

Winter Network Meeting Report for Highlands & Moray

Date: 2nd December 2014

Venue: Spectrum Centre, Inverness

In attendance: Marie McIlwraith (Scottish Health Council), Fraser Thomson & Wanda MacKay (High Life Highland), Iain Donald (RCOP Highland), Jenny Devlin (TSI Moray), Wilma West (Highland Council), Mike Wallace (Highland Senior Citizens Network), Helen Hunter (Ass Literacies Tutor/ GWT Network Coordinator - Skye & Lochalsh), Judie Holliday (Citizens Online), Stacey Toner (Creative Scotland/GWT Network Coordinator - Moray), Maggie Wallis (NHS Highland), Ro Pengelly (Calemcald & ScotSectorLink), Carrie Bates (Health & Happiness in the Highlands), Gail Duff (Signpost), Kate MacLean (NHS Highland) & Alison Clyde (GWT)

Apologies: Susanne Brown (Raigmore Hospital), Elsie Normington (Golden Times), Julie Simmons (Adult Learning), Julie Wild (Care & learning Alliance), Scarlett Cockerill (Voluntary groups – East Sutherland), Christine Gunn (Caithness Horizon) & Brigitte Vallance (Get it Together), Catriona Nicholson (Fort William Health Centre), **Irene Warner-Mackintosh** (Citizens Online), Kate Chandler (Elgin Youth Development Group).

GWT national update:

- It was with a heavy heart that Alison announced the passing away of Yvonne Coull, GWT's Local Network Development Officer/Trainer. Yvonne had been diagnosed with Pancreatic Cancer during the summer months and had fought bravely against the disease. Alison would like to thank members for their kind thoughts and emails over the past few weeks.
- Cheryl Ewing was recruited in July to help support the networks across the central belt and South of Scotland. Alison will continue to cover the Highlands and Islands.
- **Equality Internship** – GWT has recruited a Development & Communications Internship Post to work on developing a toolkit for the intergenerational quiz to go national. The intern will also develop recognition awards which will be presented at our national conference in March next year.
- **An impact assessment** on the work GWT has carried out over the past 3 ½ years has been carried out by ANIMATE Consultancy. The final report has arrived and is extremely positive. GWT hope to share the publication shortly.
- **Date for your diary** - Our next conference will take place on Wednesday 4th March in the Lighthouse, Mitchell Street, Glasgow. Alison hopes the programme will be confirmed by Christmas.
- Due to the success of this year's conference in Inverness, GWT have decided to repeat the Highlands & Island's conference on 29th April 2015 again in Eden Court. Please contact Alison if you have a project which you feel would be of interest to other groups and organisations from across Scotland. Ideas collated for workshops include: befriending, networking, funding (local funders to Highlands/Islands), evaluation & disclosures.
- National Youth Worker of the Year Awards 2015 – YouthLink Scotland has launched their 2015 awards which includes a Youth Worker of the Year award for intergenerational work. Closing date 18th December 2014. More info on the GWT website and at www.youthlinkscotland.org/
- **Copies of our Education Resource Pack and the publication known as 'Intergenerational approaches to improving health and wellbeing'** can be found on the GWT website at www.generationsworkingtogether.org

An intergenerational training the trainer course is planned for Wednesday 25th March 2015 at Dingwall Community Centre, Old Academy Buildings, Tulloch Street, Dingwall, IV15 9JZ (so far 14

booked leaving only 7 spaces) which is open to all the Highland networks and Moray members to attend

Our round the table session was held in the café over lunch therefore Alison was unable to record information and updates that passed between members. Alison can report that there were many conversations and lots of laughter...

- Maggie Wallis is keen to develop intergenerational work and has been in touch with Yvonne Boa
- Carrie is in the early stages of developing two intergenerational projects
- Wanda ran an IG cook well project with disengaged youths which she hopes to run again
- Granton Grammar School is running a Janitor House Project
- 'Get more from your mobile or tablet' course that Citizens Online ran in partnership with Highlife Highland in Tain

Actions:

- Alison to send Wanda a case study template, so GWT can share their experiences on the website (cook well project).
- Wilma to pass on contact details to Alison for Naomi Brees and Margo Henderson
- Alison to invite Abriachan Trust and other local funders to the conference
- Alison to contact Marie regarding the Scottish Health Council's evaluation toolkit (could run a workshop at conference)
- Volunteer Scotland provide free training re disclosures as do Youth highland (Alison to speak with Jenny Devlin)

Funding Opportunities

Do you have a project idea that will help younger and older generations to be more connected? Yes? Then Young Start fund could be for you. Funding of £50,000 available over two years.

<http://bigblogscotland.org.uk/>

<http://generationsworkingtogether.org/resources/young-start>

AOB

FREE performance in 2015 as part of a five-week tour around Scotland, from 18th Feb – 25th March
The performance 'Better Late Than Dead on Time', which is commissioned and paid for by Road Safety Scotland, looks at the impact of driver and pedestrian behaviour on one family. The issues are dealt with sensitively but presented in a realistic and humorous way to focus on awareness and discussion with the audience. In addition, an interactive workshop will embed the key messages of the performance further and explore the main themes in more detail.

For further details check out the following link:

<http://generationsworkingtogether.org/news/better-late-than-dead-on-time-27-11-2014>

Next meeting: Tuesday 24th March 2015, 1:30pm - 3:30pm at The Spectrum Centre, 1 Margaret Street, Inverness, IV1 1LS

Ross-shire/Caithness and Moray are on the 25/26/27th March. More details on website.

Skye & Lochalsh will meet again in May.