

Meeting Report – Shetland Network Meeting

Date: 5 March 2014

Venue: Islesburgh Community Centre, Lerwick



Generations Working Together

In attendance: Alison Clyde, Wendy Lowe, Naomi Gear, Marghie West, Denise Nicolson, Neil Pearson

Apologies: June Porter, Sherienne Rennie, Kate Coutts, Laura Whittall, Jim Leask, Susan Hinton, Wendy Hand, Ann Williamson

GWT update: Alison reported:

Highland & Islands Conference, Tuesday 29th April, 10.30am – 3pm, Eden Court Theatre, Inverness. GWT is celebrating April 29th, European Day of Solidarity between Generations by holding an event which will showcase intergenerational work across the Highlands & Islands.

The objective of 29th April is to make the European Union more age-friendly and better adapted to our ageing population, as well as have intergenerational solidarity high on the EU agenda. Kate Coutts, Denise and Sherinne are interested in attending.

National Conference – Wednesday 19th March, Macrobert Arts Centre, Stirling
<http://generationsworkingtogether.org/events-training/>

European Map of Intergenerational Learning (EMIL) is pleased to announce the winners of the Annual Intergenerational Learning Awards:

- Communities - "From 7 to 77" Solidarity between Generations & Generations for Peace
- Housing/Environment - Intergenerational Apartments
- Culture & the Arts - mix@ges – Intergenerational Bonding via Creative New Media
- Working Environment/Employment - Young and Old in School
- Other - Have your Say

View the full report at <http://www.emil-network.eu/about/emil-awards>

SCRAN – www.scran.ac.uk - SCRAN is a valuable resource, which can be used for reminiscence work. The website contains over 360,000 images, videos and sounds from museums, galleries, archives and the media. These include sounds, still pictures, people (faces), places, maps, aerial photographs, events & artefacts. SCRAN covers many themes including the recent past, oral history, holidays, childhoods, community archives, schooldays, work (factories), leisure time, fashion, home, transport (places), family history and timeframes (WW1, 60s, 70s etc.). SCRAN also holds private materials that may not be available in museums and libraries.

Men's Sheds - Since the emergence of Men's Sheds in 1996, the number of Sheds has grown year on year. The main aims of a Men's Sheds have also become much more varied since their foundation. There are now over almost 100 in Ireland, 50 in England and between 20-25 in Scotland. Levenwick has a Men's Shed.

Hot topics for IG work during 2014:

Commonwealth Games (Go for Gold), Ryder Cup, World War 1 Centenary (Heritage Lottery Funding available) & 700th Celebration of Battle of Bannockburn.

Education Training Pack - The GWT Education resource pack is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>

A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.

GWT has produced a supplement, which is a guide to awards for older people including the Discovery award, and Dark Horse awards. If people are planning a project they should check both the youth and older people's awards.

Alison would like to meet with local representatives from Children's Services and the Schools service on her next visit to promote the pack and raise awareness of intergenerational practice in schools.

Health Paper – The Health paper is with the printers and will be launched at the end of May. This is a guide for community groups and looks at intergenerational approaches to health and wellbeing, including the benefits in relation to isolation, depression and mental health. The paper includes 12 case studies relating to topics such as Parkinson's disease, falls prevention and dementia.

<http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

Training the Trainer Course – no sessions are planned at this time.

Follow-up to the Guidelines event – A follow up meeting is arranged for this afternoon (5th March) to discuss Intergenerational Practice and the Shetland Single Outcome Agreement with Vaila Simpson & Brendon Hall.

The guidelines document can be downloaded from:

<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>

Update from meeting with Vaila & Brendon (5th March)

Link Officers in place with new structure will link into the Shetland intergenerational network.

Vaila mentioned that Dr Sarah Taylor, Director of Public Health, had asked if intergenerational (IG) work was catered for in draft community plans. These plans are currently being ratified; IG practice may be included in the Prevention Plan, which is circulated to CLD/Education/Health.

Action: Vaila Simpson will discuss with Denise re link with IG network with one of their groups possibly the Shetland partnership

Alison requested copies of any plans/policies from Shetland where IG work was incorporated to share across Scotland

Photo competition – Results can be viewed on the website.

Photograph – 1st: Changing perceptions from Orkney and 2nd: Angus go for Gold

Video – Aberdeenshire Libraries.

The competition may be replaced with Intergenerational Recognition Awards in 2015.

Go for Gold – Care... about physical activity resource pack (Launched 25th March)

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214

Intergenerational projects are welcomed. The aims of the Go for Gold Challenge are to:

- Promote and celebrate participation in physical activity amongst older people supported by the care sector.
- Build capacity in the workforce in the care sector to promote physical activity with older people on a day to day basis.
- Develop links between the care sector in Scotland and physical activity organisations.
- Contribute towards the 2014 Glasgow Commonwealth Games Legacy.

Round the table...

Wendy Lowe reported that the Sandwick Youth Club has had to give up their allotment due to concerns about sustainability.

The Scalloway Youth Centre Management Committee is running a Youth Cafe. It didn't start out as an intergenerational project, but it is turning into one. Activities include music, baking and knitting. IG Games to be a summer event.

Wendy has plans to run an Intergenerational Games to tie in with the Commonwealth Games. She had a squad of Vikings lined up to teach archery as part of the programme!

Naomi Gear took part in a reminiscence project, which aimed to link disadvantaged youths with a local dementia group. 1 young person was recruited. In addition to interviewing the older people, he set up a Facebook page for the group. Naomi hopes the project will develop further, but it is hard to recruit the young people at this time.

Neil Pearson has handled 350 requests for Saltire Awards and this year. Some of the projects include intergenerational work. He may be able to pass on some case studies.

Marghie West informed us that there will be an open mike poetry night for Luminate (Scotland's Creative Ageing Festival) which can involve people of all ages. The Library is keen to open up events. Intergenerational work is something they would like to promote further in the future.

Denise Nicolson has been involved in conducting an audit of Community Learning, which has given organisations the chance to identify potential opportunities for development. Some agencies Denise has interviewed are keen to develop intergenerational work. Some potential partnerships have been identified.

Action: Alison to contact Helen Budge (Head of Education); Susan Laidlaw (GP); Emily Gray (Diversity Group – NHS Communications); Elizabeth Robinson (Health Improvement); Elizabeth Robinson involved in Levenwick Men’s Sheds; Phil Garnier & Alison Halcrow (IG projects); STIP (young people); Dionne Wilkinson; Anosca DiNicol; Rachel Bell, (Stuart Club - Dementia Club) & Shetland Charitable Trust

Agenda items for next meeting:

Invite Sonia Inkster to come and talk about the Youth Café (**Action: Denise when date is confirmed**)

Invite Men’s Sheds Levenwick - **Action:** Alison to invite Elizabeth Robinson to the next meeting.

Date of next meeting:

Tuesday 21st October 2014, 10:00am - 12:30pm at Islesburgh Community Centre, King Harald Street, Lerwick, Shetland, ZE1 0EQ