

Meeting Report: East Lothian Network
Date: 24th November 2014
Venue: North Berwick Community Centre, 8 Law Road, North Berwick,, EH39 4PN



**Generations
Working
Together**

In attendance: Gillian Baille (Law Primary School); Sandra King (East Lothian Council); Alistair Sim (STRiVE Wellbeing); Carol Wicker (North Berwick Day Centre); Cheryl Ewing (GWT); Sue Northrop (Dementia Friendly East Lothian); Alison Mack (Ross High School); Chris Wilkins (Sporting Memories); Lesley Kay (North Berwick Youth Project); Lesley Gilles (Dunbar Grammar School).

Apologies: Councillor John Williams, (East Lothian Council); Neil Craik-Collins, (Ross High School); Melissa Byrne, (Healthy Young Mums Project).

1. Welcome and Introductions

Cheryl welcomed everyone to the meeting and prior to round-table introductions provided context to the network giving the following definition of IP.

Intergenerational practice aims to bring people together in purposeful, mutually beneficial activities which promote greater understanding and respect between generations and contributes to building more cohesive Communities.

Intergenerational practice is inclusive, building on the positive resources that the young and old have to offer each other and those around them (BJF: 2001)

2. Insight into Training

The group were given a small introduction into IG practice, how GWT can support its members and resources available.

3. GWT National Update

- Details of GWT National Conference for next year – (The Lighthouse 4 March 2015) will be posted on the website soon – look out for details -
- Intergenerational Training – Glasgow 25th of March
- Joint Improvement Team – Myra Duncan has been researching the impact of Men's Sheds in Scotland. For more information - <http://generationsworkingtogether.org/resources/joint-improvement-team-jit>
- Funding – Big Lottery – Young Start – There has been a poor uptake of this funding under the Connection Strand which has an IG theme. Encouraged to apply.
- Woodlands Trust – Free tree packs for groups available – 120 saplings. Deadline 6 January 2015. <http://www.woodlandtrust.org.uk/>

- Meal Makers – Launching a pilot in Dundee. Meal Makers is a local neighbourhood food sharing project connecting people happy to share an extra portion of a home-cooked meal, reducing social isolation and malnutrition in older people. Hoping to roll out in Glasgow in the near future.
- Theatre - Better Late Than Dead on Time – anyone interesting in hosting this please speak to Cheryl <http://www.theatreand.com/index.php>

4. Round Table Project Updates

Gillian Baillie – Law Primary School

Law Primary has been involved in working with East Coast Fm, interviewing and broadcasting to share their projects with the community.

Alasdair Sim – STRiVE Wellbeing

STRiVe have been undertaking a numbers of projects including giving pupils skills for moving away to university– cooking, budgeting etc. with community mentors.

Men’s Shed East Lothian is based in Macmerry and is open to all men who want to share their skills, pursue hobbies, work on community projects or just enjoy a chat and a coffee. Men’s Shed is operated by Strive in partnership with East Lothian Council’s Ageing Well Project. The Shed groups runs Tuesday and Thursday 1pm – 4.30pm. Ross High has also been getting involved with the project.

Social Shopper – a befriending project helping with all shopping needs for various individuals. Also an Intergenerational Teas dance was organised with help from pupils at Dunbar Grammar.

Carol Wicker - Day Centre North Berwick

The day centre has been running intergenerational projects looking at the History of the local harbour, learning to knit &knot. An old style shop was also set up, life story books were also created as part of the IG project, scanning photos etc to create the books.

Chris Wilkins– Sporting Memories (Across UK)

Set up reminiscence groups, starting to set up Memory Makers (gathering memories of sport). Work was also done in partnership with Glasgow Caledonian University during the Commonwealth Games. A Pilot project has been running with primary school children, memories they have of commonwealth games 2014. These memories are recorded and can be shared. Chris is keen to hear from groups and volunteers interested in helping to combat depression, loneliness and isolation across East Lothian, through sporting memories.

Sue Northrop– Dementia Friends.

The group received an update of Dementia Friends scheme.

<https://www.dementiafriends.org.uk/>

Sue also gave update on North Berwick Brownies going into care home to do project with loom bands.

Lesley Kay – North Berwick Youth Project

Trained in Dementia Awareness, Lesley has been running an IG project in the projects café space, young people are learning hospitality skills whilst gaining their Saltire awards, working with members of the community.

Lesley Gilles– Dunbar High School

Already doing 'cross-generation' work and working with old folks home directly across from school. Lesley updated the group on the Learn to succeed Programme running within the school. It was suggested to invite along Kirsty McLuckie to the next meeting, to perhaps give a presentation with the pupils she has been working with on the IG Tea Dance.

- 5. Date of Next Meeting:** Monday 23rd February 2015, 2:15 – 4pm, in Dunbar Grammar School, Summerfield Road, Dunbar, East Lothian, EH42 1NJ