

## Ayrshire Network Meeting

Date: 18<sup>th</sup> Sep 2017



Venue: Cunninghame House, Friars Croft, Irvine KA12 8EE

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**In attendance:** Alison Clyde (GWT), Sorina Oprea (GWT), Annie Brown (Volunteer Centre East Ayrshire), Pam Maxwell (LEAD Scotland), Heather Tosh (SAMH), Geraldine McGivern (South Ayrshire Council), Marion MacAskill (Trust Housing Association), M Clare Mills (North Ayrshire Health and Social Care Partnership), Alice McArdle (Volunteer Centre East Ayrshire), John MacDonald (North Ayrshire Council), Agnieszka Krawczyk (SAMH), David Porte (South Ayrshire Council), Mary Scott (North Ayrshire Council), Deidre Oakley (North Ayrshire Council).

**Apologies:** Geri Sinclair (CLASP), Lyndsay McLaughlan (Irvine Housing Association), Liz Twigg (Crossreach - Morven Day Services), Kathleen Frew (Chest Heart & Stroke Scotland)

### Introduction

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Annie Brown & Alison Clyde welcomed everyone to the meeting and attendees made a short introduction: who they are and why they come along today.

### GWT national update:

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Alison provided an update on GWT's funding giving the news that GWT had secured another three years funding from the Scottish Government however at a reduced rate. Unfortunately this means that GWT is not able to replace the previous part time development worker (Cheryl) who left in March this year. GWT has also reduced the number of networks from 34 – 22 to allow current members of staff the chance to support the networks properly. GWT will continue to support three network meetings across the pan Ayrshire area and provide training courses when required.

Kate Samuels, our Communications Intern, joined GWT in March this year and is raising the profile of good intergenerational practice across Scotland. Kate would like to hear from local projects that have an interesting story to share and is keen to raise the profile locally with councillors and nationally with our MSP's. Kate is planning a campaign to highlight **United Nations International Day of Older Persons** and **Grandparent's Day** both, which take place on the 1st of October. Kate is collating stories, memories and photos showcasing grandparents as part of the campaign to challenge stereotypes and ageism. Please send Kate your photos with/or of your grandparents with a short story about their life or how they have helped/supported you. It doesn't need to be only biological grandparents, it can be anyone who has played a role as a grandparent in your life including from intergenerational projects. You can send the photos and stories to our fb messenger or e-mail our communications intern Kate at [kate@generationsworkingtogether.org](mailto:kate@generationsworkingtogether.org)

### Channel 4 documentary - Old people's homes for 4 year olds

Pre-schoolers share their classroom with pensioners for six weeks. What impact does this intergenerational experiment have on the health and happiness of the older group?

If you missed #OldPeoplesHome4yo, you can catch up here @Channel4.

<http://www.channel4.com/programmes/old-peoples-home-for-4-year-olds> ... ..

**New Case Study** involving work with a nursery and care home -  
<http://generationsworkingtogether.org/networks/case-studies/back-to-life>

**Twelve new case studies** available to download from our website:  
<http://generationsworkingtogether.org/networks/case-studies>

**Funding secured to recruit a full time IG Development Officer** for Perth & Kinross who will work closely with two schools, Perth Grammar School and The Community School of Auchterarder focusing on raising attainment levels for Literacy and Numeracy. Schools have contributed through their Pupil Equity Funding. Other funders include Voluntary Action Fund and The Gannochy Trust.

**Year of Young People 2018** aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally. Objectives include:

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**
- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

#### **Intergenerational Training Course for Practitioners and Trainers (CPD Accredited)**

There are five one-day training courses planned between now and December however none planned currently to be delivered in Ayrshire. Please contact [Sorina@generationsworkingtogether.org](mailto:Sorina@generationsworkingtogether.org) if you are interested in setting up a training course for your area or would like to attend one in Ayrshire.

**International Certificate on Intergenerational Learning (ICIL)** – 20 students participated in the first online training course, which GWT delivered in partnership with University of Granada, Spain. The course has been a big success and the tutors are now busy reviewing feedback and making improvements to the materials. GWT plan to run the 6-week course starting on Tuesday 7<sup>th</sup> November and finishing on Monday 18<sup>th</sup> December 2017. There will be an approximate cost of £100 per person for the course, which takes approximately 50 hours to complete. The course includes tutor support. Further details will be available around September time. As the training is still being piloted we shall only be offering approximately 20 places.

#### **Voting members**

GWT became a charity two years ago and is now a membership organisation. Each network has been allocated two places for members to come along and vote on important GWT issues at the annual AGM. Geraldine McGivern and Mary Scott agreed to share the voting membership and attend the AGM along with coordinator Annie Brown.

