

Caithness & Sutherland Network Meeting

Date: 15.5.17 Venue: Pulteney Community Centre, Wick



In attendance: Eric Larnach (Latheron Lybster & Clyth Com Dev Com), Kirsten Campbell (Befriending Caithness), Allison Reid (Pulteney Centre), Rachel Sutherland (Go Golspie) & Alison Clyde (GWT).

Apologies: Gail Ross MSP, Heather Jappy (Vocational Support) & Nikki Harrison

GWT national update:

Our **National conference** held in March 2017 (Stirling) evaluated extremely well. We had a fantastic array of presenters and workshops who gave an inspiring insight into intergenerational work taking place across Scotland, England and Spain. Presentations and hand-outs can be found at the following link: <http://generationsworkingtogether.org/news/gwt-national-conference-2017/>

The **Recognition Awards** celebrate and recognise the outstanding talent, commitment and inspirational involvement of workers, volunteers and groups who are involved with and are embracing Intergenerational work across Scotland. The five winners were:

- New IG project – Calderglen Life Story Group, Calderglen High School (South Lanarkshire Network)
- Established IG project – T in the Street, Williamwood High School & the Richmond Fellowship Scotland (East Renfrewshire Network)
- Building successful partnerships through IG work – Connect, Raploch Community Partnership (Forth Valley Network)
- Outstanding Volunteer – Diane McGowan, Dumfries Get Together (Dumfries & Galloway Network)
- Yvonne Coull, Local Network Coordinators Award – Robin Falconer (Dundee Network)

Intergenerational Training Course for Practitioners and Trainers

13th June, 10-4pm, Fraserburgh, Aberdeenshire

6th Sept, 10am – 4pm, Balivanich, Isle of Benbecula

9th November, 10am – 4pm, Stornoway

A training course is currently being planned for Golspie around September time. Please check website for further details <http://generationsworkingtogether.org/events-training/training/>

International Certificate on Intergenerational Learning (ICIL) – 20 participants have agreed to take part in our new (pilot) online training course (50 hours) which GWT will deliver in partnership with University of Granada, Spain. GWT received a brilliant response with over 50 people registering their interest. Unfortunately on this occasion GWT could only take 20 people through the pilot, which starts on Monday 5th June (lasting 6 weeks). It is hoped another course will be delivered around Sept/Oct time. Further details will be announced after the summer.

Alison mentioned that our current **network coordinator** for Caithness & Sutherland, Nikki Harrison is retiring from the post due to work commitments. Kirsteen Campbell however is very interested in filling the post and will discuss further with Alison.

Voting members

GWT are looking for two members of the Caithness & Sutherland network to become voting members giving them the opportunity to vote on behalf of their network at our AGM. GWT is seeking

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one voting member to be based in the South and another based in the North. The normal term of office for a voting member will be 2 years however people may stand for re- election at the end of each term of office. Coordinators are normally voted on as a voting member by the network members. For more details please get in touch with Alison@generationsworkingtogether.org

Sharing and networking –

- Eric mentioned that they had recently purchased a new modular building and are using the men's shed theme to run a tool shed (includes women). Eric is keen to learn more about intergenerational work and how he can continue to run activities to include all ages. Previous IG cooking classes have been delivered successfully and a project called UFO (unfinished objects) which finished off things left in cupboards - this worked well. Eric also has a poly tunnel which can be used for IG growing projects.
- Allison runs the reception in the Pulteney Centre and is looking at ways to make the centre more intergenerational.
- Kirsteen works with Befriending Caithness and runs the intergenerational project which has been very successful. Kirsteen has now recruited a further 20 students (commitment of 1-2 hours per week) from Wick High to visit older people on a weekly basis in the hospital, a care home and a nursing home. Primary 7's are also now involved in hospital visits with their teachers (6 pupils and three teachers visit weekly). Students are given dementia and intergenerational training before embarking on any visits.
- Rachel explained that Go Golspie involved the whole community and that she is looking to connect with as many different age groups and create intergenerational opportunities whenever possible.

Meetings for 2017-18:

- Monday 2nd October, 1-3pm, Lovell Room, Alba Building, Golspie, KW10 6TG
- Monday 14th May 2018, 1.30pm – 3.30pm, Wick (venue TBC)