

In attendance: Kasha Jarosz (TSI Moray) Anne Owens (Moray Council)

Apologies: Johanna Quinney (Forres Area Credit Union)

GWT (Generations Working Together) national update:

- The next GWT national conference is taking place on Wednesday 8th March 2017, Stirling Court Hotel – University of Stirling, Stirling. The aims of the conference include to share good practice, learn from each other, network, create new ideas for future intergenerational work and demonstrate how to successfully embed and sustain this work.
The conference cost is £30 but cost is waived for local Volunteer Coordinators and voting members. Volunteer coordinators also get their travel expenses covered for this.
<http://generationsworkingtogether.org/news/national-conference-2017-embed-and-sustain-25-08-2016>
- **Share your images with GWT**
GWT is looking for high quality photographs for new promotional materials. If you are happy to share your images from your intergenerational project showing younger and older people working together please email copies to Alison@generationsworkingtogether.org
- **Intergenerational training Course for Practitioners and Trainers** - new dates now online
Glasgow 7th October, Orkney & Shetland 8 & 10th Nov, 21st Nov Inverness, 13th Feb Ayr and 23rd March Edinburgh – cost £35.00 (includes CPD accreditation)

Funding

The Climate Challenge Fund is OPEN for applications.

Climate Challenge Fund and Young People

You can find out more about previous and current climate action projects, led-by and involving young people through the videos at www.keepsotlandbeautiful.org/youthclimateaction

Climate Challenge Fund 2017/18

- In 2017/18 the Climate Challenge Fund (CCF) will focus on funding projects which deliver the greatest reduction in carbon emissions and support Scotland's most deprived communities, with grants up to £150,000 per project available.
- Keep Scotland Beautiful manages the CCF on behalf of the Scottish Government and encourages community-led organisations interested in applying for grants to check the criteria, application process and upcoming application deadlines.
- For new applicants the deadline for the first stage of the application process, an Expression of Interest, is 28 October 2016.

Learn more about CCF criteria, the application process and deadlines:

www.keepsotlandbeautiful.org/ccfhowtoapply

£4million grants to boost volunteering among over 50s

With life expectancy in the UK increasing, a valuable opportunity has opened up for greater numbers of volunteers to share their skills and talents with others in later life - offering a rewarding experience for both sides.

Today The Office for Civil Society and Nesta, the innovation foundation, have announced three new grant funds totalling £4million to explore how more charities and public services can better tap into the skills and experience of volunteers over 50 for the benefit of all society. The three grant funds are the first to be funded by government through the second phase of the Centre for Social Action and will be managed by Nesta.

Older volunteers already make an important contribution in supporting our hospitals, schools and local councils, and in roles such as magistrates, first aiders and youth club leaders. As people live longer¹ and research shows volunteering can contribute to wellbeing in later life², these new funds will explore how more can be encouraged to volunteer and how their talents and experiences can be retained.

The three funds now open to application are:

- **The Second Half Fund - Sharing Time and Talents for Life:** Will provide grants of up to £250,000 to support the growth of new ways of mobilising the time and talents of people aged over 50 specifically in support of: children and young people, parents and families, ageing well, creating resourceful and resilient local places.
- **Join In Stay In:** Will award grants of up to £50,000 and significant non-financial support from behavioural science experts for organisations to undertake Randomised Controlled Trials (RCTs) to understand what works best to encourage volunteers to continue to give their time regularly.
- **Give More Get More - Exploring Intensive Volunteering:** Grants of up to £100,000 to support organisations to trial intensive volunteering placements for people over 50 - approaching or in retirement - that work alongside public services. These might include 'gap years', such as those VSO offers for experienced volunteers to give their time abroad.

For more information and to apply please visit the Nesta website (www.nesta.org.uk).

The findings, which will be published in 2017 and 2018, will be shared with policymakers and the public sector to help inform future volunteering programmes and initiatives.

The launch of these new funds follows on from the [Centre for Social Action Innovation Fund](#), a programme of work from Nesta and The Office for Civil Society that mobilised volunteers to work alongside public services. The three year programme rallied more than 70,000 people to help 176,000 people including helping the unemployed get back into work, peer mentoring for young people online and imparting emergency lifesaving skills to high risk young people.

Minister for Civil Society, Rob Wilson, said: "These funds represent an excellent opportunity to replicate our fantastic achievements in youth volunteering and I urge as many organisations as possible to apply. The funds will encourage more people over the age of 50 to follow the example of their children and grandchildren, get out in their communities and help us build a Britain that works for everyone."

Vicki Sellick, Director in Nesta's Innovation Lab, comments: "We know that many over 50s are already generously giving their time to help others - from reading to children in classrooms to keeping patients company in hospital. Given that those that do report far

higher levels of wellbeing, and that more local communities could benefit hugely from their skills, we want to see how we can bring to bear the talents and experience that the over 50s possess to benefit even more people.”

