

European Map of Intergenerational Learning

Newsletter – 22nd edition

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European Map of Intergenerational Learning (EMIL)

European Projects, Programmes & Partnerships from the field:

Cycling Without Age - Featured in AGE platform's Best practice, *Cycling Without Age* reminds us of that relationship with our elders and on our five guiding principles that we abide by. *Without age* is the principle of how life does not end at a given age, but instead we can embrace what each generation has to offer through something as simple as cycling.

There is no age limit to cycle, even if some help may be useful. Developing the intergenerational potential of cycling is precisely the objective of "Cycling without Age", which proposes rickshaw rides for older people across 23 countries worldwide. Started in 2012 by a Dane who offered free bike rides to the local nursing home residents, the movement has now spread nationally and globally. As of November 2015, more than 63 of Denmark's 98 municipalities are offering Cycling Without Age from well over 400 rickshaws – and the numbers are still growing. Volunteers (pilots) sign up for bike rides with the elderly through a simple booking system as often or as rarely as they want to.



The pilot "I miss biking and getting fresh air". This is what Cycling without Age often hears from the elderly at local nursing homes – many of them no longer have the physical ability it takes to bike a trip down memory lane, down to the harbor or just a trip around to feel that they are still alive. This is how the mission behind Cycling Without Age was made. To learn more about this program and how to get involved, [click here](#).

Pioneering arts project brings Greenhiv Green, an immersive theatre experience by Punchdrunk, to London care home

Intergenerational arts organisation, Magic Me's latest Artists Residencies project has brought Punchdrunk Enrichment, part of the UK theatre company Punchdrunk to Greenhiv Care Home, South London to host a 7 week engagement project with its residents from Jan - March 2016.

The village of Greenhiv Green are forming a committee that will gather weekly in the village square, drink tea and take part in activities. All is quiet in Greenhiv Green, until an unexpected discovery and a boarded-up flower shop cause a bit of a stir...Greenhiv Green is an immersive, village green installation, built within the care home. It consists of a hyper real, theatrical village set, complete with a post box, telephone box, a florist shop and cafe.

Punchdrunk Enrichment will host a series of workshops and performances to create a theatrical 'part game, part soap opera' to engage with the residents and staff of Greenhiv Care Home, a care home run by Anchor Care. Punchdrunk formed in 2000 and established an international reputation as a ground-breaking theatre company who create epic worlds and immersive theatrical experiences. This is Punchdrunk Enrichment's first project working within a care home setting and with older people including those with dementia.

Magic Me will support the company as they develop their work and ways of working specifically for this audience. The two year project provides a unique opportunity for Magic Me to share over 25 yrs of intergenerational practice and experience of running arts projects in care homes with some of the UK's leading performing arts companies. The project seeks to challenge ageist attitudes that, being old, residents will not wish to enjoy up-to-date work, and provides care home residents with access to top level arts experiences. A report on the findings and experience of each of the four residencies will be published and shared later this year.

Follow @GreenhivGreen on Twitter or [click here to see Magic Me's Artists Residencies Project](#)

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EMIL Member – Profile: *MUNTERwegs*

MUNTERwegs is a non-profit, well-experienced volunteer association, politically independent, non-religious organisation supported and run by professionals such as psychologists, educators etc. Its aim is to promote the equal opportunities for underprivileged children, adolescents and parents in the field of education thus improving their quality of life. From its establishment in 2009, MUNTERwegs has organized mentoring programs in various communities and in cooperation with different organisations, e.g. Red Cross, Caritas and public authorities, e.g. canton Zug and Luzern, city of Emmen (LU), Baar (ZG), Rotkreuz (ZG) and Basel), mainly in Central Switzerland.

MUNTERwegs carries out the following main activities: promotes the acquisition of the German and Swiss-German languages and thus the integration of migrant children, adolescents and adults; promotes contacts between the migrants; and provides training for parents

More than 300 pairs were matched and coached in the last 6 years. MUNTERwegs also provides training and coaching for their mentors and the participating families in the field of health prevention (physical and mental well being), learning techniques, resilience, fostering equal opportunities and social inclusion.

