

Meeting Report – East Dunbartonshire Network

Date: Tuesday 27th May 2014

Venue: Council Headquarters, 12 Strathkelvin Place, Kirkintilloch, G66 1TJ



In Attendance:

Name	Title	Organisation
Martin Brickley	Chair	ED Equality Engagement Group, ED GWT Network
Scott Lafferty	Development Officer	East Dunbartonshire Voluntary Action (EDVA); GWT Network co-ordinator
Carole Anderson	Health Improvement Officer	East Dunbartonshire CHP
Charlie Murphy		Age Scotland
Graham Branscombe	Development Officer	Zero Waste Scotland

Apologies:

Name	Title	Organisation
Alison Clyde	National Development Officer	Generations Working Together
Ian Duncan	Learning, Access & Outreach Co-ordinator	East Dunbartonshire Leisure & Culture Trust

1. Sederunt and Apologies

Scott advised of apologies as outlined above.

2. Welcome and Introductions

Martin welcomed everyone to the meeting. Following round-table introductions, Martin provided some context to the network and reiterated the purpose of the network as follows:

Local networks are designed to create networking opportunities for organisations and groups who would like to be kept up to date with what's happening in the local area; along with opportunities to link with other key partners in delivering current and future intergenerational activities. In addition members will hear what GWT is planning to do nationally, and how they can have an input in our policies and strategies.

Martin advised that if members have not already done so, it would be useful to have a look at the GWT website at <http://generationsworkingtogether.org/>

Martin also informed the group of the changes in Network co-ordinators due to Linda leaving her position at EDC. The group recognised the work and contribution Linda made to the development of the network. Martin informed the group that the role of co-ordinator would now be carried on by Scott Lafferty.

3. Generations Working Together - National Update

Scott Lafferty provided a national update on behalf of Alison Clyde from GWT:

- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/Facebook page.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Opportunity to host a training course for East Dunbartonshire if needed after the holidays. One day free course 10am – 4pm. Covers all aspects of planning and running an IG project from understanding what is intergenerational practice, planning a project/event & identifying outcomes, challenges, stereotypes to addressing evaluation.
- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document?

An invitation to the network meeting had been sent to local councillors

- The GWT Education resource pack is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>

A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.

- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users.
www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx

Funding info from Foundation Scotland

Intergenerational Approaches to improving Health and Wellbeing launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

- **Care... about physical activity**
The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions. <http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>
http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214
- **“Somewhere to go and something to do”** Active and Healthy Ageing: An Action Plan for Scotland (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

4. Network Event

Scott Lafferty informed members of the plans for the Intergenerational Event taking place on Thursday 19th June at Kirkintilloch Baptist Church from 10am to 4pm.

Scott explained that the event had a number of sections to it with workshops covering tablets and technologies; intergenerational Zumba; oral history interviews covering the First World War; knitting and memory boxes. Whereas the afternoon had a more social dynamic to it as there would be musical entertainment, a Saltire Award Ceremony for Turnbull High School and presentations from Douglas Academy, finishing with an intergenerational quiz.

Scott also stated that discussions were still in place to accommodate transport for Turnbull High School and Moss Head Primary for their sections of the event; and invitations were being sent out to the care homes and senior forums.

Martin asked everyone round the table for information on their own projects and/or what they hope to gain from being a member of the local network. The following points were noted:

5. Member Updates:

- **Carol Henderson:** Carol informed the group of the asset map covering health and wellbeing. Carol asked if it would be possible to have an information stall at the intergenerational event to raise awareness of the asset map. This was agreed. Carol also informed the group of the Mental Health Forum and strategy for Young People.
- **Charlie Murphy:** Charlie informed the group that Age Scotland has a small grant scheme for short-term innovative projects for groups that are constituted and have own bank account.
- **Graham Branscombe:** No update

7. AOCB:

Scott informed the group that Bishopbriggs Academy, through the Volunteer Champions Project© and Community Action Group, are planning on delivering a Big Breakfast in June 2015. The group agreed it would be good for the lead contact at Bishopbriggs Academy – Mrs Mandy Davidson – to present to the group later in the year.

Scott also informed the group that Turnbull High School Senior Management Team was having a discussion about including intergenerational practice in their plan for the new school year. Scott stated he would keep the group updated on developments.

8. Date of next meeting:

Friday 22nd August from 1.30pm to 3.30pm. The venue for the meeting will be East Dunbartonshire Voluntary Action, 18-20 Townhead, Kirkintilloch, G66 1NL.