

## **Forth Valley Network Meeting**

**Date:** Tuesday 20th September 2016

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**In attendance:** Graham Reece (Age Scotland/Men's Sheds), Jane Robertson (Living it up), Naomi Kenny (Bonnybridge Library), Ania Sandland (Food Buddies), Polly Rodger (SVE), Liz Stewart (Town Break), Natalie Barton (CVS Falkirk), Victoria Candlish (Stirling Libraries), Liz Rowlet (CTSi), Michelagh O'Neill & David (Climate Challenge) & Alison Clyde (GWT)

**Apologies:** Adele McNee (SACRO). Vanessa Paynton (Macrobert Centre), Jean Porter, Michael Harkin (Terry Higgins Trust), Gill Ross, Barbara Fulford & Lindsay McKrell (Libraries Stirling Council), Louisa Orr (CTSi), & Oliver Harding (NHS)

### **GWT national update:**

- **GWT national conference** taking place on Wednesday 8th March 2017, Stirling Court Hotel – University of Stirling, Stirling. Book your place at [www.generationsworkingtogether.org](http://www.generationsworkingtogether.org)
- **Share your images with GWT**  
GWT is looking for high quality photographs for new promotional materials. If you are happy to share your images from your intergenerational project showing younger and older people working together please email copies to [Alison@generationsworkingtogether.org](mailto:Alison@generationsworkingtogether.org)
- **Accelerating Ideas Project** - Big Lottery (stage 2 submitted) will hear on the 7<sup>th</sup> December (deferred from Sept)  
GWT has successfully recruited two schools in both Glasgow and Perth & Kinross to take part in the Age Friendly School part of the project.
- **Intergenerational training Course for Practitioners and Trainers** - new dates now online 27<sup>th</sup> Jan Aberdeen, 13<sup>th</sup> Feb Ayr and 23<sup>rd</sup> March Edinburgh – cost £35.00 (includes CPD accreditation)

### **Funding**

- Cycling UK is looking for local community groups and organisations to deliver some fun, interesting and meaningful events to promote cycling as a daily or frequent journey change for both work and pleasure with the aim to promote health and wellbeing. Cycling UK is aiming to help all areas of local communities gain the skills, knowledge and confidence to cycle more. If you are interested please contact [Richard.bowman@cyclingsuk.org](mailto:Richard.bowman@cyclingsuk.org)

### **Report - A Plan for Scotland – Putting people in charge and creating opportunities**

The Scottish Government have announced in the above report that they will develop a National Social Isolation Strategy to ensure a holistic approach across government to problems of loneliness and isolation.

<http://www.gov.scot/Resource/0050/00505210.pdf> (see page 76)

**Tools to measure loneliness** - The organisation 'Campaign to end Loneliness' has produced a resource called 'Measuring your impact on loneliness in later life'. Download the resource here:

<http://www.campaigntoendloneliness.org/wp-content/uploads/Loneliness-Measurement-Guidance1.pdf>

### **Brexit: how much of a generation gap is there?**

A brief conversation was held looking at the impact negative media can have on the image of older and younger people. Examples from the recent Brexit vote were used from the telegraph, the BBC and the Huffington Post.

### **Sharing ideas**

- Falkirk libraries are about to embark on a new project involving green screen technology, which will have elements of intergenerational work within.
- Graham mentioned that there was a proposal to develop another men's shed in Alloa however they were experiencing difficulties in finding an appropriate venue. The biggest men's shed is in Dundee – Carse of Gowrie
- Stirling libraries are looking to recruit both younger and older people to get involved in a intergenerational project called 'Recollections' creating memory boxes from the 1940's onwards. All libraries across Stirling will be involved.
- Town Break (dementia charity based in Stirling) was happy with their short reminiscence project with BBC Radio Scotland and is planning some intergenerational work with a local high school. Liz mentioned that she had very recently matched a 24 year old befriender with an older person in their nineties which seemed to go down extremely well.
- Ania mentioned that 'Outside the Box' were holding an event in Falkirk on 15<sup>th</sup> November called 'We're Here Too'. We're Here Too brings together people who want to see more opportunities for older people who need more support, so they can participate in the issues and activities that interest them.

### **Meetings for 2017:**

- Wednesday 25<sup>th</sup> January 2017, 1.30 – 3.30pm, CVS Falkirk & District, Unit 6, Callendar Business Park, Falkirk, FK1 1XR
- Thursday 25<sup>th</sup> May 2017, 2-4pm Stirling (venue TBC)