

# Hand Activity

This activity can be done individually, or in groups. It is suitable within the separate generation groups or when the two generations are brought together. The questions given can vary. They can be themes to provide general information for the groups to share or they can be focused questions providing a baseline or starting point for individuals.

## Instructions:

- Draw around your hand
- Discuss and agree five questions which you could ask your project members which will encourage discussion between the generations (avoid closed questions)
- Write or share the answers to the questions on the fingers

Your questions could relate to the idea you are thinking of developing.

