

Meeting Report: Argyll & Bute

Date: 10th April 21, 2015

Venue: Burnet Building, St John Street, Campbeltown,
PA28 6BJ.



In attendance: Cllr Anne Horn (A&BC); Pat Dean and Lynda Syed (AVA); Rachel McNicol (Allenergy); Cheryl Ewing (GWT); Amanda Card (Kintyre Recycling); Alison McGrory (A&B CHP); Deirdre Henderson and Antonia Baird (A&BC).

Apologies: Alison McKenzie (A&BC); Marie Maclean (A&B Women's Aid); Margaret Wallace(AVA).

1. Welcome and Introductions

Anne welcomed the group and gave some insight into the A&B network before handing over to Cheryl for the GWT nat update.

2. GWT National Update

It has been a busy time for GWT over the past few weeks and April will also be filled with events.

GWT National Conference: on March 4th we had our National Conference where just over 140 members came together, to hear best practices, network and celebrate the successful Intergenerational approaches that are being taken across Scotland.

For our members in the north we are pleased to announce we will be holding a **Highlands & Islands Conference on Wednesday 29th of April in Inverness**. Booking is now available through the GWT webpage.

Recognition Awards:

Was of great success, and we were able to present 17 certificates of Merit, 7 Highly Commended and 2 of Outstanding Contribution. Our 6 trophy winners from across the country highlight just some of the amazing approaches to IG practice.

Impact Evaluation by Animate consultancy has now been published and available electronically or as a hard copy

Intergenerational Quiz Toolkit – This is based on the highly successful model of practice built in East Renfrewshire & Renfrewshire, using successful partnership links between the council CLD, schools, community groups and sheltered housing. This has been sent for design and print and will be available in the coming weeks. We are holding a series of toolkit seminars to introduce our members to ways of best practice and how to engage in the first national final that should go ahead in 2016.

Seminar Dates: **Dumfries 23rd, Stirling 24th & Aberdeen 27th of April**

Training

A 4 hour Teachers training toolkit has now been piloted contact Alison directly if interested in this 4 hour training opportunity. Also if any members are looking for the full day Training the Trainers course please register your interest so that we are able to plan our 2015 training in locations that best suit our members.

Some of our Network Co-ordinators have also come together to undertake a full day training on Impact Assessment. This new understanding of IMPACTS will now be filtered through our new training resources that are available online.

Opportunities

Big Lunch – Excellent opportunity to build community ties, whether it is on a street, in a park or local hall – SUNDAY 7TH JUNE – sign up now for free pack

Young People and Communities: Inside or out?

Wed 6th May 4:30 – 7:30 Strathclyde uni

Do communities have a positive relationship with young people? Are young offenders hoping to reintegrate into their community given enough support? Can young people and their communities work together to bring about change? The Centre for Youth & Criminal Justice (CYCJ) will invite young people, representatives from communities, practitioners and the general public to consider these questions and will share their experiences.

Age of creativity WEBINAR – singing health and wellbeing : the evidence for action 15th of April

Walking football Festival – 7th of June, registration for teams now open will take place at Ainslie Park, Edinburgh

Befriending Network – Health and Loneliness Roadshows

The Health and Loneliness Roadshows will bring together health and social care professionals in all 14 Health Board areas of Scotland throughout 2015 in a discussion of the impacts of loneliness on health and, by consequence, on health and social care services.

CPD Certified session.

<http://www.befriending.co.uk/health-loneliness-roadshows.php>

3. Round Table Project Updates

Lynda – AVA

Working within the small communities of Mid-Argyll, all ages have been meeting up to partake in Clubbercise. This is a fitness session where participants engage in fitness dance sessions in darkness with glow sticks and dance music. This has been popular with all age groups and the group have applied for £250 community council funding to do taster sessions in Tarbert.

Lynda also informed the group of the new BBC series, 'Back in Time for Dinner', where one British family embark on an extraordinary time-travelling adventure to discover how a post-war revolution in the food we eat has transformed the way we live. Each week the series looks at a different decade from the 50's to the 90's. This provides some valuable insights, discussion starters and intergenerational themes concerning food and living.

Within her role Lynda has been encountering older men – widowed – encountering problems as seemingly straight forward as turning on the washing machine. This could prove the opportunity for IG work, in both a preventative sense and addressing the needs already faced by members of the community.

Alison suggested the opportunity for a central hub for the area, providing information and support services for all ages, discussion was made around the lack of community building spaces where all generations feel welcomed and comfortable.

Rachel – Allenergy

Recently new to the membership, Rachel is looking to start a fuel poverty project in the near future, with S5/6 pupils and sheltered housing tenants. This will include the generation's skill sharing and befriending through a selection of activities: How to budget, online billing, reading meters, history of gas/electric systems, household energy systems. Partners wishing to get involved should contact Rachel directly.

Alison – A&B CHP

Alison shared some information regarding the A&B Health & Wellbeing network, and can include information regarding IP in the next newsletter.

At this point discussion was made regarding the single outcome agreement and A&B 6 main aims for the local authority. Members will look at what thematic and strategic level groups such Health & Wellbeing, GIRFEC etc are running over the next few months, in order for IP to be raised and hopefully incorporated into planning and attract new members. Lynda has already (amongst other points) put forward IP to the Mid-Argyll Partnership network.

Antonia – A&BC

The Islay Youth Café have been involved in some sessional activities using skill sharing with textile and fabric skills. Antonia is keen for any statistics/reports that may show the difference between Urban and Rural settings, with communities engaging in campaigns and accepting the need for action – for example rural areas dismissing having a drug problems, not engaging with campaigns, and this naivety leading to issues arising.

Within Mid-Argyll there is 30+ men eager to have a Men's Shed but due to lack of premises cannot start any project at the minute. There are increasingly more younger men interested in the project.

Anne – A&BC

Lochgilthead ran a community Christmas event, on Christmas Day 2014, organised by Amanda Scott. This invited local people who may face being alone at Christmas to be part of a group, it was suggested by some members of the group that this could be developed further if continued for 2015, seeking more referrals from partners.

Youth Development officers have been working with young people to develop a book to celebrate the Psychiatric unit within the A&B Hospital. Young people have been collecting histories and compiling them, details can be found by contacting Raymond Hanagan.

Amanda – Kintyre Recycle

New to the group, membership benefits and GWT history were summarised, providing a refresher to the group. Kintyre Recycle is a Social Enterprise working with various communities groups and offering community payback and employability placements.

For the reuse bike project it has become necessary for larger amount of space and are looking at the future of the project. The process of acquiring larger premises has been started and hopefully this will be able more reuse/recycling and more opportunities for the communities; this will include space for the furniture recycle project to expand. There is also the possibility of supporting the public to get back on their bikes, Cheryl suggested to look at Renfrewshire's Active Communities over 50's project.

Pat

With money from RCOP, the 'Happy Bus' is able to offer older people trips out, accompanied by escorts (often younger generations). Pat also informed the group of IG Thanksgiving and Christmas meals within the community.

Deirdre – Libraries/McMillian

The group was updates of the need for volunteers across A&B to assist in the McMillian Cancer drop in services. Currently within Campbeltown this in on a Thursday 11 – 3.

4. Date of Next Meeting: TBC