

National Update – Network Meeting

Date: 15th March 2016 Caithness & Sutherland

The Lovell Room, Alba Building, Golspie, KW10 6TG

In attendance:

Lesley Hellon GWT, Tina Mitchell NHS, Kirsteen Campbell Befriending Caithness, Christine Gunn Dunbeath Presevation Trust, Emma Payne Hub Broroa, Isobel Murray East & Central Community care forum, Easter Brown engaging with activitiy, Nikki Harrison VGES, Cara Cameron

Apologies:

GWT national update:

GWT Constitution – copies available on request –

Nikki Morrison nominated voting member for Caithness and Sutherland, request for 2nd on pending The normal term of office for a voting member will be 2 years however people may stand for re-election at the end of each term of office.

- **The GWT Conference** took place on Wednesday 2nd March 2016 in the University of Strathclyde. Presentations from the conference will shortly be available on the website to view along with information on our award winners. We had an amazing 50 applications for our recognitions and were able to award 8 Winners and 5 certificates of achievement. Please keep an eye out for information in our bi-monthly newsletter.
- GWT were invited to attend a **European Conference on Intergenerational Practice** aimed at bringing together people with a demonstrated interest in intergenerational issues (e.g. learning, relationships, policies, practices) in order to exchange ideas and develop collaboration so that a group of ‘critical friends’ could be initiated.

Academics and professionals from seven countries were involved including UK, Spain, Netherlands, Poland, Germany, Belgium & Australia. Alison reported that it was a great experience being able to learn and share ideas with a wide range of people who were interested in IG work. There is some exceptional IG training, research and projects taking place across Europe especially in Spain, Germany, Poland and Belgium.

- **European Certificate of Intergenerational Learning (ECIL)** - Alison will be working closely with Mariano from the University of Granada in Spain to develop an English version of ECIL an online intergenerational training course that we hope will be ready late summer of 2016. The course will take 30 hours to complete and Alison is now looking for tutors who might be interested in getting involved. Mariano is also about to pilot an intergenerational primary school taking learning from a school in America. Mariano would like to hear from anyone who is currently running intergenerational projects within primary schools.

For further info on any of the above please email Alison@generationsworkingtogether.org

- **Accelerating Ideas Project - Big Lottery**

Alison has been working closely with colleagues from Linking Generations Northern Ireland to share good practice between Scotland and Northern Ireland (NI) with a 4-year project bid being submitted in November to the Big Lottery. If successful NI would be using our network model to create 11 local networks across NI and we would be looking to set up age friendly school projects and adapt existing NI intergenerational toolkits for Scottish cities & communities who are working towards the age friendly agenda.

- **Copies of all our publications** can be found on the GWT website at www.generationsworkingtogether.org

A couple of members are meeting with Community Council & councillors and have the guideline publication to pass of to relevant/key people

Intergenerational training Course for Practitioners and trainers

The training is split into three sections:

1. An introduction to Intergenerational Practice
2. Bringing generations together
3. Planning and evaluating Intergenerational Practice

Over the past four years training has been provided free of charge however unfortunately due to funding cutbacks this year we have had to introduce a modest fee of £30 per person to cover our costs. Last Few places available for Inverness available

Funding

The R S Macdonald Charitable Trust aims to distribute up to £2million annually to charities in Scotland through their grants programmes. They are also able to assist beneficiary charities with non-financial support.

The Trust's charitable objects enable them to make awards in four general themes:

- Neurological conditions
- Sight loss and visual impairment
- Child welfare
- Animal welfare

Applications can be made for research as well as for direct delivery of services.

For further details on the Trust's funding themes, and how to apply, please visit www.rsmacdonald.com

AOB

Scotland's Dementia Awards provide entrants with the opportunity to share their work with others who appreciate its value and recognise its power to positively change practice and influence lives. The awards celebrate good ideas, meaningful partnership working and practice excellence. As such, they are motivational for participants and influential on the wider audience of practitioners, families and communities with an interest in dementia.

There are six categories to enter in 2016:

- Best acute care initiative
- Best innovation in continuing care
- Best community support initiative
- Best dementia-friendly community initiative
- Best educational initiative
- Most innovative partnership

Fairer Scotland

There are many themes in which Intergenerational Work would fit well into, this is the opportunity to raise awareness of how Intergenerational work can contribute to a fairer Scotland.

Please visit the dialogue application to browse the ideas already raised by citizens throughout the Country. You can also share some of your own ideas, and discuss these with other visitors.

Fairer Scotland Dialogue

Round the table

Nikki Morrison

Voluntary intergenerational groups, in partnership with the Hub are making fiddle blankets for old peoples homes.

The High Schools have a interact group;

- Helping at meal times
- Sale of work
- Use a resident artist to develop a gallery

Projects pending

Video living letters, waiting on two cameras

Walking football, will have big involvement from young people (local football club allowing use of their pitch)

Dementia Awareness at schools delivering lunch club at schools and is developing an enthusiastic membership, and interaction and times people are attending is both growing and developing into a big social occasion, this is alternative curriculum.

Ester

Part of Caithness online Care Forum Silver Sunday

Children are laying on events in Primary schools, , games, from different generations, in the morning, Tea & cakes and board games, and Ipad games in the afternoon which is being well received by older people and although it takes time numbers are increasing.

Rola Kids interact is a similar project in Caithness too, cutting logs, boiling kettles, and a violin projects is emerging as an off shoot from them meeting.

Rug making, and coordinating visits to older people in the community who they know are in isolation, older kids visiting the locals.

Befrienders – visit the lonely and isolated people. There are 3 1-1 hospital visits

13 young people dementia trained to go into hospitals.

In Dec after a talk given to the pupils, schools are now wanting to be involved and go into Dunbar Thurso hospital.

Buttons and bows are an intergenerational Scottish music group, somebody suggested them playing at the Highland Conference (was unable to contact them)

HLH LDO

New to post but is really interested in promoting IG work into schools.

Calvagh house delivers music, lunch games, afternoon craft sessions IT, although challenging for young people, it is still very early in projects stages.

Hub arts and crafts are looking for funding to open a shop to sell any products produced.

Next meeting:

13th June in Wick