

South Lanarkshire Network Meeting

Date: 22nd October 2014 Venue: ALVO, Lanark



**Generations
Working
Together**

In attendance: Liz Hight (CL & Home School East Kilbride); Cheryl Ewing (GWT); Brian Duffy (VASLAN); Catriona Gibson (Buddy's Workshops).

Apologies: Iain Yuill (South Lanarkshire Council), Diana Barr, Melanie Toner, Euan Duguid (RCOP), Stuart Mattson (New College, Lanarkshire).

Introductions: Cheryl welcomed everyone to the meeting and prior to round-table introductions provided context to the network, reiterating the purpose of the network as follows.

Local networks are designed to create networking opportunities for organisations and groups who would like to be kept up to date with what's happening in the local area; along with opportunities to link with other key partners in delivering current and future intergenerational activities. In addition members will hear what GWT is planning to do nationally, and how they can have an input in our policies and strategies.

Cheryl also informed the group of the changes in the Networks, as she is now taking over from Alison Clyde as network development officer.

GWT National Update

Slight delay in letters being sent to Director and Heads of Education re training (planned for end of Aug), due to Yvonne Coull our other Local Development Network Officer and Trainer being on long term sick. Alison hopes to send letters probably around October time. Will keep everyone posted.

- Equality Internship (SCVO) – GWT are hoping to recruit a Development & Communications Internship Post in the near future to work on developing a toolkit for the intergenerational quiz to go national.

<http://generationsworkingtogether.org/news/development-communications-intern-vacancy-30-09-2014>

- GWT impact assessment being carried out by ANIMATE Consultancy – a survey will shortly be sent to all members and those who have taken part in our training courses. Alison asks if you could take 5 – 10 minutes to complete the survey being very honest and letting us know what ways we could improve the networks, training courses etc and if there is anything we could do extra to

provide you with support. There is also two focus groups being held for network coordinators and partners – a big thank you to those who have agreed to take part.

- Intergenerational Training – Training the Trainers Course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Full programme of training courses now available at www.generationsworkingtogether.org
- The YOUNG START funding through the BIG Lottery – there will be an announcement in Oct about a couple of changes to the fund (good news not bad)
<http://generationsworkingtogether.org/resources/intergenerational-funding/>
<http://generationsworkingtogether.org/resources/young-start>
- The group were also informed that there is a supplement to the Amazing Things Youth Awards Publication – ***A Guide to Adult Awards In Scotland***
<http://generationsworkingtogether.org/resources/amazing-things-supplement-a-guide-to-awards-for-adults-in-scotland>
- The Woodland Trust are offering free tree packs for Schools and Community Groups, Deadline for applications is 7th of January.
<http://www.woodlandtrust.org.uk/plant-trees/in-your-community/>
- It was also discussed that there is a range of publications available online including Local Authority Guidelines.
<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>

Brian – VASLN

- New Preventative care measures using SDS (Self Directed Support), previous set up was that after first fall an individual would be referred to *Strength and Balance*, now in order to help prevention *Paths for All* is being set up to encourage walking and help build mobility before first fall.
- *Strength and Balance* looking for 5 volunteers per each of the 4 South Lan areas
Paths for all looking for 20 volunteers per each of the 4 South Lan areas
- Computer Courses are in development, younger people helping older users. DWP have agreed to work in partnership and offer a session after these classes have ended, to show user how to use DWP facilities online i.e.: completing electronic Pension Credit Forms –
- University of West of Scotland, Hamilton Campus, are providing computer suite facilities for IT classes, and VASL are bussing users to the venue
- Brian suggested inviting Fiona Dryburgh of VASLAN to the next meeting to give insight into Youth Volunteer – Saltire awards and local school involvement with the awards.
- A local High school have set up a befriending service to local residents, offering shopping deliver, befriending and reminiscing times.

- Brian also highlighted *Green Spaces* in Lanarkshire and suggested Joanne Duffy as a point of contact, Joanne trains walk leaders and promotes walking in the area and its benefits.

Liz – Community Learning East Kilbride

- Following on from Brian's suggestion Liz mentioned to invite John Campbell – Youth Volunteer Advisor for Saltire and High Schools in East Kilbride.
- Liz has been working with a group of men seeking the opportunity and premises to start a *Men's Shed* project. After an advert in a local paper Catriona replied as she had a space and was looking for participants for the same project.

Catriona – Buddy's Workshops/Men's Sheds

- Catriona has been working with families in a double allotment space in Springburn, Bringing different generations of families together through this project
- The *Men's Shed* project is in development stages with plans for refurbishment to the premises in Hairmyers. Interior work is hoping to be started in January 2015.
- The premises – *Buddy Community Workshops* – will bring together a *Men's Sheds* Area, an office space, boardroom area, industrial kitchen, community garden of raised beds and a large Community Workshop/exhibition/project area.
- The kitchen area will be able to facilitate cooking classes for the *Men's Shed* group on order to provide wellbeing support.
- The aim is that after 5 years the *Men's Shed* project will have grown to a self sustaining social enterprise.

The following funding links were suggested to the group at this point

<http://generationsworkingtogether.org/news/the-robertson-trust-16-06-2014>

<http://generationsworkingtogether.org/news/yorkshire-building-society-lasting-legacy-fund-25-08-2014>

<http://generationsworkingtogether.org/news/scotrail-foundation-funding-14-09-2014>

Date of Next Meeting: Wednesday 11th of February 2015, Terminal 1 Youth Centre, Logan Street, Blantyre, G72 0NT, 1pm – 3pm