

## **Forth Valley Network Meeting**

**Date:** 25.5.17 **Venue:** Stirling Voluntary Enterprise, Stirling

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**In attendance:** Barbara Fulford (Stirling Libraries), Fiona MacFarlane (NHS Health Promotion), Liz Stewart (Town Break), Steven White (Tip Toes Nursery), Anne-Marie O'Hare & M Frew (Ace Cornton), Anne Lindsay (Mental Health), Ann Brown & Yvonne Graham (Hc one Forthbank Nursing Home), Christine Bell (Cycling without Age), Clark Dawson & Jamie Coe-Welch (Resonate Together), Gill Ron (Digital inclusion Stirling), Sandra Walsh (FDAMH Befriending), Liz Rowlett (CTSI), Victoria McRae (CVS Falkirk), Polly Rodger (SVE), Brian O'Neil (Joint Dementia Initiative) & Alison Clyde (GWT).

**Apologies:** Marie Urquhart & Fiona Sweeney (Raploch Community Partnership), Jane Reid (Grange Primary), Marie Brennan (Our Lady's Primary), Dr Oliver Harding (NHS Forth Valley), Gillian Taylor (Stirling Council), Lizzy McLeod (Killearn Primary School), Jean Porter (St Mark's Parish Church) Karyn Ellis (Resonate Together) & Jessie-Anne Malcolm (NHS Forth Valley).

### **GWT national update:**

Our national conference held in March 2017 (Stirling) evaluated extremely well. We had a fantastic array of presenters and workshops that gave an inspiring insight into intergenerational work taking place across Scotland, England and Spain. Presentations and hand-outs can be found at the following link: <http://generationsworkingtogether.org/news/gwt-national-conference-2017/>

The **Recognition Awards** celebrate and recognise the outstanding talent, commitment and inspirational involvement of workers, volunteers and groups who are involved with and are embracing Intergenerational work across Scotland. The five winners were:

- New IG project – Calderglen Life Story Group, Calderglen High School (South Lanarkshire)
- Established IG project – T in the Street, Williamwood High School & the Richmond Fellowship Scotland (East Renfrewshire Network)
- Building successful partnerships through IG work – Raploch Community Partnership (Forth Valley)
- Outstanding Volunteer – Diane McGowan, Dumfries Get Together (Dumfries & Galloway)
- Yvonne Coull, Local Network Coordinators Award – Robin Falconer (Dundee Network)

### **Intergenerational Training Course for Practitioners and Trainers**

It was agreed that GWT would look to organise a training course over the next year in Clackmannanshire however as there are a few booked for the Autumn GWT will look to organise in the spring of 2018. There are six courses planned with the closest being in Dunfermline on the 6<sup>th</sup> November 2017, 10 – 4pm, Queen Anne High School. You can register and find more details at the following link:

<http://generationsworkingtogether.org/events-training/training/>

**International Certificate on Intergenerational Learning (ICIL)** – 20 participants have agreed to take part in our new (pilot) online training course (50 hours) which GWT will deliver in partnership with University of Granada, Spain. GWT received a brilliant response with over 50 people registering their interest. Unfortunately on this occasion GWT could only take 20 people through the pilot, which started on Monday 5<sup>th</sup> June (lasting 6 weeks). It is hoped another course will be delivered around Sept/Oct time. Further details will be announced after the summer.

### **New Communications Intern – Kate Samuels**

GWT has recruited a new Communications Intern, Kate Samuels who is working hard to raise awareness of IG work with local and national media, social media and with local authority,

councillors, national government, MSPs & MPs. Thanks to everyone who took part in Kate's first campaign involving our thunderclap which proved very successful with over 106 supporters with a social reach of 208,554 people. Kate is keen to hear from intergenerational project who want to raise their profile local and nationally. You can contact Kate at [Kate@generationsworkingtogether.org](mailto:Kate@generationsworkingtogether.org)

### **Voting members**

Network members in attendance agreed that Victoria McRae and possibly Fraser Johnston (Christine to check with Fraser) would be the nominated persons to represent the Forth Valley network as voting members at GWT's AGM. The normal term of office is 2 years however people may stand for re-election at the end of each term.

