

In attendance: Alison Clyde (GWT), Murdo MacLeod (Building Healthy Communities), Liz Forsyth (Safe and Healthy Action Partnership), Morag Halliday (Age Scotland), Anne Matley & Caroline Ashen (Community Safety), Alan Sidaway (Unite Retired Members), Ken & Mary Harvey (Lockerbie Men's Shed), Idris Dean (Employability Link Worker), J Robertson (Health Improvement), Heather Fitzpatrick (NHS Health Improvement), Chris Woodburn (CLD), Karan Barbour (Food Train Friends), Linda Whitelaw & Heather Hall (Inspired Community Enterprise Trust).

Apologies: Cllr Jim McClung, Cllr Roberta Tuckfield, Cllr Alistair Geddes, Cllr Andy Ferguson & Cllr Andrew Wood (Dumfries & Galloway Council), Anne McLaughlin (Youth Alive), Louisa Gamble (Calside Primary School), Scott McGill (Food Trains), Iain Howie (Stewartry CVS), Susan Murdoch (Elmbank School), Peter Ross (Building Healthy Centre) Jean Nelson (CLD) & Simon Kennedy (Stewartry Community Safety Forum)

GWT update:

- **(Freelance) Local network coordinator** – Central Belt and Southern Scotland – closing date 26th June 26. The Local Network Development Officer will be responsible for managing, programming and supporting around 7 local intergenerational networks across Scotland which each meet 2-4 times per year.
- GWT is looking to recruit two local network coordinators to help support Alison in running the network. It would be fab to have two coordinators based in different areas of Dumfries & Galloway. Please contact alison@generationsworkingtogether.org for more info.
- **Both conferences** (March & April) held in Stirling and Inverness were a great success. Check out the presentations and photos on the website/facebook page.
- **Intergenerational Training – Training the Trainers Course** will be of interest to those who are keen to embed intergenerational approaches within their programme of work.

Alison agreed to organise a training course in Stranraer around October time. More info at <http://generationsworkingtogether.org/events-training/training>

- **Guidelines: Bringing together local authorities and intergenerational practice in a Scottish Policy Context** – How can we encourage your Council to become interested in IG work and adopt the Guidelines document?

An invitation to the network meeting had been sent to local councillors. Alison reported that she'd received five apologies for the meeting shown above and had met earlier with Cllr Jim McClung before the network meeting.

Cllr McClung agreed to pass on GWT publications (Health, Education & Guidelines) to various key people within the council and provide Alison with key contacts within the corporate management team.

- **The GWT Education resource pack** is now available for download from <http://generationsworkingtogether.org/resources/education-resource-pack/>

A letter will be sent to every Head of Education after the school holidays offering local authorities the opportunity to run training courses in intergenerational practice within their in-service training programme or as a twilight session.

- **The Big Lunch** is the UK's annual get-together for neighbours. The big lunch provides you with the perfect recipe to have fun with your neighbours, feed community spirit and help build stronger neighbourhoods. Doesn't have to be held in 1st Sunday in June. Team are flexible with date. <http://www.thebiglunch.com/>
- The **Evaluation Research Repository on Intergenerational Programs**, a new resource from Generations United and EMIL, is an open access digital collection of research outputs to assist researchers and evaluators, practitioners, and policy makers in assessing intergenerational programs. The goals of the repository are to expand the intergenerational knowledge base, assist practitioners in their work, stimulate legislative development, and encourage collaboration and dialogue between authors, institutions and information users. www.gu.org/RESOURCES/Research/EvaluationResearchRepository.aspx
- **Hot topics for IG work during 2014:**
Commonwealth Games – Go for Gold, Ryder Cup, World War 1 Centenary (Heritage Lottery Funding available) & 700th Celebration of Battle of Bannockburn

Intergenerational Approaches to improving Health and Wellbeing launched at the conference can be downloaded at: <http://generationsworkingtogether.org/resources/intergenerational-approaches-to-improving-health-wellbeing>

- **Care... about physical activity**

The resource offers support for everyone in a care home to get involved and become physically active in different ways and not just through formal exercise sessions.

<http://www.bhfactive.org.uk/resources-and-publications-item/479/index.html>

http://www.careinspectorate.com/index.php?option=com_content&view=article&id=8429&Itemid=100214

- **“Somewhere to go and something to do”** Active and Healthy Ageing: An Action Plan for Scotland (NHS Health Scotland & Joint Improvement Team)

Vision - for all older people in Scotland to enjoy full and positive lives – happy and healthy at home or in a homely setting. This action Plan is a key part of the 2014 Commonwealth Games legacy. Implementing the actions will help Scotland create a society in which we can all age healthily.

GWT is delighted that Intergenerational approaches is a main theme within the action plan.

Round the table

- **Culture of Stranraer, Lifestories** – Murdo Mcleod – presentation attached
- **Men's sheds** – Morag Halliday provided an update on what was happening across D & G regarding men's sheds - see handout attached

- **Ken Harvey** – Lockerbie men’s shed – Ken is keen to open to all ages and have in the future some intergenerational work-taking place.

AOB

- Alison to invite Lisa Martin (Duke of Edinburgh) to the next network meeting

Future meetings and training:

Monday 27th October, 10 – 3.30pm, Stranraer - Training the Trainers course, at Aberlour Child Care Trust, Thistle Croft, Thistle Street, Stranraer, DG9 7HU

Monday 27th October, 3.30 – 5pm, Stranraer – Network meeting for Stranraer, at Aberlour Child Care Trust, Thistle Croft, Thistle Street, Stranraer, DG9 7HU

Tuesday 28th October, 10.30 – 1pm, Youth Alive Dumfries and Galloway, The Lighthouse Centre, Maxwell Street, Dumfries, DG2 7AN

Thursday 12th February, 10.30am – 1pm, venue TBC.