

Meeting Report: Renfrewshire

Date: 28th November 2014

Venue: Linwood Baptist Church, Erskinfould Road, Linwood



**Generations
Working
Together**

In attendance: Kenneth McMaster (Paisley West Central Community Council); Stephen Slevin, Bernadette Reilly (Renfrewshire Council); Claire Herrity, Joyce Thomson (St Peters Primary School); Emma McCrystal, Susan McDonald (Active Communities); Margaret Mymond (Mazwelton Court Tenant Association); Anne Duncan (ROAR); Iain Houston (Alzheimer Scotland); Jaqueline MacKay (Renfrewshire CHP); Cheryl Ewing (GWT); Ian Williams (Environmental Training Team); Lesley Compston, Lauren Fearon (KLASCare/Linwood Active); Iain Cunningham (Engage); Fiona Auld (Youth Services).

Apologies: Les Fernie (Walking Tours on Wheels).

1. Welcome and Introductions

Susan Welcomes the group and gave a Renfrewshire IG update.

1. "Train the Trainers" course was delivered in September in Linwood with 15 participants.
2. Susan attended the Local Coordinators meeting in Glasgow. Good examples of work in other areas:
 - Explaining the Difference is an innovative programme for learning how to show the impacts and outcomes of your work, supported by a resource pack of materials. This is a combination of a process and a toolkit of evaluation methods. At the heart of the process is an Action Learning Group and at the centre of the toolkit is a logic model. www.learninglinkscotland.org.uk
 - Magic Me – intergenerational cocktails in care homes
<http://www.magicme.co.uk/>
 - Dementia Awareness training for young people . Dementia Aware Town – Auchterarder
 - Laughther yoga, Aiveen Ryan. Susan has invited Aiveen to work with Active Communities on their Feel good Renfrewshire programme.
 - East Dunbartonshire, Intergenerational event in Kirkintilloch. Susan will share the format of the event at our network meeting
2. Susan met with Duncan from Animate to feed into the national evaluation of Generations working together

3. Susan meet with Janice Leveins, Education Department to promote intergenerational work, particularly in light of the the new education resource.
4. National Conference – March 4th, Lighthouse, Glasgow. Themes- Health, Education, befriending. Opportunity for Renfrewshire to deliver a workshop – Approaches to embedding IP work in Renfrewshire – LA, 3rd sector, network.
5. Feelgood Renfrewshire:
 - Singing through the Ages has developed the intergenerational strand with links to Newmains Primary School. An 8 week block of reminiscence and singing took place, culminating in a performance for family and friends. The group also performed at The Spree.
 - Community Games events, linked to Glasgow 2014 were delivered in September and October in Paisley and Linwood. Over 800 people took part.
6. Intergenerational Quiz with East Renfrewshire Council takes place at the Lagoon this afternoon.

The Intergenerational Quiz has been set up to challenge negative stereotypes surrounding age and give young and old the opportunity to work together. It enables older people to become part of their community and helps to break down barriers by getting younger and older people to work together to share information and skills. This has many benefits including reducing isolation, improving mental health and providing structure to an older person's week.

The teams, made up of groups of older people and school pupils from East Renfrewshire, Renfrewshire and North Ayrshire will battle it out over a series of challenges which include playing a game of golf on the Wii, identifying fashion through the ages and hanging washing on a line.

The team representing Renfrewshire this year is comprised of tenants from the Council's sheltered housing complexes at 'The Oaks' and 'Houston Court' in Johnstone, from our high rise block of flats designated for older people at 'Glencairn Court', Paisley and Primary 7 children from Gallowhill Primary School. Over the past few months they have been meeting up to have some fun through learning from each other - the adults entertaining the children with things from the past, and the children showing the grown-ups some of the benefits of modern technology. Between them, they agreed on the team name "The Gallowhill Knitting Needles"
Lagoon this afternoon!

2. GWT National Update

Over the Summer Alison has been working on new training materials, using GWT's case studies and activities in place of those taken from Beth Johnson Foundation. A 4 hour teacher training course has also just been piloted and any groups/schools wishing a morning, afternoon or twilight Intergenerational Training Course; this has not been advertised on website yet, but any schools or groups interested in this condensed training should contact Alison.

Cheryl has taken over additional networks and is now development officer for 16 networks across the west, central belt and south of Scotland and is also delivering Training the Trainer Courses in this area. Groups/individuals wishing to take part in training should register their interest with the GWT team in order that dates may be arranged for 2015. More information on the structure of training can be found at our website.

www.generationsworkingtogether.org

These are free, discuss good IG practice, look at how to bring communities together and evaluate IG projects.

Also GWT would like to welcome Derek Cheyne this week as our Communications Intern to develop a national toolkit for Intergenerational Quiz and new recognition awards.

Yvonne Coull

It is with great sadness that I have to advise that Yvonne Coull has passed away yesterday. Yvonne was diagnosed with cancer a few months ago and she confronted her illness with great courage and dignity. Unfortunately the cancer became more aggressive and spread quickly over the last three weeks. We have Yvonne to thank for the major role she played in developing local networks in the east of Scotland and in writing our intergenerational education resource " Learning Through Intergenerational Practice" which is being so well received and will be a fitting testimony to her desire to see all generations support and learn from each other.