The Scottish Government is committed to producing a **National Strategy** to tackle social isolation and loneliness. It is hoped a draft strategy will be due out for consultation in the summer.

**Stirling network coordinator vacancy** – GWT is looking for a second network coordinator from either Stirling or Clackmannanshire area to help Victoria in Falkirk circulate and raise awareness of the network meetings across Forth Valley. If anyone is interested in taking on the role of coordinator please get in touch with Alison for further details – [Alison@generationsworkingtogether.org](mailto:Alison@generationsworkingtogether.org)

A discussion was held around the **local outcomes and improvements plans**, which are being drafted over the summer across the three Councils. Alison asked members to consider if involved with any of the consultation sessions to raise awareness of the impact intergenerational approaches can have and how it can address many of the challenges our communities face. Alison will try and feedback into some of the consultation sessions in Stirling to promote and encourage intergenerational practice to be embedded within the new plans which need to be finished by October 2017.

### **Sharing and networking –**

- **People's Health Trust funding** is currently open to groups in Clacks and Stirling. The focus is that activities should be community lead and bring people together. Info is available on the People's Health Trust website and CTSI and SVE are helping people with their applications. It is only open until the first week of July but the first stage isn't onerous. It might be an opportunity for some intergenerational work and it covers continuation funding. <https://www.peopleshealthtrust.org.uk/apply-for-funding>
- **The Care ... about Physical Activity (CAPA)** is a programme of work, which will support care homes to progress the CAPA programme. Fiona mentioned that it is expected to link with the ALLIP programme and Falls and frailty Programme. The Care Inspectorate have appointed 6 new staff across Scotland, 2 managers and 4 operational staff, 1 of which is working in Forth Valley. Fiona mentioned that she thinks the FV person has just recently come into post. Stirling and Clacks Integrated Joint Board have submitted a bid to take forward Care about Physical Activity (CAPA) across Stirling and Clacks. The identified leads for this are Janice Young, Clackmannanshire Council and Shona Hogg NHS Forth Valley.

**Action:** Alison to invite both leads to our next meeting in September 2017

- Liz reported that Town Break's intergenerational befriending work with Wallace High School is going really well and that it is hoped to be able to continue with this work in the future.
- Killlearn Primary School is commencing two new intergenerational projects and hope to attend the next meeting to feedback.

- There are allotments in Clackmannanshire that are now working with schools.
- Fiona mentioned that NHS Forth Valley Health Promotion service undertook a small scoping exercise with the six care homes in Clackmannanshire to find out current levels of activity, awareness of the standards, gaps in knowledge and support development opportunities. This work is being fed into the CAPA bid programme.

**Action:** Alison to make contact with more care homes and invite these ones to our meeting in September.

- **Action:** Alison to check out the wellbeing officers that have a remit for health and education in Schools inviting them to our next meeting.

### **What do members need from the network?**

- Shared information
- Ideas – also how to get ideas off the ground
- Funding opportunities
- Themed meetings
- Space to recognise achievements (focus on the good work)
- Webinars
- Online discussions
- Networking opportunities (which could continue outwith the formal meetings)

### **How can the network help you to develop your intergenerational work?**

- Themed meetings
- How to engage with youth groups and schools
- How to engage with older people
- Look at what we are already doing
- Visit some of the projects

### **Meetings for 2017/18:**

- Thursday 28th September 2017, 2:00pm - 4:00pm at CTSi (Clackmannanshire Third Sector Interface) The HUB, Whins Road, Alloa, FK10 3SA
- Tuesday 13<sup>th</sup> February 2018 – Falkirk venue, date and time TBC