-in-our-shoes-act-on-our-issues/>