

# Everyday Lives and Kinder Communities

## Two Community Events

Ledgowan Hall, Ledgowan Place, Glasgow G20 0JZ

Tuesday 26 April & Thursday 19 May 2016

9.30 am – 12.30 pm

**(both events are free and include lunch)**

*How do we help each other to manage the daily challenges of everyday life? What makes it easier - for some people, in some circumstances – to act in kindness and become involved in relationships of help and support with those around them, such as friends, neighbours, acquaintances or even strangers? And what might make it more difficult?*

These are some of the questions asked in the Joseph Rowntree Foundation's *Liveable Lives* study, which looked at 'everyday kindness' in the specific context of three areas in and around Glasgow – [Bearsden](#), [Maryhill](#) and [Hillhead](#).

[JRF](#), [Carnegie UK Trust](#) and [ASC](#) are running two events at Ledgowan Hall in Maryhill on [26 April](#) and [19 May 2016](#). At the first event we will share findings from the research and hope to hear your views. Do you recognise the circumstances and feelings discussed by those taking part in the research?

At the second event we want to get into some of the questions above in a bit more depth. What if anything, do you think might be 'done' to encourage 'kinder communities'?

For further information and to book a place please contact [info@social-capital.net](mailto:info@social-capital.net)



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