MUNTERwegs organizes a mentoring programme where young people (students from high schools and university) as well as senior citizens act as role models (mentors) for children aged 5 to 11 years and teenagers aged 13 to 16 years from vulnerable families (most of them with migrant background or asylum seekers). One of their project partner is the Swiss Federal department of health and well-being as we coach our mentors and mentees to practice more sport, stay active and lead a healthy life-style. Thus MUNTERwegs is strengthening with its intergenerational mentoring program the physical and mental well-being of its volunteers (mentors) and mentees (children as well as teenagers). Another project partner is the Swiss Federal department of Migration, as MUNTERwegs is supporting the inclusion of migrant youth.

For more information about MUNTERwegs, contact Miram Hess: miriam.hess@munterwegs.eu

EfVET: Intergenerational learning vs. unemployment

Older workers who become unemployed are more likely to fall into economic inactivity, especially women and the lower-skilled. But they have different skills and competences compared with younger generations, and without their participation in working life, a shortage of professional, structural and networking capacities will arise. As such, the main aim of the IntGen Project proposed by EfVET is to develop working partnerships between education and employment, self-employment and entrepreneurship at local and regional levels, as a valid alternative to unemployment.

Many older people are also turning to self-employment for the first time in their lives. The project will create a Mentoring Masterclass ("Train the Trainer"); an open access e-learning curricula on innovation and creativity skills, creating the entrepreneurial mindset and employability skills. This course will be suitable for the target audience of unemployed, entrepreneurs, mentors, students, apprentices and a wider audience, including employers and business organisations.

To learn more go to the [EfVet website](#)

'Mamie Régale': Pensioners cooking for employees in France

This concept offers catering services to employees of local companies and aims to combat the isolation of seniors while providing them with a complement of income. 'Mamie Régale' relies on pensioners with a passion for cooking, who prepare home-made meals for employees in local enterprises. They can cook at home or in collective kitchens, once a week or more, depending on their availability and meet the employees who they cook for once a month. This initiative, led by 2 young women willing to offer local and quality catering services while fostering intergenerational/ intercultural exchange and improving older people's social inclusion and well-being. [Click here to read more](#) or go to their [Facebook page](#).

European Map of Intergenerational Learning (EMIL)

Intergenerational News & Events

CALL FOR PAPERS – Intergenerational Learning & Education in Schools

The Journal of Intergenerational Relationships encourages papers that explore conceptual and practical frameworks to foster intergenerational learning and education in the school system in general and at particular schools; assessments of experiences already in place geared to strengthening the intergenerational nature of school teaching and learning; research evidencing impact (whether in terms of academic performance, competence acquisition, relational climate, or any other relevant dimension) on the school community (teachers, students, staff, families, and the wider community) after adopting an intergenerational perspective; and examples of powerful intergenerational practices and strategies which have demonstrated capacity to transform schools and communities positively.

Papers are due Oct 30th, 2016 to Mariano Sanchez (marianos@ugr.es).

Intergeneration Open Meeting “Generations together”

Organised by the Open Doors Center and ASAG and supported by the Mediterranean University of Albanian and Albanian Public Radio and Television, this meeting aimed to raise awareness on issues such as intergenerational exchange and social justice. It was an effort to encourage all policymakers and other stakeholders to set themselves goals and take action to meet them due to going beyond debating and start bringing tangible results in their communities. Participants (professors and students of the Mediterranean University of Albania) explained how they started up projects in the community, shared their work experience and strategies used to involve different stakeholders. Students, from their side, discussed how to be more engaged and worked closely with civil society organizations in certain projects and initiatives for narrowing the gap that exist between generations. For more information, contact: lauraxhaxhiu@yahoo.co.uk

16th International Conference on Migration and Generation: Call for Papers (23–25 June 2016, Innsbruck/Austria)

In the discourse on migration and integration, generation is a very manifest feature for categorizing and distinguishing aspects of migration. In this connection, the concept of generation points to an actual or supposed shared content of experience as constituted by the migration situation. As a rule, the concept of generations is not given further explication in these contexts; it would appear to be ‘self-explanatory.’ The fact of immigration evidently tends to mask and overshadow all other contents of experience. Thus the question arises: in using the concept of generation in this way, is this more a symbolic-discursive employment or is it actually an analytical category?

