

# 2017

## **Generations Working Together**

### **National Conference – Embed & Sustain**

**Synopsis of workshops**



**Generations  
Working  
Together**

Room  
Blair Atholl

## **Shared spaces, connecting communities**

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**Facilitator: Sarah Frood, Director at Icecream Architecture**

Our work with communities of older people suggest three issues: loneliness and isolation, lack of awareness of locally available support and the challenge of distance. Housing investment alone cannot address all these issues: the focus is on creating more opportunities for more people to meet and participate in shared opportunities.

For us, this means looking at more ways to share spaces in communities across the public and civic estates. Thinking about schools, health centres, church halls, service spaces and meeting spaces not as single purpose spaces but as shared spaces to connect communities, offering opportunities around shared interests, shared services, greater collaboration, a sense of shared purpose. Sharing space is about understanding who has what space, who needs what and who can share what. It also needs a clear service strategy, and clear thinking on settings to invite and enable IG participation. The focus of this workshop is on the why, what and how.

### **Learning outcomes**

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1. Understanding the role of spaces and places to support IG collaboration;
2. Understanding of the possibilities of sharing spaces, which already exist in communities to leverage more outcomes for more people;
3. Understanding the nature of the conversations necessary to identify the feasibility and fit of shared space to a community context.

Room  
Glendevon

## **Inclusive communication – it makes sense**

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**Facilitator: Mandy Reid, Scottish Council on Deafness (SCOD)**

What is inclusive communication? Inclusive communication means sharing information in a way that everybody can understand. It means making sure that you recognise that people understand and express themselves in different ways. It means people getting information and expressing themselves in ways that meet their needs.

### **Learning outcomes**

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1. Develop a clear understanding of what Inclusive Communication is;
2. Learn how to be more inclusive in your practice;
3. Share best practice for working with different generations with language/communication support needs.

Room  
Hermitage

### **From IG projects to IG schools: advances in Spain**

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**Facilitator: Professor Mariano Sanchez, University of Granada, Spain**

Three Primaries in Spain are currently involved in the "IG School - Colegio Intergenerational" (ISCI) project. ISCI is a project aimed at planning, piloting, and validating a model of IG Primary Schools building upon and inspired by The IG Schools in Cleveland, (USA). ISCI intends to contribute to the challenge of improving the Spanish educational system. Through a mix-method approach, ISCI is testing how students' performance in reading, mathematics and older adults' quality of life may change thanks to the fostering of the IG component in Primary Education.

#### **Learning outcomes:**

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1. Attendees will learn how to approach the transition from IG projects in schools to IG schools;
2. Participants will learn how combine IG and mix-age strategies to leverage the potential of schools as learning communities for all ages;
3. The educational model of The IG School will be presented as well.

### **Silver City Surfers Schools' Squad:**

#### **How 'Generation Web' got the 'Silent Generation' Singing!**

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**Facilitator: Chris Dunhill, Coordinator, Silver City Surfers, Aberdeen**

How can we use technology across generations when two thirds of over 75s do not use the internet and 99% of teenagers do? We did and we'd like to share our journey through time and technology with you.

Using technology topics as focal points over 8 weeks, Ferryhill Primary School pupils in Aberdeen worked with local retirement housing residents and beyond to bring the 1940s to life. From start to finish we'll share our journey: the potential pitfalls and progress plus, future developments and the value for the school; residents; pupils and organisations who linked with us.

#### **Learning outcomes:**

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1. Critically reflect on the Schools Squad project with a group of participants to identify the challenges and successes to personalize the programme for use in different areas;
2. Form a 'to do' list for the most effective ways to engage with local businesses/organisations and the third sector to enrich projects;
3. Professional nourishment by sharing ideas, from the project and shared experiences, of what works to engage children and older people in successfully using technology together.

Room  
Iona

### **Young Start CONNECTED projects (BIG Lottery)**

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**Facilitator: Harry Young, Project Co-ordinator, Royston Youth Action, Glasgow**

The Freeage Project is funded by Young Start for two years and aims to use music and drama sessions to engage with community residents to help integrate the generations as well as help build community relations and dispel preconceptions and prejudices.

Hear their story of the challenges and pitfalls they faced during the first 6 months of the project and how they have pulled their project back to life. This includes the importance of laying solid foundations, building effective partnerships and not giving up.

#### **Learning outcomes:**

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- 1.Understand the importance of laying the foundations to creating an IG project;
- 2.Develop your own hints and tips to watch for whilst planning IG projects;
- 3.Share best practice for applying to the Young Start fund incorporating the CONNECTED element into your application.

