

Meeting Report – Scottish Borders Network

Date: Wednesday 4th June 2014 **Venue:** Eyemouth

In attendance: Alison Clyde (GWT), Catriona Cameron (Volunteer Centre Borders), Shirley Jefferson (Connect), Johnny Johnston (Eyemouth Community Rowing BMT), Cllr Michael Cook (SBC), Lynne Marshall (SBC), Sina Anderson & Anne McNeil (Eyemouth & District Community Trust) & Ian Todd (Hippodrome CIC)

Apologies: Cllr John Mitchell (Scottish Borders Council), Lynn Gallacher (Borders Carers Centre), Bill Muir (Trash Arts), Jim Fraser (SBC) & Rob Nicolson (The Bridge)

GWT update:

- **(Freelance) Local network coordinator** – Central Belt and Southern Scotland – closing date 26th June 26. The Local Network Development Officer will be responsible for managing, programming and supporting around 7 local intergenerational networks across Scotland which each meet 2-4 times per year.
- **Local network coordinator for Scottish borders** – Rob Nicolson our coordinator is retiring at the end of June 2014. GWT is looking to recruit another coordinator to support the Scottish Borders network and is keen to possibly recruit two from different parts of the area. If anyone is interested please contact alison@generationsworkingtogether.org for further information.
- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Very good response and feedback received from training course on 18th February 2014 in Galashiels – 10 attendances (7 no apologies).

It was agreed that Alison would organise another training course to be held in Eyemouth later in the year. For more details please see the GWT website. A good venue for training would be the Hippodrome.

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document?

Alison thanked Cllr Michael Cook for attending and mentioned she'd also received an apology from Cllr John Mitchell. Michael promised to take information back to the council and promised to email contact details for several key people within the council.

Action: Alison should contact (Cllr Sandy Aitchison (schools) & Cllr Frances Renton (social work), Jeanette McDiarmid, Depute Chief Executive People & Elaine Torrance, Chief Social Worker)

Michael also mentioned that a key priority of the SOA/Community plan was reducing inequalities which intergenerational work would sit nicely within.

- **The GWT Education resource pack** is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>
A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.

Schools are moving to a new asymmetric week providing a great opportunity to develop Friday afternoons for IG work across the Borders.

Action: Alison to contact Jackie Swanston from schools as the council are due to appoint a Service Director of Children's Services.

- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users.
www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx
- **SCRAN – www.scran.ac.uk**
SCRAN is a resource which can be used for reminiscence work. The website contains over 360,000 images, videos and sounds from museums, galleries, archives and the media. These include sounds, still pictures, people (faces), places, maps, aerial photographs, events & artefacts. SCRAN covers many themes including the recent past, oral history, holidays, childhoods, community archives, schooldays, work (factories), leisure time, fashion, home, transport (places), family history and timeframes (WW1, 60's, 70's etc.). For more details contact helen.foster@rcahms.gov.uk
- **European Map of Intergenerational Learning (EMIL)** is pleased to announce the winners of the Annual Intergenerational Learning Awards:

Full report at <http://www.emil-network.eu/about/emil-awards>
- **Hot topics for IG work during 2014:**
Commonwealth Games – Go for Gold, Ryder Cup, World War 1 Centenary (Heritage Lottery Funding available) & 700th Celebration of Battle of Bannockburn

Intergenerational Approaches to improving Health and Wellbeing launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

- **Care... about physical activity**

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214

- **“Somewhere to go and something to do”** Active and Healthy Ageing: An Action Plan for Scotland (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

Round the table

- IG schools project – Lynne Marshall – presentation attached
- Boat building IG project – Johnny Johnston
Newly formed Berwickshire Maritime Trust has taken over the charity number of the original St Abbs Rowing Club. Johnny shared his experience and story of working with a skilled team of volunteer workers to restore a 90 year old former Eyemouth fishing boat, the ‘Robina Inglis’.

The ‘Robina Inglis’ is certainly an inter-generational project. The trust joined forces with Connect, Berwickshire Youth Trust, who supervised the placement of six school leavers on a six month apprenticeship working on the boat. Drysdales, vegetable processing plant at Cockburnspath, provided the finance for the placements. The youngsters gained skills and training in the ‘getting fit for work’ project. All six youths involved have gone on to other employment.

Johnny is now looking to set up another project to build a bigger traditional boat however is in need of older volunteers.

Alison asked Johnny to write up a new case study and that GWT may be able to highlight his story at the next national conference (March 2015).

Johnny is worried that Eyemouth will lose traditional boat building skills unless more intergenerational projects are developed.

- CONNECT – Shirley mentioned that the CONNECT youths were also involved in an IG IPAD project with Seton Care

AOB

- Alison to contact Graham Lum from the Bridge in Peebles to circulate details of our next meeting planned for September.
- Alison to invite Langlee Men’s shed (Nigel), Berkshire Housing Association (Helen Forsyth) & Davy Gilchrist to the next meeting – if anyone has contact details for any of these people please email details to alison@generationsworkingtogether.org

Next meeting:

Wednesday 10th September, 10.30am – 1pm – Peebles Community Centre, Walkershaugh, Peebles, EH45 8AU

Tuesday 10th February 2015, 10.30am – 1pm – Melrose, Galshiels, Hawick TBC

Thursday 11th June 2015, 10.30am – 1pm – Eyemouth – Venue TBC