Both those aspects need to be interrogated. The first gives rise to the impression of a kind of stepwise sequence of immigration and integration. The second seeks to describe shared features among members of the same age group who are living under comparable social conditions and in a specific historical context. In referring to shared generation-specific experiences, the intention often is to designate a jointly shared social, political or cultural under-standing of generation as an imagined social group, such as ‘Generation X.’

[Click here to learn more about the conference and how to submit your proposal.](#)

ILGA 'Silver Rainbow' campaign sheds light on the specific needs of older LGBTI people and the importance of intergenerational exchanges

On the International Day on 1st October, AGE Platform Europe supported the [‘Silver Rainbow’ social media campaign](#) led by ILGA-Europe in order to raise awareness of the specific challenges faced by older lesbian, gay, bisexual, transgender or intersexual (LGBTI) people and share the many resources from ILGA member organisations and civil society partners on that topic. [Click here](#) to learn more about this campaign.

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Guiding Principles for the Sustainability for the Age-Friendly Community Efforts: A Working Document by Grantmakers in Aging US

This resource, a publication of Grantmakers in Aging, is the result of key informant interviews, focus groups, and a two-day leadership summit held in September 2015 in Washington, DC. The distilled information explores a variety of issues related to the age-friendly movement concept and to its sustainability.

[Click here to learn more and download the publication.](#)

EMIL has added a number of Publications

After many years of providing significant resources, networking opportunities and training the Centre for Intergenerational Practice (CIP) in the UK has closed. As part of this process, CIP has provided EMIL with a number of its publications that still provide people in the field of intergenerational practice with examples of best practices, toolkits and guides on how to conduct IP, and programme evaluations.

[Visit EMILs resources section to learn more](#)

Intergenerational Learning project in Portugal has joined students in classes of 10 year professional courses (Professional Vocational School Bento de Jesus Caraça) with a group of older adults from dAURPIPP - Association of Retired Pensioners and Elderly Paio Pires. The objective is to develop a website in the discipline of ICT - the emphasis was to assign roles to each of the group members where the older group is responsible for the subject, guiding the younger generation, responsible for web development, on producing the content. For more information, email Antonio Camio: antonio.ginja@gmail.com or [click here](#).

Resources

Active Senior Citizens: Volunteers for Social Inclusion

This resource is an overview of the activities implemented during the Grundtvig Senior Volunteering project "Active Senior Citizens: volunteers for social inclusion" realized under the Lifelong Learning Programme and co-funded by the European Commission. ASC is a social project whose aim is to promote the active participation of senior volunteers in the realization of social inclusion, giving an European dimension to the local work of the involved organizations thanks to the cultural and experiential contribution of volunteers from another European Country, while increasing senior volunteers' personal, social, practical and intercultural skills and making them aware of their role as European active citizens. This report show how transnational activities have a strong positive impact on the senior participants in terms of personal growth, increased self-esteem, perception of the value and importance of their life experience and support for disabled users and social workers. [Click here to download this resource.](#)

3rd Annual FamiliesAndSocieties Stakeholder Seminar: Intergenerational Linkages in the Family

This seminar highlighted the importance of policies in shaping intergenerational family linkages. Organised by Population Europe with the support of AGE Platform in the framework of Families and Societies, this seminar investigated the changes operating in European societies and families in order to contribute to evidence-based policymaking.

The session highlighted the determinants of the organisation of long-term care needs for older people and the important role that policies can play in combatting inequalities and in helping family members better combine their professional and personal lives. For more information you can consult Population Europe's [event review](#) as well as [Families and Societies website](#).