

The conference is organised by:

Faith in Older People which aims to develop a better understanding of the spiritual dimension in the care of older people

The Health and Social Care Alliance is the national third sector health and social care intermediary. **It brings together over 300 organisations and over 500 individuals** to ensure the voice of people who are disabled or living with long term conditions and their unpaid carers, and the expertise of the third sector, are influential in shaping policy and practice.

Animate is a consultancy agency which supports organizations seeking to make a difference in the world to make more of an impact. We have been collaborating with FIOF and with NHS Chaplaincy for several years now, making the links between practitioners across sectors who are dedicated to promoting spiritual health and wellbeing.

The NHS Chaplaincy

NHS Chaplaincy Community - "Spiritual Care is person centred care which seeks to help people (re)discover hope, resilience and inner strength in times of illness, injury, transition and loss."

Spiritual Care is provided by all who work in health and social care as well as by patients, carers and friends. The role of specialist spiritual care providers - healthcare chaplains - includes helping to resource, enable and affirm colleagues of different disciplines in their delivery of spiritual care. Significantly this involves supporting them in reflecting on their own spirituality and that of patients and their carers.

INSPIRATION TODAY HOPE FOR TOMORROW

Spiritual Health - Whose Business Is It?

One day conference

This conference is **FREE** but you must register on the Faith in Older People website www.faithinolderpeople.org.uk by 11th March at the latest

Monday 16th March 2015
9.00am – 4.00pm

Renfield St Stephen's
260 Bath Street, Glasgow G2 4JP



Purpose

This one day conference aims to provide encouragement to all those interested in supporting individuals to have more of a sense of meaning and purpose in their lives.

We have gathered together real examples of grassroots collaborative action to inspire us and they will explore how we can work together at community level to tackle health inequalities and improve health and spiritual well-being.

Format

This is a day for sharing and we are delighted to have Andrew Lyons, Converger at International Futures Forum to facilitate discussion and encourage us to explore collaborative action and to learn from others.

Audience – Community groups, voluntary and statutory agencies

Andrew Lyons – our Facilitator

The International Futures Forum fosters practical hope and wise initiative in challenging circumstances <http://www.internationalfuturesforum.com/>

The IFF addresses complex, messy, seemingly intractable issues – local, global and all levels in between. It responds to the conceptual emergency, wherever it shows up.

IFF works with governments, communities, businesses, foundations and others. It supports people experiencing a combination of aspiration for something better and frustration that little they do seems to get them nearer their goal. It develops their capacity for inspiring and transformative innovation rather than simply propping up the old system.

Based on 10 years' experience the IFF has learned how to help any group get back in touch with their highest aspirations and figure out how to realise them, not in the distant future but starting today.

Programme

- 9.15 Arrive and register
- 9.45 **Market Place opens** – a chance to visit stalls and exhibitions and to discuss a range of work being undertaken across Scotland
- 10.15 **Andrew Lyons** - Converger in the International Futures Forum will be our facilitator and set the scene
- 10.30 **BLETHER** – to develop an understanding of what we mean by spiritual health
Lead by Suzanne Bunniss of Firecloud
- 10.45 **Workshop pitch** – those invited to give a workshop will give a 2 minute pitch to encourage you to attend their workshop. You will be able to attend 2 workshop sessions in the morning and these will be on a first come first served basis according to the number of places available.
- 11.00 First workshop
- 11.45 Second workshop
- 12.30 **LUNCH – another opportunity to visit Market Place**
- 1.30 **Raising our spirits** - Singing with Matthew Todd Community Musician
- 2.00 Workshop pitches as in the morning
- 2.15 First Workshop
- 3.00 Second Workshop
- 3.45 **BLETHER** session to highlight current aspiration and hopes – chance to highlight these on materials provided. Lead by Suzanne Bunniss – Firecloud
- 4.00 **Andrew Lyons** – emerging themes, observations and what next