

## North Lanarkshire Network Meeting

Date: 22<sup>nd</sup> October 2014 Venue: CACE, Cumbernauld



**Generations  
Working  
Together**

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**In attendance :** Christine McNally (GBT); Linda Anderson (Age Scotland); Marianne Innes (SAMH); Anila Ansari (NHSL); Kamil Tomzik (VANL); Cheryl Ewing (GWT).

**Apologies:** Robert Pippet (Orbiston Neighbourhood Centre); Ian MacDonald (Well Informed); Alistair Moyes (It's Your Life).

**Introductions:** Cheryl welcomed everyone to the meeting and prior to round-table introductions provided context to the network, reiterating the purpose of the network as follows.

Local networks are designed to create networking opportunities for organisations and groups who would like to be kept up to date with what's happening in the local area; along with opportunities to link with other key partners in delivering current and future intergenerational activities. In addition members will hear what GWT is planning to do nationally, and how they can have an input in our policies and strategies.

Cheryl also informed the group of the changes in the Networks as she is now taking over from Alison Clyde as network development officer.

### **GWT National Update**

Slight delay in letters being sent to Director and Heads of Education re training (planned for end of Aug), due to Yvonne Coull our other Local Development Network Officer and Trainer being on long term sick. Alison hopes to send letters probably around October time. Will keep everyone posted.

- Equality Internship (SCVO) – GWT are hoping to recruit a Development & Communications Internship Post in the near future to work on developing a toolkit for the intergenerational quiz to go national.

<http://generationsworkingtogether.org/news/development-communications-intern-vacancy-30-09-2014>

- GWT impact assessment being carried out by ANIMATE Consultancy – a survey will shortly be sent to all members and those who have taken part in our training courses. Alison asks if you could take 5 – 10 minutes to complete the survey being very honest and letting us know what ways we could improve the networks, training courses etc and if there is anything we could do extra to

provide you with support. There is also two focus groups being held for network coordinators and partners – a big thank you to those who have agreed to take part.

- Intergenerational Training – Training the Trainers Course will be of interest to those who are keen to embed intergenerational approaches within their programme of work. Full programme of training courses now available at [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org)
- The YOUNG START funding through the BIG Lottery – there will be an announcement in Oct about a couple of changes to the fund (good news not bad)  
<http://generationsworkingtogether.org/resources/intergenerational-funding/>  
<http://generationsworkingtogether.org/resources/young-start>
- The group were also informed that there is a supplement to the Amazing Things Youth Awards Publication – ***A Guide to Adult Awards In Scotland***  
<http://generationsworkingtogether.org/resources/amazing-things-supplement-a-guide-to-awards-for-adults-in-scotland>
- It was also discussed that there is a range of publications available online including Local Authority Guidelines.  
<http://generationsworkingtogether.org/resources/guidelines-bringing-together-local-authorities-and-intergenerational-practice-in-a-scottish-policy-context>

Linda – Age Scotland

- Age Scotland are developing a walking football league and are awaiting news on a funding bid from heritage lottery fund.
- Age Scotland, National Conference to be held in Perth 19<sup>th</sup> of November, with the theme of Wellbeing

Anila – NHS

- In collaboration with the Mental Health Arts and Film Festival, an intergenerational and multiethnic dance project was run for women in the area at the start of October. Funding has been applied for in hope that this can be a continuing project.

Kamil –

- Training projects for unemployed 16+ (do not need to be unemployed for set period of time) running until April 2015  
*Basic IT, Befriending Training, Conflict Resolution, Personal Development, Equality & Diversity, Tools for Communication and Listening Skills*
- Job Centre plus can refer or self referrals can be made
- Kamil suggested getting in touch with Mark O'Hare, a Young Peoples Advisor from Job Centre Plus

- Invite along Blameless, Hamilton to next meeting, an organisation formed to give the children of recovering alcoholics and drug addicts' new dreams, happier memories and a vision of hope for the future.

#### Christine – Reshaping Care, Wishaw Area

- Christine is in charge of supporting 30 projects in the area, 8 of which are IG.
- 5 of the projects were specifically formed as IG and the other 3 evolved.
- The most recent specific projects is still in development stage, this being a local *Radio Station* that is starting from scratch, Christine is keen to get local groups/organizations etc on board to take program slots.
- An IG drama project has also been running '*Bus drive + foosty biscuits*'. This is to be showcased in the coming months.
- Also Project Catalyst which runs in three sections
  1. *Resilience Plan, bringing younger people and sheltered housing units together*
  2. *Youth and Senior Forums together*
  3. *Reach Out Program*
- The Three evolved projects are
  1. *IT and Biscuits*
  2. *Tea Dance*
  3. *Vintage High Tea*
- The evolved projects have been of great success, showing the development of both young and old and the cohesive communities these have formed.
- A local Wishaw & Shotts befriending service is soon to be launched and both volunteers and service users are being called upon.

#### Marianne – SAMH

- **Experience Counts** 16+, a peer support service that lasts approx 6 months which helps to set and achieve the individuals personal goals.
- A program of training sessions ***Tools For Living*** for 16+ will be held in Motherwell, Cumbernauld and Coatbridge, November to December. The sessions will consist of 6 modules but these can be attended to suit individual needs:  
*Emotional Awareness, Confidence & Self – Esteem, Positive about change, Resilience, Assertiveness and Anxiety & Stress*

**Date of Next Meeting:** Date and Location to be confirmed