GWT National Conference – 4th March 2015 @ The Lighthouse, Mitchell Lane, Glasgow
Suggestions can be made to the GWT team as to the structure and content of the Conference, please get in touch with any ideas.

Impact Assessment

Over the past few months GWT have been working with ANIMATE Consultancy to produce and impact assessment; we would like to thank all those who participated in online surveys and interviews.

Funding

The YOUNG START funding shortfall in applications for CONNECTED Strand. This funding looks at bring an older and younger group together, not inbetween as this is seen as a community project. Only a handful of applications this year have been received and only 3 have received funding, so a great chance for those looking for funding for IP.

<http://generationsworkingtogether.org/resources/intergenerational-funding/>

<http://generationsworkingtogether.org/resources/young-start>

The Trusthouse Charitable Foundation gives grants for running costs or one-off capital costs to charities and not-for-profit organisations for projects addressing Rural Issues and Urban Deprivation. Within these overarching themes, the foundation are interested in three areas:
Community Support,

Disability and Healthcare,

Arts, Heritage and Education

<http://www.trusthousecharitablefoundation.org.uk/grants/>

Opportunities

Woodland Trust are offering Free Tree Packs for Community Groups and Schools.

Deadline 6th January <http://www.woodlandtrust.org.uk/plant-trees/in-your-community/>

Meal Makers is a community cooking project being piloted in Dundee but is looking for individuals and groups to register their interest for the project to be rolled out across Scotland in the near future. The project connects people who like to cook and are happy to share an extra portion of a delicious home cooked meal, with older neighbours living close by who could really benefit from a hot cooked meal. The meal makers team will work with local organisations to help reach Diners, by taking referrals – referrals can also be made by friends or family.

<https://www.mealmakers.org.uk/>

Men's Shed Scotland Research JIT has commissioned Myra Duncan to carry out a piece of work to explore how interest in Men's Sheds has spread across Scotland and what can be learnt about how this happened. A key part of this work is to identify all Men's Sheds in Scotland, including those in development stages and those which are just an idea at the moment.

Please contact Myra with the name of the Shed, its location and contact details.

md.consulting@btinternet.com 01470 521797 or 07769 707382

Graham Hardie

Hi

As part of the project in Linwood Moss I have funds to offer an enthusiastic community group (or an organised bunch of local people) the chance to work with the Trust for Conservation Volunteering (TCV) weekly for 6 weeks to help actively conserve and improve the woodlands.

This will include a range of practical physical activities from pruning and clearing trees and bushes, to path maintenance and invasive species clearance.

I cannot organise the group itself and my only role is to put the relevant group in contact with TCV and their leaders to get the sessions organised. At present they have penciled in a Linwood group to work on Thursdays beginning 4th Dec until the 18th and then continuing with 3 sessions following Christmas and New year.

I'm keen to hear from anyone/group that is interested.

Thanks

Graham Hardie

Outdoor Leader, Educator & Instructor.

Woodland Learning Adventures

3. Round Table Project Updates

Roar

Lochwinnoch Primary and Garden group have received funding to grow vegetables. The group are trying to produce a recipe book and are looking at a 'come dine with me' project ideas.

Environmental Training Team

ETT is now registered as a social enterprise. Also have been in touch with New Directions with the view of coming in to teach skills.

KLASSCare/Linwood Active

KLASSCare is now a CIC (community Interest Company), and Lauren has been helping local schools involved to complete DofE

4. Ideas for Intergenerational Day

Groups were asked to discuss a showcase event for 2015 , the following questions were used as a guideline:

Aim of the event? Showcase good practice, attract new members, training opportunities....

Target Audience? Who should we be inviting?

Programme – tasters, workshops, speakers

When & Where? Suggested venues, timings

Who can help? Volunteers for a small organising group

Funding ? potential funders?

Feedback from groups:

Group 1: Intergenerational "History to the Future"

Target : ROAR, Care Homes, community Groups , Senior Forums

Programme: What is healthy, not healthy

Workshops/Tasters : Fashion, dance, movies, jobs, school days, food, singing, communication, toys, housework

Presenters: Current IP projects

Funding : CHP, Free advertising (RL, Renfo website), possible free venue (RL), Local Area Committee

Group 2

Programme : physical, digital, singing, cooking

Venue: Large hall with break out rooms, possible kitchen facilities for cooking demo. Access to wifi

Reid Kerr or Tweedie Hall

Target Audience: whole community (groups/schools/council)

Timing : Jan – summer

Group 3

How: work as a team, marketing the event, draw on everyones strengths, consult with wider community

Why: attract new customers, showcase good practice, break down barriers

Pitfalls: turning into a “club”, using the same people, reflection and evaluation collectively

Actions : Susan and Cheryl to talk to Alison Clyde re the budget for the event and planning to take place at next meeting.

5. Laughter Yoga

The meeting concluded with a hilarious taster session of Laughter Yoga! Susan has agreed to organise Laughter Yoga training and will circulate training dates.

6. Date of Next Meeting – Friday 29th of May 2015 TBC