Nesta has today published the evaluation and impact data of the 39 projects supported through the Centre for Social Action Innovation Fund and will publish further key findings and recommendations later in the autumn. Visit www.nesta.org.uk.

Report - A Plan for Scotland – Putting People in charge and creating opportunities

The Scottish Government have announced in the above report that they will develop a National Social Isolation Strategy to ensure a holistic approach across government to problems of loneliness and isolation.

<http://www.gov.scot/Resource/0050/00505210.pdf> (see page 76)

Tools to measure loneliness - The organisation ‘Campaign to end Loneliness’ has produced a resource called ‘Measuring your impact on loneliness in later life’. Download the resource here: <http://www.campaigntoendloneliness.org/wp-content/uploads/Loneliness-Measurement-Guidance1.pdf>

GWT (Generations Working Together) local network (Moray) update:

We are looking for a new LOCAL VOLUNTEER COORDINATOR for Moray, to replace Stacey Toner. Anyone interested please get in touch with Rebecca, rebecca@generationsworkingtogether.org Volunteer Coordinator role description can be viewed here:

<http://generationsworkingtogether.org/downloads/50d2f6656a894-Vol%20LNC%20Role%20Description%202012.pdf>

We are seeking two voting members per network (cannot be a member of staff however one place could be the volunteer coordinator). The normal term of office for a voting member will be 2 years however people may stand for re- election at the end of each term of office. Copies of the GWT Constitution are available on request.

- Round the table- Local project updates

Kasha is new to Moray and would like to find out about what intergenerational projects are going on, what ideas people have, and find opportunities to work together with others. Kasha works with BALL groups (Be Active Life Long, more info here:

http://www.moray.gov.uk/moray_standard/page_97262.html). Anne mentioned that through her work at the library she is in contact with BALL groups. Anne also works with Duke of Edinburgh school groups who come for work experience.

Anne has been involved in a project at Lossiemouth library, lead by Community Development team, at which young people undertaking Duke of Edinburgh linked up with older people taking part in BALL. She found it a very positive interaction, involving the sharing of technology and the teaching of skills across generations. Mutual learning and appreciation occurred.

Anne and Kasha agreed that they would like to be part of more projects like these but that it is hard with limited staff and availability – the project needs someone to lead on it and supervise.

Anne described a couple of projects she would like to see happening:

- Younger people assisting older people with family trees; an exchange of knowledge and technical know-how between older and younger people.

- Elgin library has a 3D printer, this could be a draw for older and younger people interested in learning new skills. Anne mentioned the BBC project, 'Build it Scotland' which works with local schools to 3D print local landmarks. Kasha added to this idea saying that older and younger people could link up on field trips to places that hold memories for the older people of the community. Stories could be shared about places and the places they visit could become 3D printed models.
- 'Digital memory boxes' – a lasting legacy for older people. But the final product is only part of it – collaborating intergenerationally on the development and creation of the box could be an exciting process.
- The library already runs digital drop ins, and drop ins for jobseekers looking for help with CVS – both these drop ins often attract older people less familiar with recent technology. This could be a chance to create a volunteering opportunity for school children to help out at the drop ins. This could develop into an intergenerational exchange.

Agreed that we are not short of ideas, but short of resources in terms of people. Networking is very valuable and gives opportunities for people to pull together and share resources.

Activity: Images of generations working together

What does Generations Working Together look like to you, if it were summed up into a picture?

- A story told through a picture
- Not strengthening stereotypes
- Authentic, people being who they are
- Full of life and energy
- Benefits to older and younger people – swapping experiences

Kasha mentioned a positive visual example she has come across of intergenerational practice:

- **3 min youtube vid exploring the question what does 'old' look like:**
<https://www.youtube.com/watch?v=lyDnJrUs4NM>

Context Cafe - Discussion

- 1 What does a successful flourishing intergenerational project look like?
 - A facilitated framework which is developed according to wants of the people involved; community-led decision making. Ultimately the goal is to have ownership of the project in the hands of those involved; the project will be flourishing when people approach you.
 - A beginning and an end (this doesn't negate having an outcome for the project to continue in a self-sustaining manner)
 - Outcomes such as : Mutual respect, reduction of isolation, interpersonal skills
 - A vision: know why we are doing it
 - Enthusiastic leaders

- Fun

2 What would a flourishing intergenerational community look like?

- Development from a project – community carrying it on
- Tackles/ addresses stereotypes
- A feeling of trust and safety
- A learning community – reciprocal and supportive.
- Developing respect
- Awareness of barriers facing both older and younger people such as:
 - Mobility
 - Cost
 - Transport
 - Peer pressure
 - Family
 - Hearing
 - Communication
- Valuing differences of opinions, and breaking down of barriers
- Freedom to express opinions
- Fun
- More opportunities to spend quality time together
- Continue to develop policies on a regional and national level to support intergenerational communities.

AOB

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Next meeting:

19th January 2017