

# Similarities & Differences

**Try to make sure everyone can see each other, and suggest that people actively watch the process.**

**Ask participants to stand or to raise their hands if the statements apply to them.**

**Examples – stand up/raise your hand if:**

- You have a pet
- You intend to vote in the next election
- You like Christmas
- You've ever won a prize for something you're good at
- You've ever won a prize by being lucky
- You can play an instrument or sing
- You often feel annoyed about something
- You own something precious
- You remember a really good holiday
- You watch too much TV

**Choose questions which provide you (the facilitator) with some information about participants, as well as an introduction to a more substantial discussion. For example with the questions above, you could focus on:**

- Pet owning – companionship – loneliness
- Voting and participation in decision making
- Celebrations – past and present; things we feel 'good' at
- Luck and fate – being in control of what happens to you
- Expressing opinions – positive and negative emotions
- What make something 'precious' to different people
- Leisure – holidays; TV, music etc