

Highlands Network Meeting

Date: 18/04/2017

Venue: Aviemore Community
Centre, Muirton PH22 1SF



Generations
Working
Together

In attendance: Rebecca Dunn (GWT), Shirley Christie (NHS Highland), Paula MacIver (Highland Council), Gilian Councill (Alzheimer Scotland), Flora Barton (NHS Highland), Pam Topping (High Life Highland), Laura MacDonald (NHS Highland), Roslyn Munro (BSCTC), Wilma West (The Highland Council), Wendy U Ross (Royal Voluntary Service), Maggie Lawson (BSCTC)

Apologies:

GWT national update:

Thank you to everyone who attended our conference on Wednesday 8th March 2017 in Stirling Court Hotel, University of Stirling, Stirling and to all our speakers, presenters and staff for making it such a great day. We had a fantastic array of presenters and workshops who gave an inspiring insight into intergenerational work taking place across Scotland, England and Spain. Presentations and handouts can be found at the following link:

<http://generationsworkingtogether.org/news/gwt-national-conference-2017/>

The Recognition Awards celebrate and recognise the outstanding talent, commitment and inspirational involvement of workers, volunteers and groups who are involved with and are embracing Intergenerational work across Scotland. The five categories Trophy Winners of 2017 Recognition Awards were:

- New IG project – Calderglen Life Story Group, Calderglen High School (South Lanarkshire Network)
- Established IG project – T in the Street, Williamwood High School & The Richmond Fellowship Scotland (East Renfrewshire Network)
- Building successful partnerships through IG work – Connect, Raploch Community Partnership (Forth Valley Network)
- Outstanding Volunteer – Diane McGowan, Dumfries Get Together (Dumfries & Galloway Network)
- Yvonne Coull, Local Network Coordinators Award – Robin Falconer (Dundee Network)

Intergenerational Training Course for Practitioners and Trainers

Possible courses in Aviemore and Golspie. Confirmed dates now agreed for Western Isles and Fraserburgh.

GWT is looking for **2-3 networks** from across Scotland who would be interested in becoming a constituted group so they could access local funding to set up some IG projects, provide training and a support worker who could help them develop IG work in their area.

International Certificate on Intergenerational Learning (ICIL) – pilot online course taking up to 50 hours (free) in partnership with the University of Granada, Spain. GWT is looking for a wide range of practitioners/volunteers, students who would like to participate in the first pilot course. In return for the free training GWT would ask the trainees for full feedback and comments from all parts of the course (max 20 places). It is hoped that the course will also carry future CPD accreditation. Pilot course due to commence on Monday 5th June till Sunday 16th July 2017. You can now request your place on the website – deadline 12th May alison@generationsworkingtogether.org

- **Recruiting network coordinators** – there are approximately 10 (out of 30) network areas currently recruiting volunteer network coordinators – Western Isles, Aberdeenshire, East &

West Dunbartonshire, North & South Lanarkshire, Dumfries & Galloway, Scottish Borders, Glasgow & Renfrewshire & Inverclyde. Further details can be found on the website at <http://generationsworkingtogether.org/networks/volunteering/>

- **Voting members**

GWT Constitution – copies available on request

Please continue to seek your two voting members per network (cannot be a member of staff however one place could be the volunteer coordinator).

The normal term of office for a voting member will be 2 years however people may stand for re- election at the end of each term of office.

Funding

Lots of funding opportunities on our funding website as of Jan 2017

GWT Diversity Lab update: GWT staff member, Rebecca, took part in a recent trip to Berlin to meet with intergenerational practitioners from Germany, Poland and Northern Ireland. There were two intensive days of training during which intergenerational approaches were discussed and ideas developed and shared, and there were 2 days of project visits of IG projects in Berlin. One project visit was to a consulting centre for intergenerational living in Berlin. This centre provides information free of charge to individuals, joint household groups, co-housing groups, landlords or investors.

Who we are

Generations Working Together provides information, delivers support and encourages involvement to benefit all of Scotland's generations, by working, learning, volunteering and living together.

VISION

That all generations in Scotland will work together to create a better and fairer country for all.

You can find out more on the website: <http://generationsworkingtogether.org/about/>

Context café –

Q. What does a successful network mean or look like to you?

Summary from group flipcharts:

- Good sense of humour
- Good communication
- Evaluation
- Enough people involved
- Diverse range of agencies involved
- Innovation: 'Think outside the box'
- Supportive
- Fun!
- Easy access to information and the networks
- Accessible: Easy to access at all levels
- Community
- Open platform for sharing
- Inclusive
- Feedback
- Flexible and approachable
- Partnership
- Open-minded
- Non-judgemental
- Risk enablement
- A variety of people

- Clear aims and objectives
- Shared vision
- Celebrating successes, solving challenges
- Team-building
- Achievable outcomes

Q. What would your successful intergenerational community look like?

Summary from group flipcharts:

- Different groups learning from every group
- Welcoming
- Positive relationships
- Flexible
- Skills Exchange
- Motivational
- Good outcomes e.g. reduction in crimes
- Inclusive
- Raising awareness of the profile
- Equality
- Recognition of achievements
- Fun!
- Reduce loneliness and isolation
- Engaging
- Natural progression
- Multiple age groups
- Improvement driven
- Inviting and encouraging
- Proud to be part of
- Keeping Cultures Alive
- People feel ownership and involvement
- Innovative
- Accesible (physically and to information)
- Ensure Good Practice
- Inspirational
- Well-connected
- Imaginative
- Challenge barriers
- Diverse
- Maximum involvement
- Promote achievement
- Identified vision
- Supportive
- Multi-agency
- Friendly

Sharing and networking – Sharing ideas, projects and further networking:

- Fortrose Academy is currently proactive in IG work.
- www.livingitup.scot is a website for over 50s. Have a look to find out more and see what kind of IG initiatives are taking place.

- NHS Highlands Reach Out Campaign to tackle loneliness: www.reachout.scot.nhs.uk

AOB

Notes on who we would like to invite to future meetings:

Highland Youth Forum

Highlands Senior Citizens Network

Next meeting:

3rd October 2017 (Location TBC)