#### **GWT Conference:**

The conference will take place on Wednesday 7<sup>th</sup> March 2018, Technology & Innovation Centre, University of Strathclyde, Glasgow. More info November/December time

**Research Partnership Invitation from Strathclyde University** – hand out attached

## Isolation & Loneliness

The Scottish Government has committed to producing a National Strategy to tackle social Isolation and loneliness (Scottish Government) – a draft strategy consultation is due out shortly.

### Tools for measuring isolation and loneliness

Alison mentioned a toolkit that projects can use to measure the impact their projects have on reducing isolation and loneliness. There are four scales to choose from including both positive and negative wording. The Befriending project has used one of the loneliness measurement scales however the questions didn't really work for them. The Rickter scale could also be used in conjunction with the loneliness measurement tool.

<http://www.socialimpactscotland.org.uk/understanding-social-impact/methods-and-tools/the-rickter-scale/>

## Sharing and networking

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**Geraldine McGivern – South Ayrshire Council** shared news about:

### *The IG Quiz*

- IG Quiz took place in Largs (involved were: primary schools and Trusting Housing Association);
- More interest this year from parents and grandparents;
- This year schools from East Renfrewshire, South and East Ayrshire will be involved in the Quiz;
- We managed to buy in a Shelter Housing Association and Newton Primary;
- We go into schools 6 weeks prior the IG Quiz event.

### *The Environmental Project FIVA*

- Through this project, all involved become responsible for environmental issues in their area
- Parents and community groups involved

To find out more about both projects, please get in touch with Geraldine.

Alison highlighted the toolkit ***Walking in our Shoes from Age Scotland***. You can find the toolkit here:

<http://www.ageuk.org.uk/scotland/get-involved/campaign-with-us1/walk-in-our-shoes-act-on-our-issues/>

<http://generationsworkingtogether.org/resources/health-wellbeing/>

**Screen Memories** from Alzheimer Scotland are looking to engage younger and older people in a brand-new reminiscence project. Please find out more from Michael White - [mwhite@alzscot.org](mailto:mwhite@alzscot.org)

Please find information about the project here:

[http://www.alzscot.org/assets/0002/5219/03928\\_Dementia\\_in\\_Scotland\\_spring\\_2017\\_97\\_FINAL.pdf](http://www.alzscot.org/assets/0002/5219/03928_Dementia_in_Scotland_spring_2017_97_FINAL.pdf)

Mary Scott presented **The Canny Cooker** to the group giving out cups of lovely warm soup. It's a great way of cooking nutritious meals for less money, especially for elderly people but also it can be used in many community group projects. The project is in the early stages. Please find out more about the use of the canny cooker on YouTube: [https://www.youtube.com/watch?v=bauAV4iwl\\_w](https://www.youtube.com/watch?v=bauAV4iwl_w)

**Annie Brown** - Volunteer Centre East Ayrshire also shared some news:

- *Bees in their Bonnets Project*: the project has been developed between Stewarton academy, Hamilton Gardens, Sheltered Housing, Volunteer Centre and Stewarton Historical Society. We recruited a committee of volunteers with a diverse age range from schools, sheltered houses and the local community. Using the Stewarton Museum, Library, Burns Monument Centre and internet, we researched the history of bonnet making in Stewarton and finished with a celebration event in June 2017. The project was funded by The Big Lottery;
- We are also looking to work with CAPA programme, which aim to monitor and encourage people to be more physically active. There will be a meeting on the 2<sup>nd</sup> of November 2018 in East Ayrshire that might be of interest for members in the network. **Ask Annie more details about it.**

**Anam Cara Respite Support Service** shared some of the work they do:

- Children (three children) from St Bridget's Primary School Nursery are coming into Anam Cara each week for three weeks;
- We have modern apprenticeships and we have a great feedback from young people doing these apprenticeships with Anam Cara and we would like to encourage more young people to engage with us. **Kate to get in touch for a case study.**

**Heather Tosh and Agnieszka Krawczyk – SAMH** shared their work with those attending:

- We are currently working on a project to change the behaviour of people around physical activities and lifestyle;
- We have a *Peer support model project* in Bathgate & Fife;
- We target young people with mild and long term mental health condition;
- If anyone knows about projects about digital inclusion, please get in touch with Heather.

### **Meetings for 2018**

- Wednesday 14<sup>th</sup> February 2018, 10am – 12noon at Troon Room, County Buildings, Wellington Square, Ayr, KA7 1DR
- Tuesday 22<sup>nd</sup> May 2018, 1pm- 3pm at North West Centre, Western Road, Kilmarnock, KA3 1NQ