

## Network Meeting

Date: 31/01/2017



**In attendance:** Kay Robertson (Voluntary Action Angus), Rebecca Dunn (Generations Working Together), Beverley Gibb (Angus Council), Claire Morrison (Monifieth High School), Amber Reid (Monifieth High School), Ellen Stewart (Monifieth High School pupil, Befriender volunteer), Molly Hill (Monifieth High School pupil, Befriender volunteer), Niamh Quinn (Monifieth High School pupil, Befriender volunteer), Ruby Hann (Monifieth High School pupil, Befriender volunteer), Lucy Tinclal (Monifieth High School pupil, Befriender volunteer)

**Apologies:** Sandra Livingston (Angus Council), Elizabeth Howson (Angus Council), Judi Young (Scottish Fire and Rescue), Laura Cowper (Monikie Primary School), Gail Melville (Balhousie Lisdén Care Home)

### GWT national update:

- National Conference, Wednesday 8th March 2017, Stirling Court Hotel – University of Stirling, Includes 7 hours of CPD accreditation <http://generationsworkingtogether.org/news/national-conference-2017-embed-and-sustain-25-08-2016>

Generations Working Together (GWT) is pleased to announce the upcoming Recognition Awards. The awards celebrate and recognise the outstanding talent, commitment and inspirational involvement of workers, volunteers and groups who are involved with and are embracing Intergenerational work across Scotland.

There are five award categories:

1. New Intergenerational Project (Less than 12months)
2. Established Intergenerational Project (More than 1 year)
3. Yvonne Coull Local Network Coordinator's Award
4. Outstanding volunteer contributing to intergenerational work
5. Building successful partnerships through intergenerational work

Guidelines and an application form can now be downloaded.

Deadline: Sunday 5th February 2017 at Midnight

- 1 **Accelerating Ideas Project** - Big Lottery (stage 2) has been unsuccessful however GWT is now looking to source separate funding here in Scotland to continue with the planned school work GWT will support the schools chosen in the pilot in Glasgow and Perth & Kinross to set up intergenerational hubs.  
Thank fully though GWT were successful in sourcing funding for a P/T Dev Officer for Perth & Kinross however we now need to source the match funding. We have 12 months in which to do this.
- 2 **Intergenerational training Course for Practitioners and Trainers** - new dates now online 13<sup>th</sup> Feb Ayr, 20<sup>th</sup> March Perth and 23<sup>rd</sup> March Edinburgh – cost £35.00 (includes CPD accreditation)
- 3 GWT is looking for 2-3 networks from across Scotland who would be interested in becoming a constituted group so they could access local funding to set up some IG projects, provide training and a support worker who could help them develop IG work in their area.

- 4 **Voting members** invited to AGM on the 8<sup>th</sup> March 2017, Stirling Court Hotel – need two people per network.

### **Funding**

- Lots of funding opportunities on our funding website as of Jan 2017
- Living Communities Fund – **Perth & Kinross Council**  
The LCP Fund is available to primary and secondary schools in Perth and Kinross to support projects exploring their local heritage.

You can apply for up to £1200, or up to £5000 if working in partnership with another school, Projects can be delivered over more than one academic year. Schools may make only one application per year and preference will be given to applications which can demonstrate they support one or more of the following criteria:

- Benefits for marginalised or vulnerable children and young people and/or addresses inequalities
- **Intergenerational projects**
- An exploration of local heritage and culture at the heart of the project
- Strengthened school/community partnerships

Applications will be available in two rounds in 2016 with deadlines on 16 September and 9 December. More details from Rebecca Berger at [rberger@culturePK.org.uk](mailto:rberger@culturePK.org.uk) or on the GWT website

### **Sharing stories of intergenerational work in schools:**

#### **Monifieth High Pupils**

Monifieth have been running a Befrienders scheme which links high school pupils with a resident at a local care home. We were lucky to have 5 out of the 10 pupils involved in this at the meeting. The way it works:

- pupils apply and have an interview to be a befriender (Monifieth befrienders)
- Residents in care homes, usually who have not family visiting or family who live abroad, apply to be part of the scheme
- Successful pupils must get a PVG and have some advice sessions before undertaking weekly 1 hour visits with a resident they are paired up with
- The pupils explained a range of experiences – one who has a routine of taking her befriender out for a walk every visit, others explained that they do different tasks with their befriender every week; sometimes linking into wider scale events the care home support in running, or including interaction with other residents who want to chat. The pupils sometimes experienced arriving at the home and their befriender was not up for a visit, so they would chat to someone else.
- General feedback from pupils is that Monifieth Befrienders provide good support and are at the other end of the phone or a text if needed

- Feedback from pupils was that it was a worthwhile experience and they enjoyed it. They got the sense that they were giving something valuable, as the residents who apply for the befrienders scheme usually don't have anyone else regularly visiting.
- Discussion of the future:
  - Possible peer training (6<sup>th</sup> years prepare 5<sup>th</sup> years for the experience)
  - Possible involvement of younger pupils in the school (Rebecca to send share some case studies of projects who have involved younger pupils for inspiration and ideas)
  - Kay suggested linking Monifieth High up with her colleague who works with volunteering in sheltered housing. Monifieth High may wish to link up with sheltered housing in future.
  - Agreed that more pupils to further GWT network meetings in future would be good. Pupils explained that they had not been aware of GWT and it was good to find out more.

### **Further sharing and networking**

Beverley mentioned an idea through Charrettes of working with young people looking at a modern take of Angus history. Chance for an intergenerational work. Monifieth High may be interested in getting involved.

Some discussion of tackling loneliness and isolation. Some materials that may be of interest in relation to this:

#### **Report - A Plan for Scotland – Putting People in charge and creating opportunities**

The Scottish Government have announced in the above report that they will develop a National Social Isolation Strategy to ensure a holistic approach across government to problems of loneliness and isolation.

<http://www.gov.scot/Resource/0050/00505210.pdf> (see page 76)

**Tools to measure loneliness** - The organisation 'Campaign to end Loneliness' has produced a resource called 'Measuring your impact on loneliness in later life". Download the resource here:

<http://www.campaigntoendloneliness.org/wp-content/uploads/Loneliness-Measurement-Guidance1.pdf>

**Date of next meeting:** Wednesday 10<sup>th</sup> May 2017, venue TBC