### **Citadel Youth Centre – ‘Old’s School Project’**

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**Facilitator: Workshop Leaders: Willy Barr (Manager) and Ryan McKay (Old’s Cool Development Worker)**

The Citadel started over 35 years ago, as a community based youth centre working in the Leith area in North Edinburgh. It has now grown to become a busy community hub working with children, youths, families, young mums and their babies together with local older people in their 90’s.

In 2010 the Citadel started their first intergenerational work in partnership with Pilmeny Development Project with funding from the Big Lottery. Since then their IG work has grown from strength to strength and has recently secured funding for their ‘Old’s Cool’ Project from the Paul Hamlyn Foundation.

#### **Learning outcomes:**

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- 1.Our IG story: it will give participants a sense of the IG journey over the past 6 years at the Citadel and allow an opportunity to ask about the challenges (and solutions) that presented themselves
- 2.Old’s Cool Uncovered: this second element will be hearing directly from ‘Old’s Cool’ participants, young and old, about what they get from the workshops and activities they are involved in.

Room  
Hermitage

## Old School, Oxford Academy

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**Facilitators: Tom Peterson, Assistant Community Director & Hannah Jamieson, Community Strategy Development Officer, Oxford Academy**

Old School is a well-established IG project run by The Oxford Academy, it is a partnership programme that brings together senior members of the local community and young people in school. Old School is currently being piloted in three schools across the south of England. Old School was part of a BBC2 documentary featuring the Hairy Bikers and was aired in May 2016. This workshop will provide information, guidance and resources for schools and other organisations who wish to launch their own Old School project. We are funded by the Big Lottery Fund and have some funding available to support schools that wish to embark on this exciting project.

### Learning outcomes:

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- 1.To know how to set up an 'Old School' IG project;
- 2.Understand how to administer all training and testing procedures for all 'Old School' participants.

Room  
Iona

## Building Effective Networks

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**Facilitator: Dr Alan Hatton-Yeo MBE, Chair, Generations Working Together**

There has never been a greater need to develop models of collaboration and partnership as shrinking resources makes it essential for us to increase our impact and own learning through effective networking. This workshop will explore a number of models of effective networks, including the place of international partnerships and draw out the elements that lead to success and equally important look at the lessons learnt from networks that have been less successful. It will also provide a place for workshop attendees to explore their own networking needs and how this can support them to become more effective and impactful in their own work.

### Learning Outcomes:

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- 1.Understand how to organise and deliver effective network meetings
- 2.Explore the barriers to effective networking and strategies to counter these
- 3.Meet your new romantic partner

Room  
Blair Atholl

### **Food for Life Scotland: Bringing generations together through food**

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**Facilitators - Kirsten Leask, Food for Life Scotland Education & Engagement Manager, Soil Association Scotland**

Good food is at the heart of happy, healthy communities.

Food for Life Scotland and Inch View Care Home in Edinburgh have an award-winning and pioneering partnership which improves care for residents through food and therapeutic food growing. A major element of this initiative has been fostering the relationship between Inch View and their local secondary school, Liberton High. Care home residents, school pupils, catering staff, and teachers get together to share good food, and good food stories. This relationship has resulted in a range of shared experiences; with many positive outcomes for all involved. Join us to hear the full story and our plans for the future. We'll share successes and challenges, and invite you to share your own thoughts and ideas on implementing similar initiatives in your area.

#### **Learning Outcomes:**

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1. Learn more about effective IG engagement through food-related activity;
2. Have the opportunity to discuss and explore ideas for establishing a similar initiative in their own area.

### **Cycling without Age: The right to wind in your hair**

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**Facilitator: Fraser Johnston, Project Lead, Cycling without Age Falkirk & Christine Bell, Project Co-ordinator, Communities along the Carron Association**

It starts with a simple act of generosity. Taking someone out for a ride on a specially constructed Trishaw bike. Bridging cultures, generations, and breaking down barriers.

In this workshop, we hope to inspire you with the story of a project which began with one man who wanted to make a difference to the life of a local care home resident. It has now spanned 15 countries around the world and captured the imagination of diverse groups of individuals.

We bring you - Cycling without Age. The first chapter established in the whole of the UK here in Scotland, come and hear our story.

#### **Learning outcomes:**

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1. Understand the Cycling Without Age initiative and the potential benefits it could have in your local community;
2. Understand that one of the strengths of the initiative is its inter-generational working aspect, and the difference it makes to all participants involved.