

**In attendance:** Alison Clyde (GWT), Anna Clements & Gabriela Mitas John Mark Sweetin (Alzheimer Scotland), Anila Ansari (NHS), Johann Duffy (Health Walks Coordinator), Glyn Davison (Murdostoun Brain Injury), Rachele Walker (SACRO), Colin (The Health & Wellness Hub), Smithy (Bellshill & Mossend YMCA), Ann Eadie (Victim Support Scotland), Katie Williamson (Routes to Work Ltd), Sheena Hamilton (Lanarkshire Links), Andrew Martin (Motherwell & Wishaw CAB), Eileen Quinn (Experience Counts), Colin Scougall (Moirra Anderson Foundation), Bob Hannah (General Motors Senior Citizens, Kimberly McLean (Lanarkshire Community Food and Health Partnership), Craig Allan & Jamie Brown (GPHC), Fiona Gairns (Healthy Valleys), Claire Delahay (Glenboig Neighbourhood House) & Stuart Robertson (Police Scotland)

**Apologies:** Lesley Miller (COVEY Befriending), Stuart Matson (New College Lanarkshire), Tina Hendry, Samantha Buggy (Horizon Housing), Marion Bisset (Scottish Personal Assistant Employers Network), Ross Thomson (CSV Nth Lan Befriending Project), Arlene Crockett (Alzheimer Scotland, Anne Muir & Anita (Dress for Success Strathclyde), Linda Anderson (Age Scotland), Jeanne Martin (Princes Trust), Robert Piper (Utheo Ltd), Jean Thomson (VANL), Harry Campbell, Sandy Mohamet (Newmains Community Trust) & Frances McGlinchey (North Lanarkshire Council).

**GWT update:**

Alison welcomed everyone to the meeting and was thrilled to see so many new faces around the table.

- **(Freelance) Local network coordinator** – Central Belt and Southern Scotland – closing date 30th May  
The Local Network Development Officer will be responsible for managing, programming and supporting around 7 local intergenerational networks across Scotland which each meet 2-4 times per year.

Appointment: Until 31st March 2015 but could be longer depending on funding availability  
Location: Home (however travel throughout Scotland is required and meetings as required in Glasgow office)

Salary: Circa £13 per hour (This post is offered on a freelance basis)  
Hours of work: 7 hours per week

- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work.

Training courses organised for Glenrothes, Falkirk (Tuesday 16<sup>th</sup> Sept 2014), Isles of Benbecula, Balloch & Linwood. More information at:

<http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document?

An invitation to the network meeting had been sent to local councillors.

- **The GWT Education resource pack** is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>  
A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.
- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users.  
[www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx](http://www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx)
- **Hot topics for IG work during 2014:**  
Commonwealth Games – Go for Gold, Ryder Cup, World War 1 Centenary (Heritage Lottery Funding available) & 700th Celebration of Battle of Bannockburn

**Intergenerational Approaches to improving Health and Wellbeing** launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

- **Care... about physical activity**

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

[http://www.careinspectorate.com/index.php?option=com\\_content&view=article&id=8429&Itemid=100214](http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214)

- **“Somewhere to go and something to do”** Active and Healthy Ageing: An Action Plan for Scotland (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

<http://generationsworkingtogether.org/resources/somewhere-to-go-and-something-to-do>

## Round the table

Many people around the room were new to intergenerational work however found the meeting very informative and interesting and hope to introduce intergenerational working to their organisations and projects.

- Health Walks project – Johann Duffy - presentation attached
- Men's shed in Coatbridge now up and running
- Police Scotland – Stuart is moving on to a new post, unfortunately their three pieces of IG work has ended and as funding is finished there is no more planned. Stuart hopes to build a strong case study re IG work in Police Scotland and promote Scotland wide encouraging other areas to get involved.
- Dementia Friendly Communities – toolkit available (Anna would be keen to speak at the annual conference 2015 on dementia friends)
- Anila reported on their International women's day where they managed to bring three generations together looking at different eras of dance. (Possible case study?)
- Jamie reported that their community group is made up of volunteers aged 16 to 73. Gowkthrapple Organisation for Leisure and Development (GOLD) organise and coordinate a variety of leisure and development activities and services for the Gowkthrapple community, working to try and improve the quality of life for local residents as well as improving the local environment. The group have recently secured funding to celebrate the commonwealth games and run activities from football, golf, dancing and baking for all ages. The volunteers are aiming to develop all of their activities for older and younger people working together. They are open to any partnership working. For more info please contact Jamie on [jamie@gphc.org.uk](mailto:jamie@gphc.org.uk)

## AOB

- Intergenerational Quiz – three local authorities and ten primary schools involved – Final 28th Nov 2014 in Paisley Lagoon.

## Next meeting:

**Wednesday 22<sup>nd</sup> October**, 9.30am – 11.30pm, Cumbernauld Action for Care of the Elderly (CACE), Suite 4, Area Business centre, Dunswood House, Dunswood Road, Wardpark South, Cumbernauld, G67 3EN

**Thursday 15<sup>th</sup> January** 2014, 9.30am – 11.30am – venue TBC (Airdrie/Bellshill/Motherwell)

If you would you like to host the January 2015 meeting please contact [alison@generationsworkingtogether.org](mailto:alison@generationsworkingtogether.org)