

Meeting Report – South Lanarkshire Network

Date: Tuesday 3rd June 2014 **Venue:** East Kilbride

In attendance: Iain Yuill (Community Learning & Home School Service), Alison Clyde (GWT), Liz Highet (Community Learning & Home School Service), Brian Duffy (Voluntary Action South Lanarkshire), Allison Galbraith (Scottish Storytelling Centre), Ronnie Crichton (Youth Participation Officer) & Louise Hamilton (Royal Voluntary Service)

Apologies: Stuart Matson (North Lanarkshire College), Evelyn McGonagle (Community Learning & Home School Service) & Linda Anderson (Age Scotland)

GWT update:

Alison welcomed everyone to the meeting and was thrilled to see so many new faces around the table.

- **(Freelance) Local network coordinator** – Central Belt and Southern Scotland – closing date 30th May.
The Local Network Development Officer will be responsible for managing, programming and supporting around 7 local intergenerational networks across Scotland which each meet 2-4 times per year.

Appointment: Until 31st March 2015 but could be longer depending on funding availability

Location: Home (however travel throughout Scotland is required and meetings as required in Glasgow office)

Salary: Circa £13 per hour (This post is offered on a freelance basis)

Hours of work: 7 hours per week

- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work.

Training courses organised for Glenrothes, Falkirk (Tuesday 16th Sept 2014), Isles of Benbecula, Balloch & Linwood. More information at:

<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document?

An invitation to the network meeting had been sent to local councillors.

- **The GWT Education resource pack** is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>
A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run 4hr training courses in intergenerational practice within their in-service training programme or as a twilight session.
- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build

stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>

- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users.
www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx
- **Hot topics for IG work during 2014:**
Commonwealth Games – Go for Gold, Ryder Cup, World War 1 Centenary (Heritage Lottery Funding available) & 700th Celebration of Battle of Bannockburn

Intergenerational Approaches to improving Health and Wellbeing launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

- **Care... about physical activity**

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214

- **“Somewhere to go and something to do”** Active and Healthy Ageing: An Action Plan for Scotland (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

<http://generationsworkingtogether.org/resources/somewhere-to-go-and-something-to-do>

Round the table

- Grandbuddies Bridges Gap – Liz Highet

Liz described the project, which recently ran in St Vincent Primary East Kilbride. It was planned to bridge the gap by showing the children about the ageing process in a positive way. Older adults from the Greenhills area were also given a unique insight into what it's like to be a child growing up in the 21st Century. Liz commented that while the preparation and the project itself proved challenging, it exceeded all the expectations of the school and all those involved.

Tam Baillie tweeted on 29th April at a visit to the grandbuddies project

Action: Liz agreed to write up another case study for the GWT website. Alison to email copy of template

- Get walking Lanarkshire – ran out of time may invite Johann to next meeting
- Ronnie reported on the work of some of his youths who were involved in a history of music project in East Kilbride

AOB

- Alison to invite Cllr Brian McKenna, Cllr David McLachlan (younger person's champion) Cllr Pam Clearly (older person's champion) to the next meeting and Frank Thomson

Next meeting:

Wednesday 22nd October, 1.30pm – 3.30pm – Association of Local Voluntary Organisations, (ALVO), 40 Bloomgate, Town Centre, Lanark, ML11 9ET

Thursday 15th January 2014, 1.30pm – 3.30pm – Blantyre/Hamilton (Venue TBC)